

OBSTACLES

Mechanical

- Best configuration of strain gauges
- Experimental Setup encountered problems with pedal interference
- Analysis of data
- Finding an algorithm that all strain gauges would follow

Electrical

- Debate between implementing full-bridge vs. switching circuit
- Current switching circuit not suitable for accurate reading
- ANT+ Protocol documentation ambiguous/confusing

OBSTACLE SOLUTION

Mechanical

- Apply strain gauges closest to chain
- Adjust apparatus to be able to sit in tension machine without interference
- Re-do data and use careful procedure in lab
- Calculated coefficients of each strain gauge

Electrical

- Decided on switching circuit to allow for software calibrations rather than relying on physical placement of gauges
- Met with IPRO EE to discuss impact of switching circuit on accuracy
- Plan to improve switching circuit accuracy
- Contacted ANT+ developers for support on how to implement

CONCLUSION

- Electrical Improvements
- Need to measure the angle during torque reading
- First data sets need to be re-measured for certain angles

FUTURE PLANS

- RPM measurement
- More strain gauge measurements
- Reverse engineer Quarq spider/casing
- Optimize battery life/cost of end product
- Modify circuit to perform better
- Improve ANT+ communication routines
- Connect circuit to Garmin bike computer
- Minimize size to fit on bicycle
- Final Product Design
- Create EnPro to promote product

SPECIAL THANKS TO

- ANT+
- Garmin
- Instron
- Quarq
- Software Technologies Group
- Strain

I^{PRO} 324



Power Measurements for Road Bikes

Advisors

Dietmar Rempfer
Sheldon Mostovoy

Team Leader

Crystal Jankhot

Mechanical Team

Nathan Knopp – Leader
Crystal Jankhot
Brandon Marcellis
Ryan Ruidera
Henrietta Tsosie

Electrical Team

Bryan Kaminski – Leader
Sergio Aguilar
Patrick Becker
Daniel Gonzalez
David Poli
Jaewon Yoo
Arkadius Ziomek

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PROBLEM

- Cyclists have great interest in measuring their mechanical power output on the bicycle
- Practice/Performance optimization
- Existing available solutions
- Expensive/Can not be retrofit
- Strain gauges are an inexpensive practical solution
- Require advance signal processing
- Signal needs to be transmitted wirelessly to a bicycle computer



BACKGROUND

- 4 ways in which current systems measure the power output of a rider:
 - Crankset (strain in crankset)
 - Free hub (strain in rear wheel)
 - Chain (vibration & speed of chain)
 - Opposing force systems (e.g. gravity, drag, acceleration, wind velocity)
- The first two systems use strain gages to measure the stretch in the material (strain), which can be related to torque from which power can be calculated.
- Systems differ in
 - Cost
 - Accuracy
 - Weight penalty
 - Ease of installation
 - Software package

OBJECTIVE

- Develop a configuration of strain gauges
- Accurately measure the output of the strain gauges under various load conditions
 - Crank angle
 - Direction of applied force
 - Point of force application
 - Left pedal
 - Right pedal
 - Both left and right pedal
- Develop an electronic processing unit for post-processing the strain gauge signals
 - Implement an algorithm to calculate the applied torque at the bicycle crank set
 - Transmit the data wirelessly to the Garmin Edge 705 using the ANT+ protocol
 - Must be power efficient
- Package the system
 - Must work under realistic conditions
 - Needs to conform to the space requirements associated with a bicycle

RESULTS

Mechanical

- Applied strain gauges
- Recorded data for several angles as well as loads
- Analyzed data

Electrical

- Researched established procedures for reading strain gauges
- Developed low cost switching circuit to obtain individual strain gauge values
- Successfully communicate data from circuit to PC via ANT