



# **IPRO 324-Power Measurement in Road Bicycles**

*“No Strain, No Gain...”*

**Final Presentation  
December 4<sup>th</sup>, 2009**

# Team Organization

- Mechanical
  - Team Leader
    - Celeste Wegrzyn
  - Team Members
    - Ross Allen
    - Sara Claxton
    - Gregory Herbert
- Electrical
  - Team Leader
    - Dan Shaffer
  - Team Members
    - Luis Adrianzen
    - Chris Antonio
    - Mark Callan
    - Patrick Tagny Diesse
    - Matthew Gaylord

# Why Power Measurement?

- Measures output of power into the bicycle
  - Instant feedback
  - Cyclists can train at different levels
  - Strain gauges on power meter
  - Calculation of applied torque
  - Better than just measuring heart rate



# What is Power?

Force	Distance	Work	Time	Power
9	15	135	42	3.21
5	35	175	20	8.75
10	10	100	32	3.125



- Power is the work per unit time
- Power is computed from the torque applied to the crank and the rate of pedaling
- Torque is rotational force applied to the axis of rotation through a lever arm

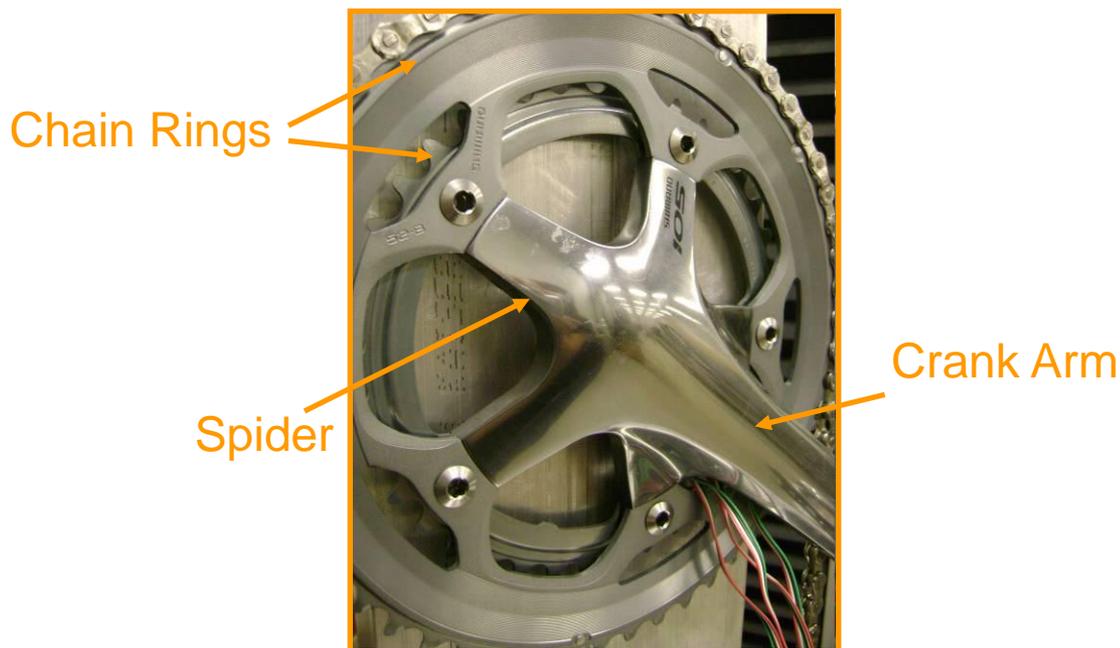
# Background

- Existing products are too expensive
  - Cost of current products
    - Power Tap (\$999.00)
    - SRM (\$2,607.80)
    - Quarq CinQo (\$1,495.00)



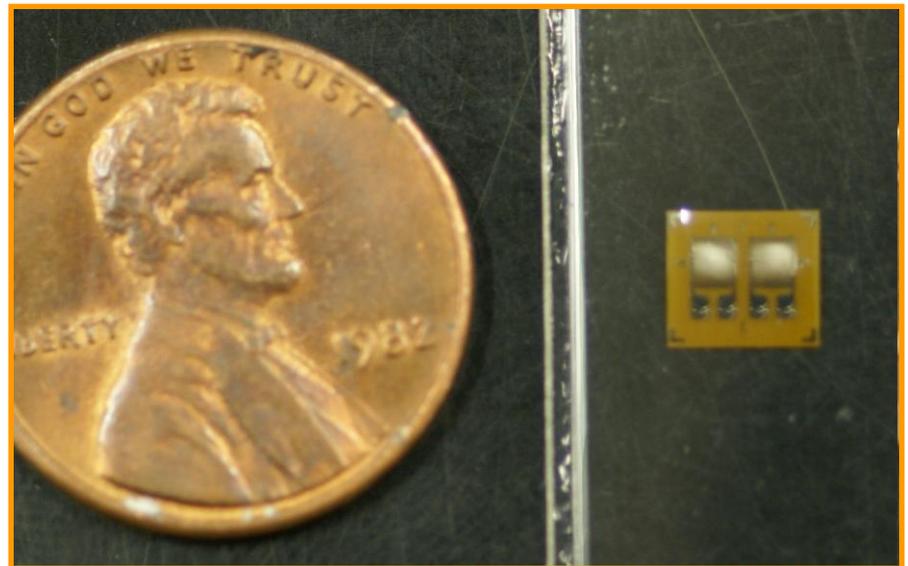
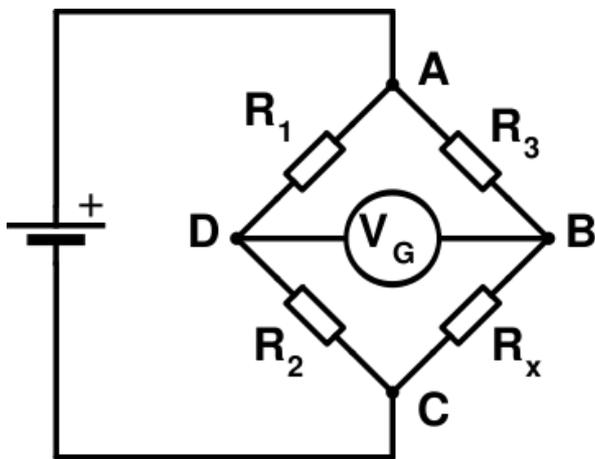
# Crankset Power Measurement Setup

- Strain Gages
- Power Measurement Circuit
- Wireless Transmission Protocol
  - ANT+
- Bicycle Computer
  - Garmin Edge 705



# Our Approach

- Use the strain in the crankset (spider) to find torque
- Torque increases linearly with the strain
- Strains can be multiplied by coefficients to find torque at different crank angles
- Strain gauges are used to find strain by finding change in resistance through voltage drop across Wheatstone bridge



# Mechanical Team Objectives

- Revise test stand setup from a vertical to horizontal configuration
- Obtain additional data from modified test stand setup
- Design mounting system of circuit
- Obtain a bicycle for road testing
- Acquire road test data

# Mechanical Setup

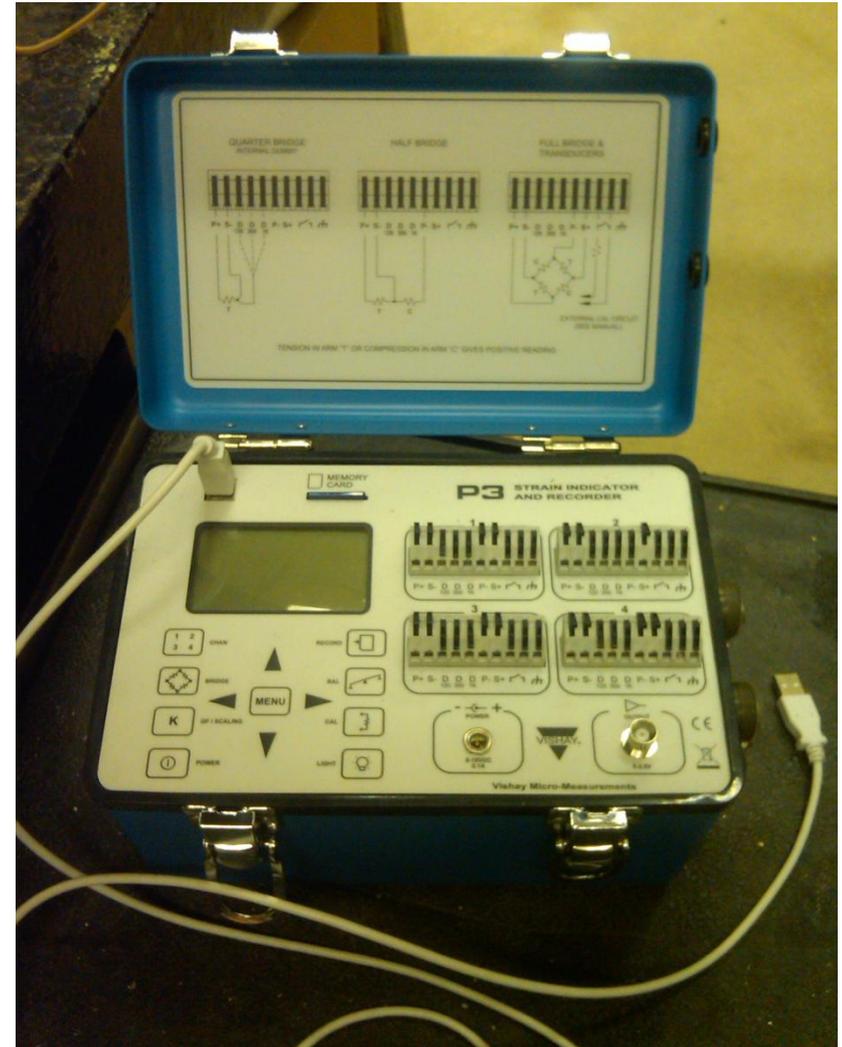
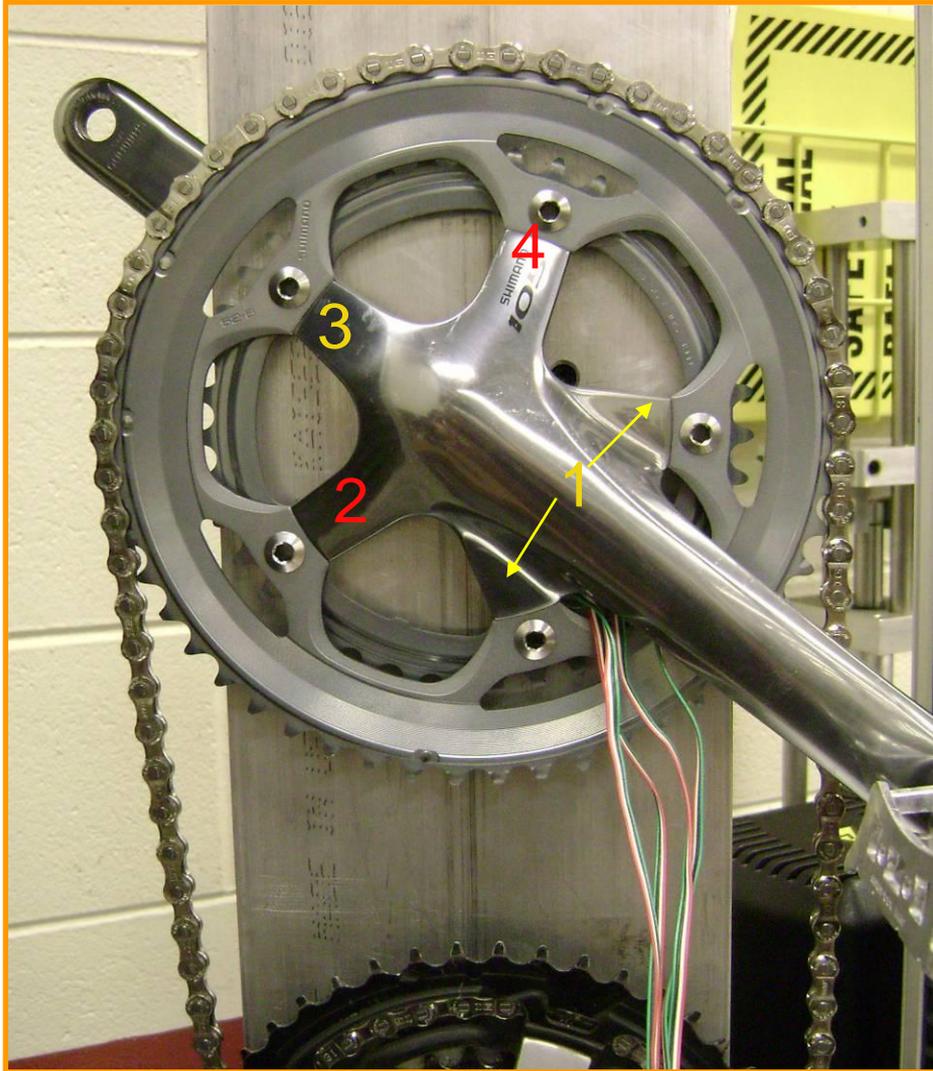
- 4 full bridges of strain gauges are used
- $P_3$  to measure strain
- Calibration free weights to apply load



# Mechanical Team Obstacles

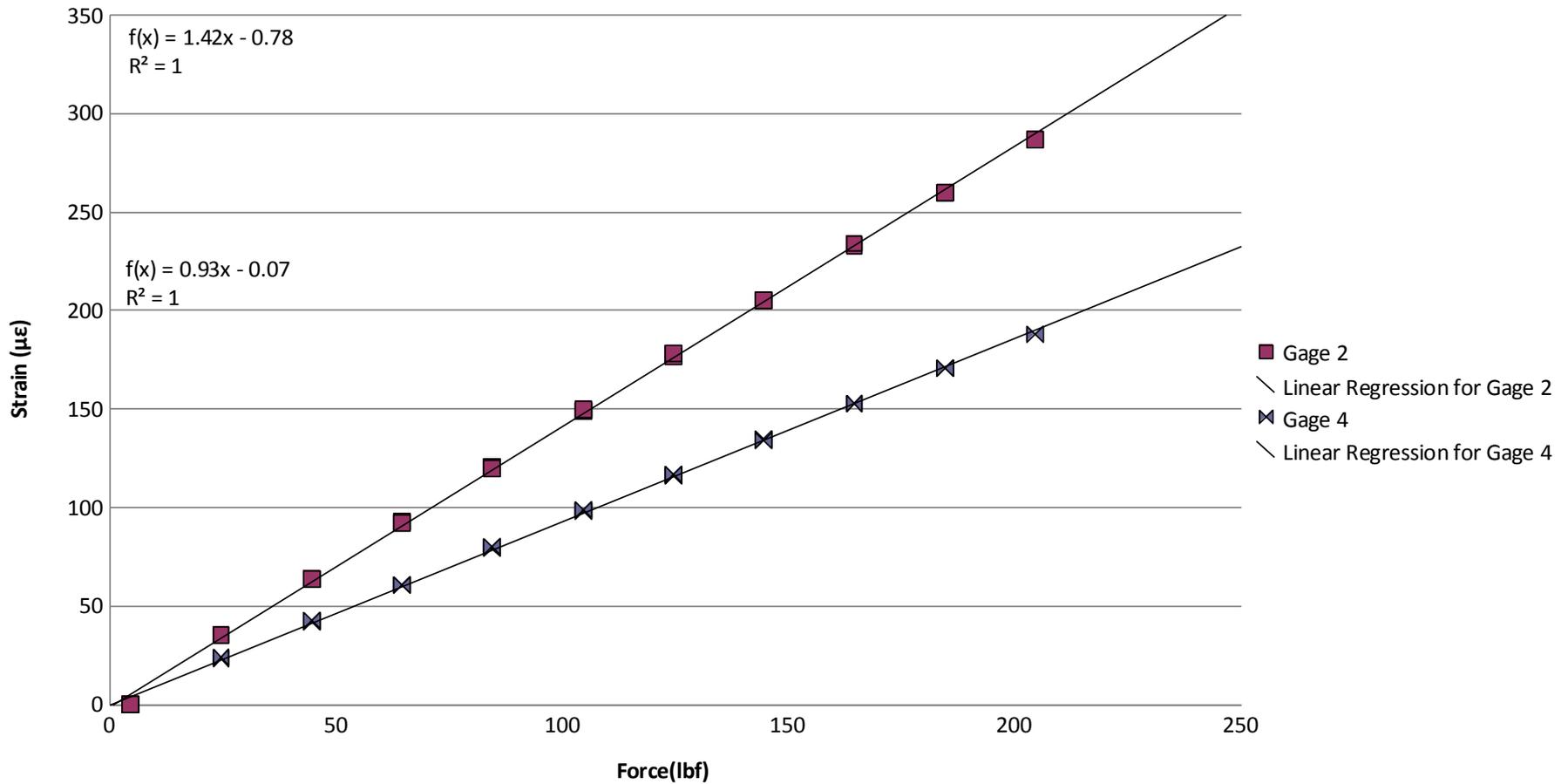
- Attachment of all components to crank
- Raising sufficient money to assemble bike
- Modifying bicycle
- Integrating electrical and mechanical designs
- Conducting live, road tests

# Mechanical Results



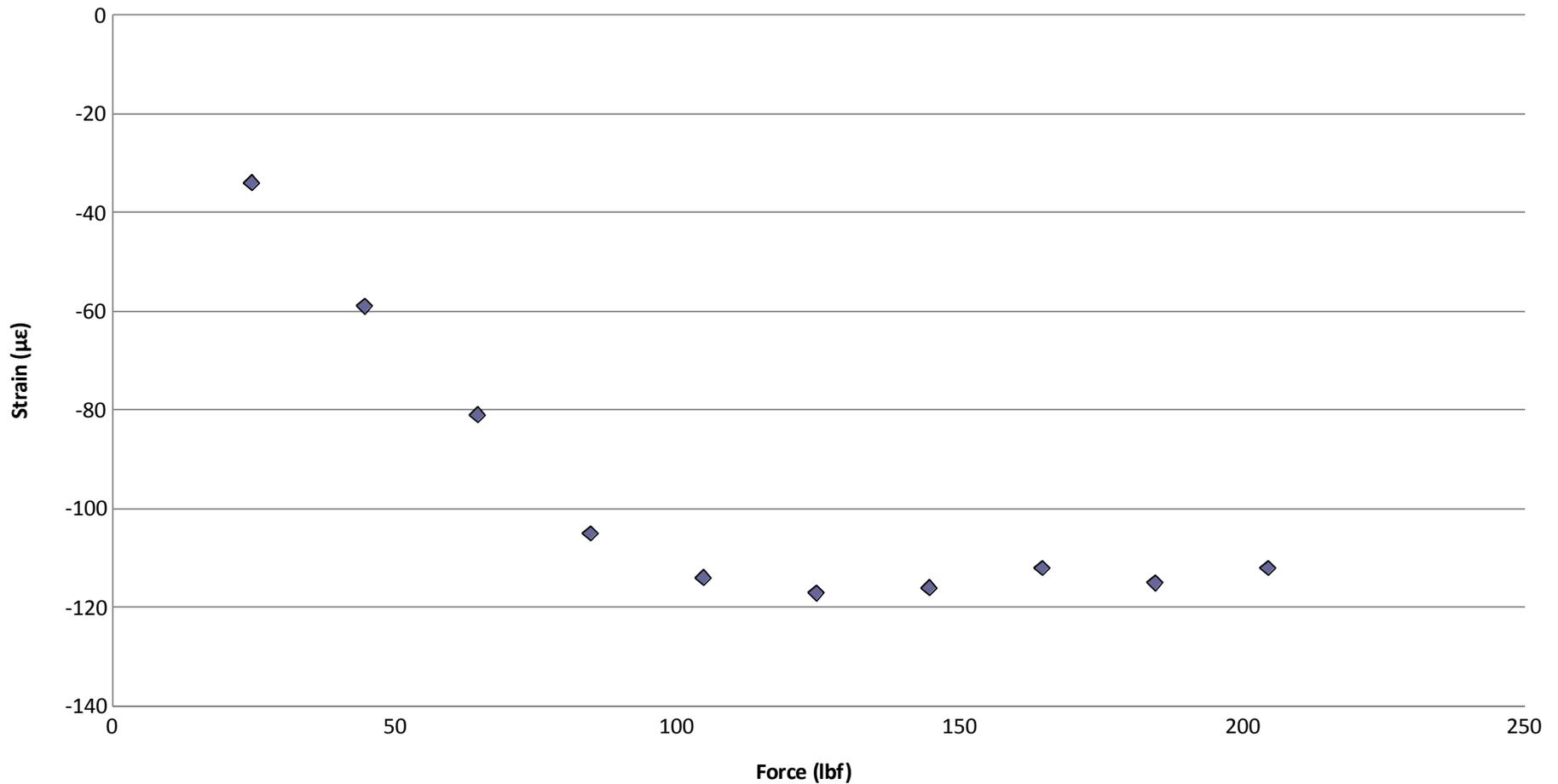
# Mechanical Results

## Small Chain Ring, Left Pedal, 357.5°, Gauges 2 & 4



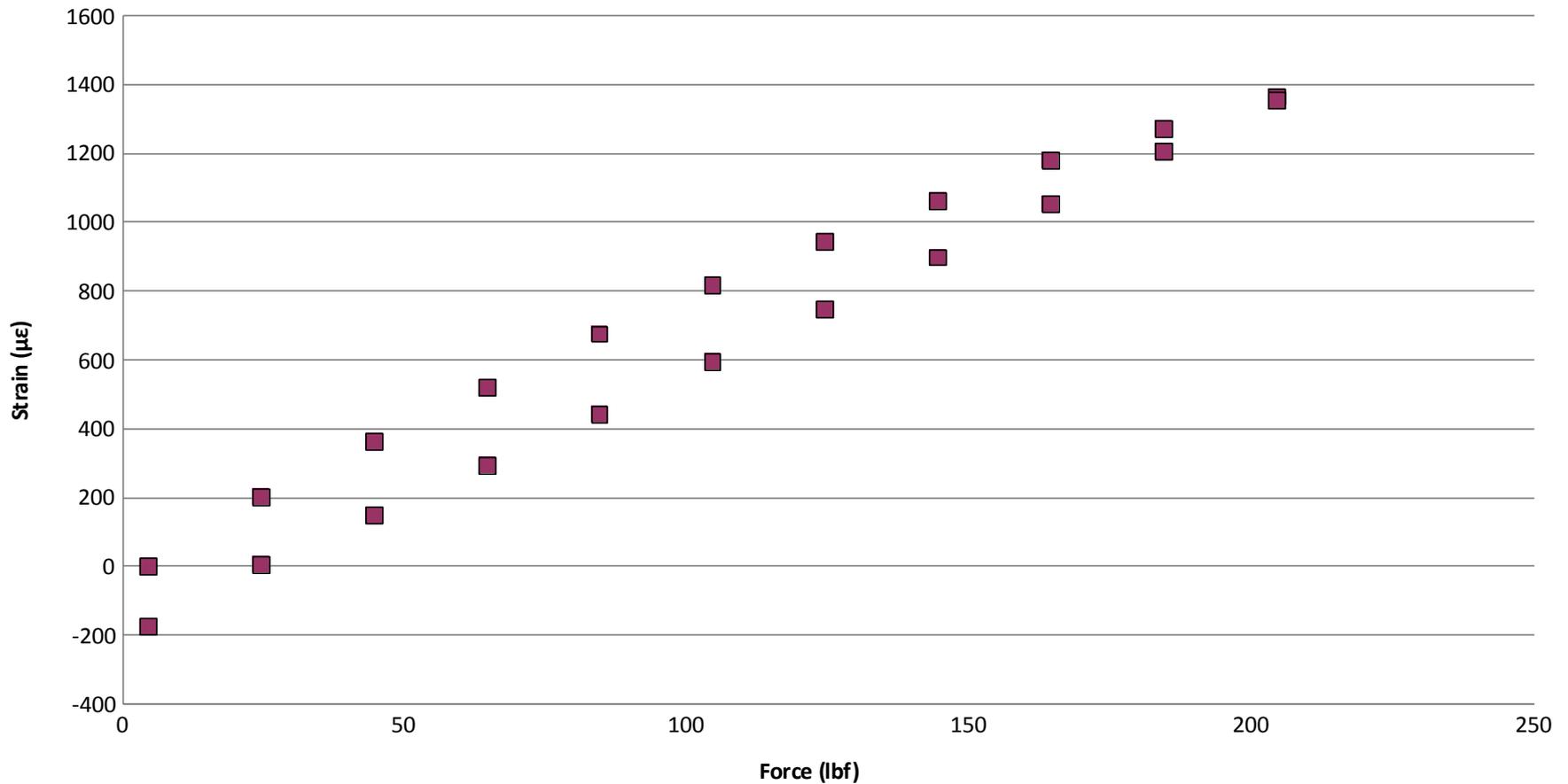
# Mechanical Results

Small Chain Ring, Left Pedal, 112.5°, Gauge 2



# Mechanical Results

Large Chain Ring, Right Pedal, 67.5°, Gauge 4



# Mechanical Results

- Two chain rings -> Two bridges used, Two coefficients
- Bridges 2 and 4 used for torque calculation
- Voltage read at angles below, multiplied by coefficients and added to get torque

$$T = c_2 V_2 + c_4 V_4$$

Angle (° )	22.5	67.5	112.5	157.5	202.5	247.5	292.5	337.5
C <sub>2</sub>	-5559	-6533	2027	1215	1295	567.6	656.8	-39803
C <sub>4</sub>	711.5	-1302	-11251	-5350	-9459	-2920	-1806	11456

# Electrical Team Objectives

- Improve overall power efficiency of circuit
- Miniaturize and package electronics to conform to working space of crank set
- Prepare schematic diagram for PCB layout
- Debug algorithm calculating applied torque at crank set
- Integrate the angle sensor into the torque calculation

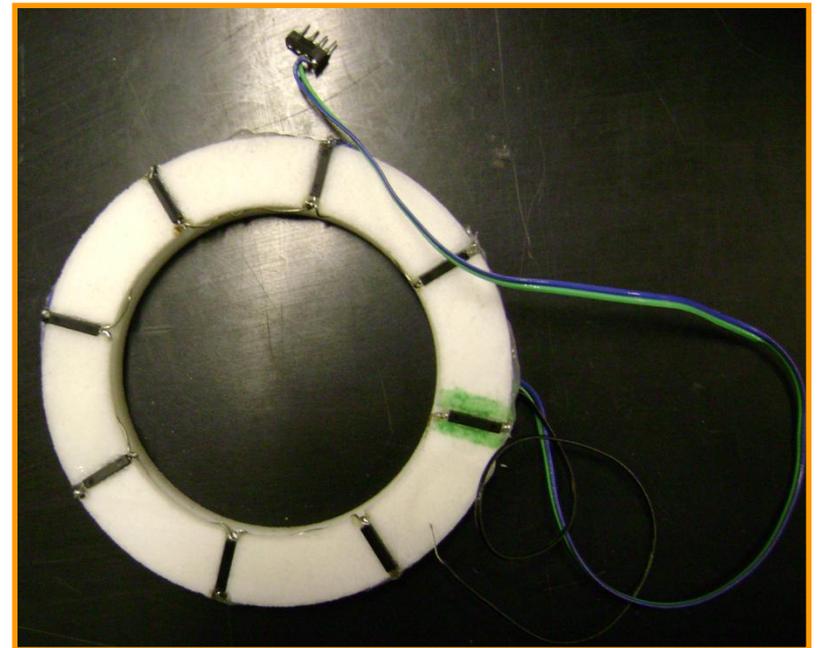
# Electrical Team Obstacles

- Miniaturization of the circuit board to fit on the crank set
- Source code for the chip needed to be updated to reflect coefficients from mechanical testing
- Design of the PCB layout and assembly process



# Electrical Results

- Source code
  - Integrated new coefficients into the code
  - Integrated angle sensor into the program algorithm



# Conclusion

- Prototype
  - Calculate torque using coefficients
  - Measure at intervals of 45 degrees
  - Wirelessly send info to Garmin
- Future work
  - Package product
  - Finite Element Analysis (FEA)
  - Optimize battery life

Questions?

