

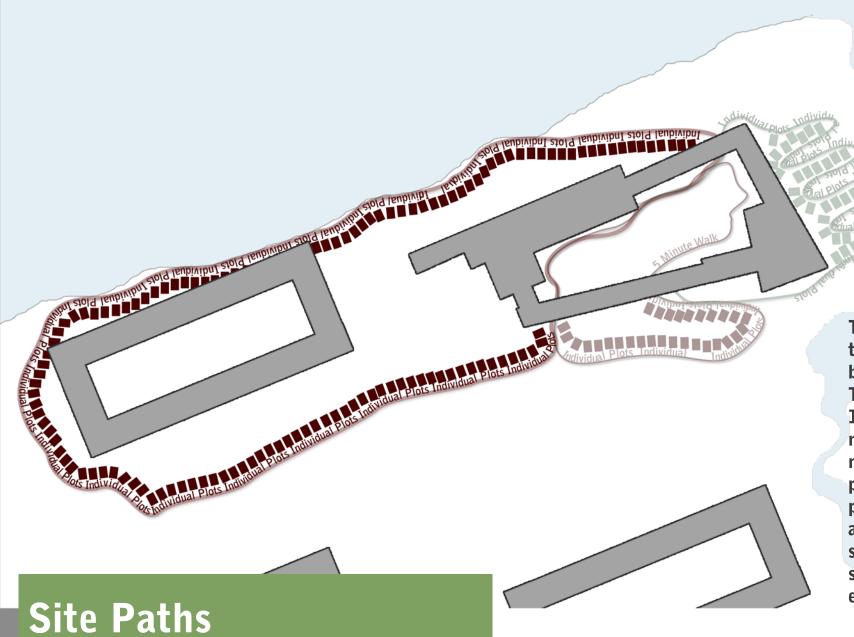
Each of the diagrams has compiled the different types of treatments for each guest.

Physical Therapy: Long Circular walks, 7 months of activity, and various ecologies.

Stress Rehabilitaion: Curvy long paths, 365 days of activity a year, wide variety of ecologies.

Mental Rehabilitation: Continuous pathways, adjacency to water, all natural ecologies

Users Diagram



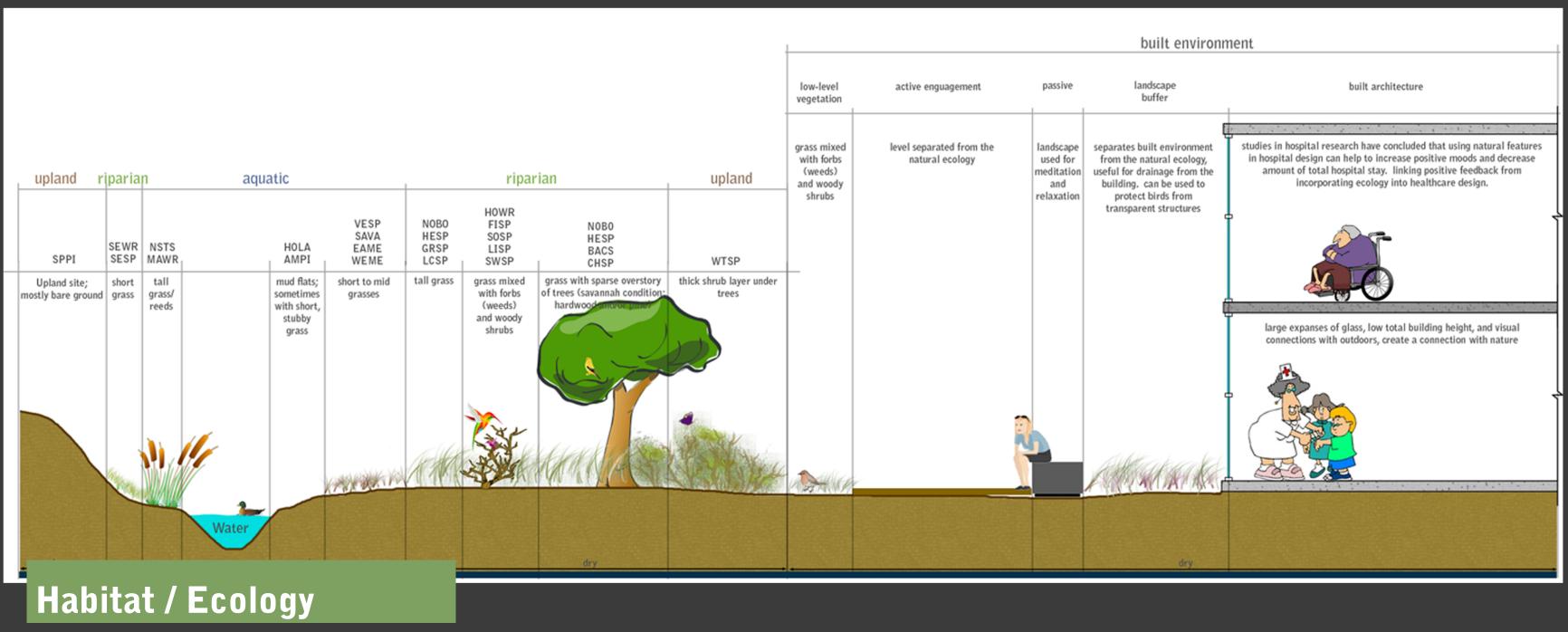
The different pathsways of the site plug into the building in separate places. There are 3 types of paths: 15 minute exercise, 10 minute exercise, and 5 minute exercise. Each of the pathways uses individual plots of land for the guests, and links directly to a specific path and exercise space, both interior and exterior.



Over the past several decades, research I a variety of fields has shown that contact with nature generates emotional, physiological, social and cognitive benefits in a wide array of contexts. Specific benefits at the individual level include improved emotional functioning, improved attention capacity and feelings of self-worth, and reduced physical and emotional stress. Brighter patient rooms in hospitals have a documented 21% reduction in pain medicine intake, while inhabitant control of natural ventilation has led to 23.5% reduced symptoms.

Using the theory of biophilia each patient will take part in nature. Using phyto-remdiation to cleanse the land, each patient will utilize their own individual area for horticulture. The architecture of the building uses an inner courtyard as the transfer point between all exercise paths across the site.

Scientific research has produced evidence that shows a correlation that a connection with nature will foster human health, productivity, and well-being. Humans possess a basic need for contact with nature, most importantly when recovering from an illness or surgery.





First Floor Plan



Third Floor Plan



Second Floor Plan



Fourth Floor Plan











Courtyard