

CONCEPT

An Evolution: A Holistic Rejuvenation and Wellness Center' is . . .

. . . a space for exploring SOLITUDE by amplifying the user's integration with the natural environment, through the medium of EXPERIENTIAL ARCHITECTURE along with a focus on the interior spaces that affect human mind.

REJUVENATION OF THE HUMAN BODY & MIND . . .

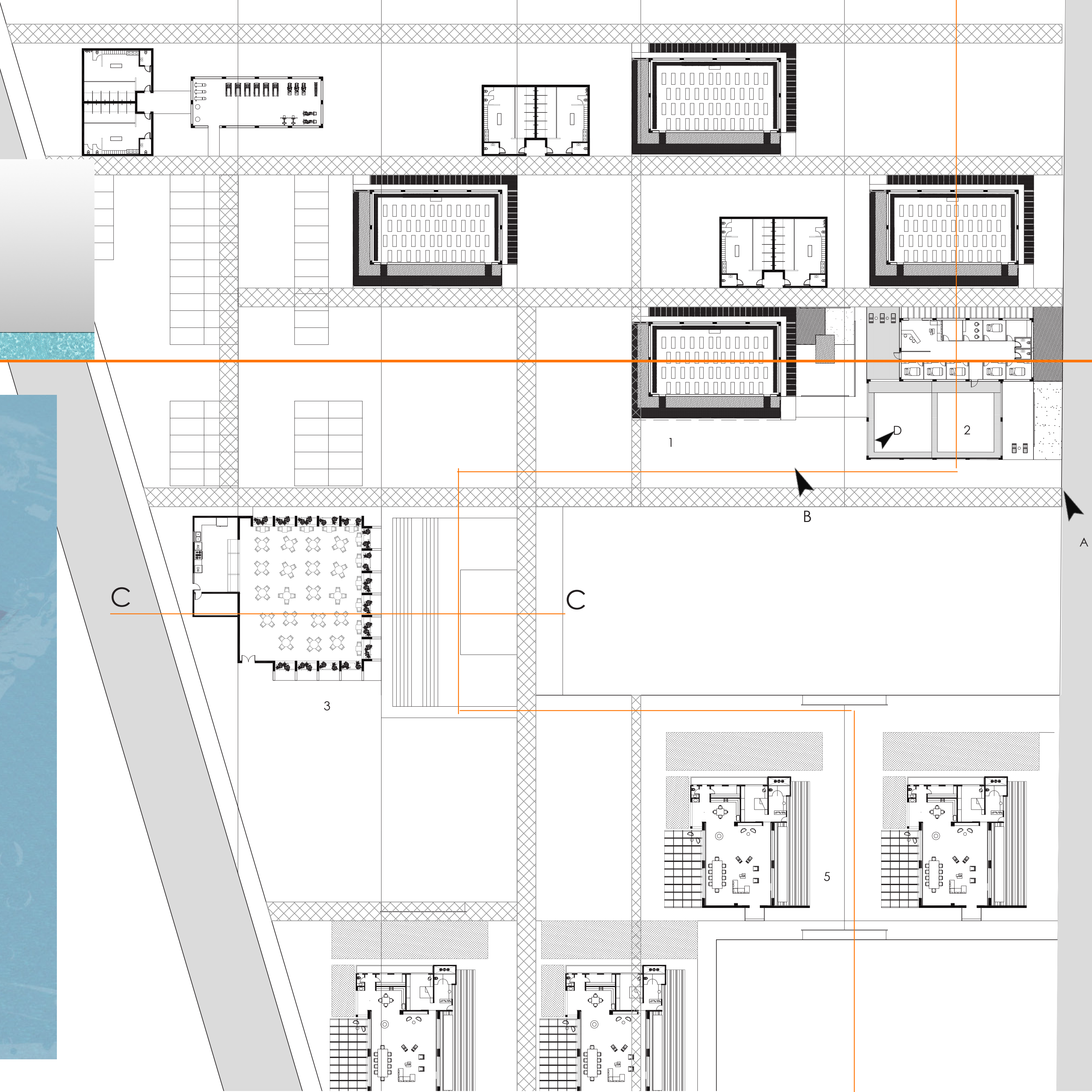
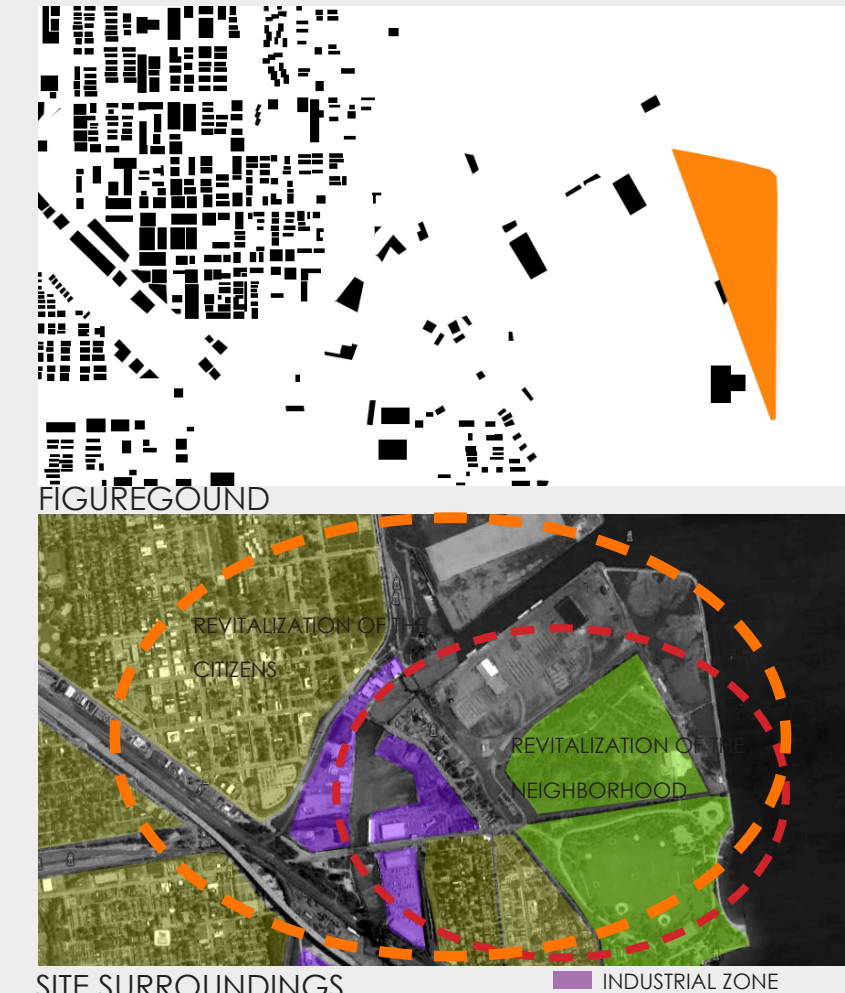
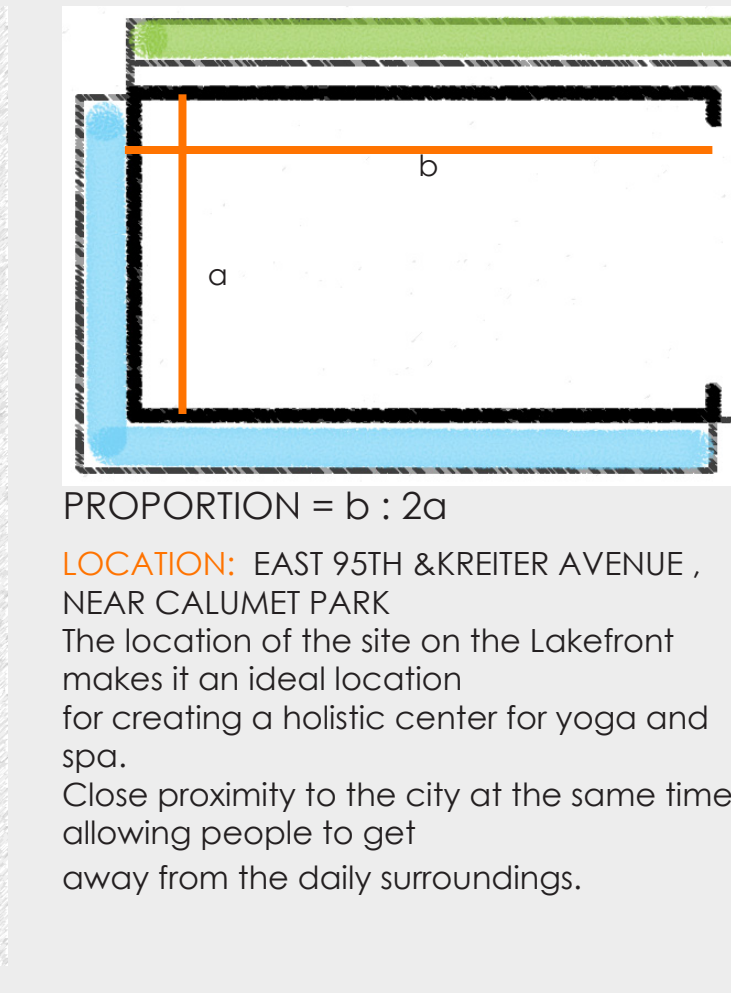
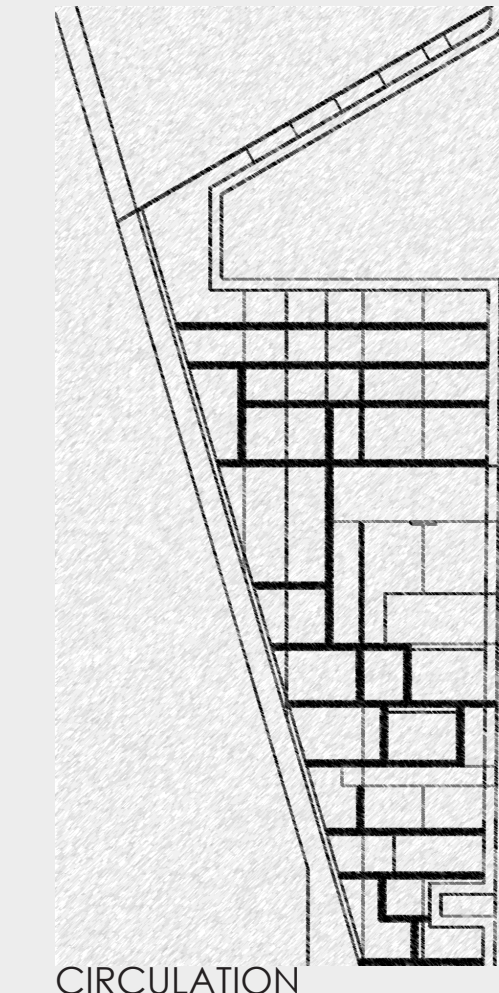
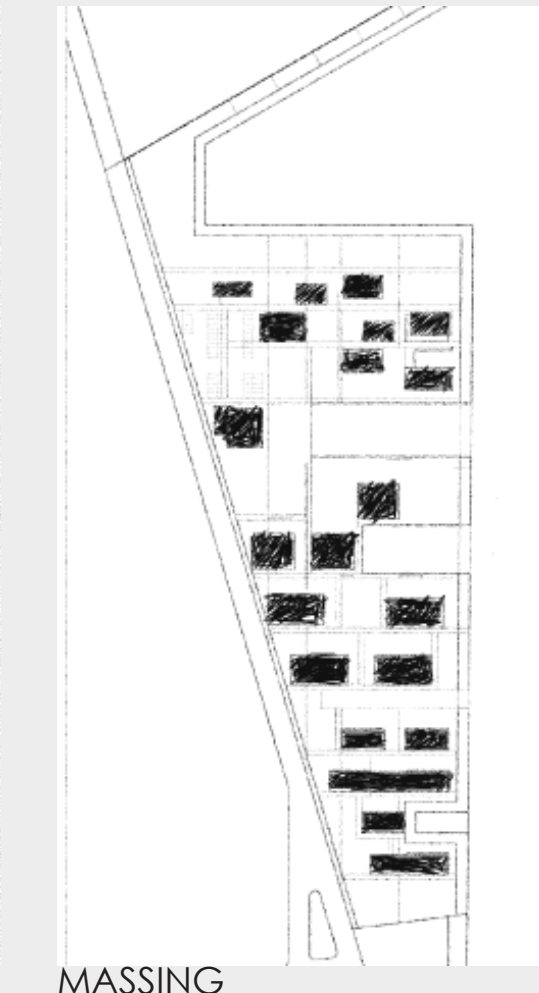
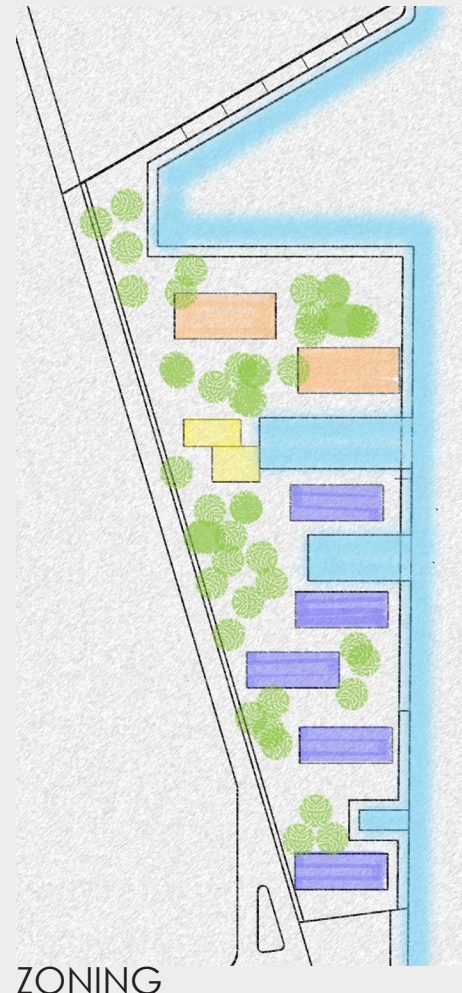
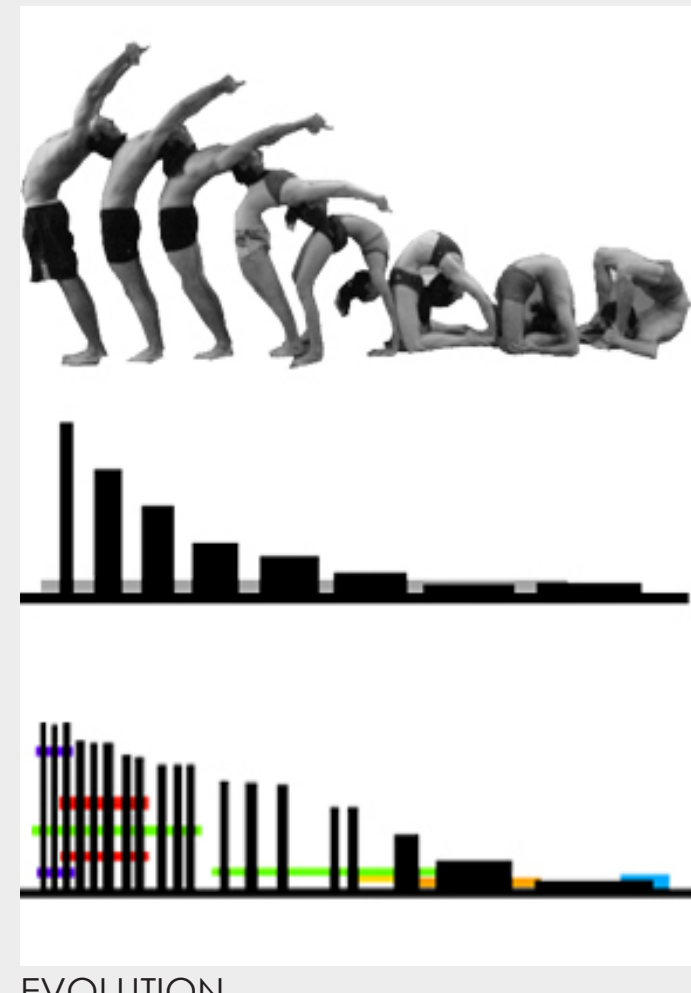
Lifestyle infused with technology has resulted in increased stress levels affecting the overall health of individuals. With the practise of yoga and meditation, one feels more ENERGIZED, gains SELF CONFIDENCE and achieves a HEALTHIER state of mind-body.

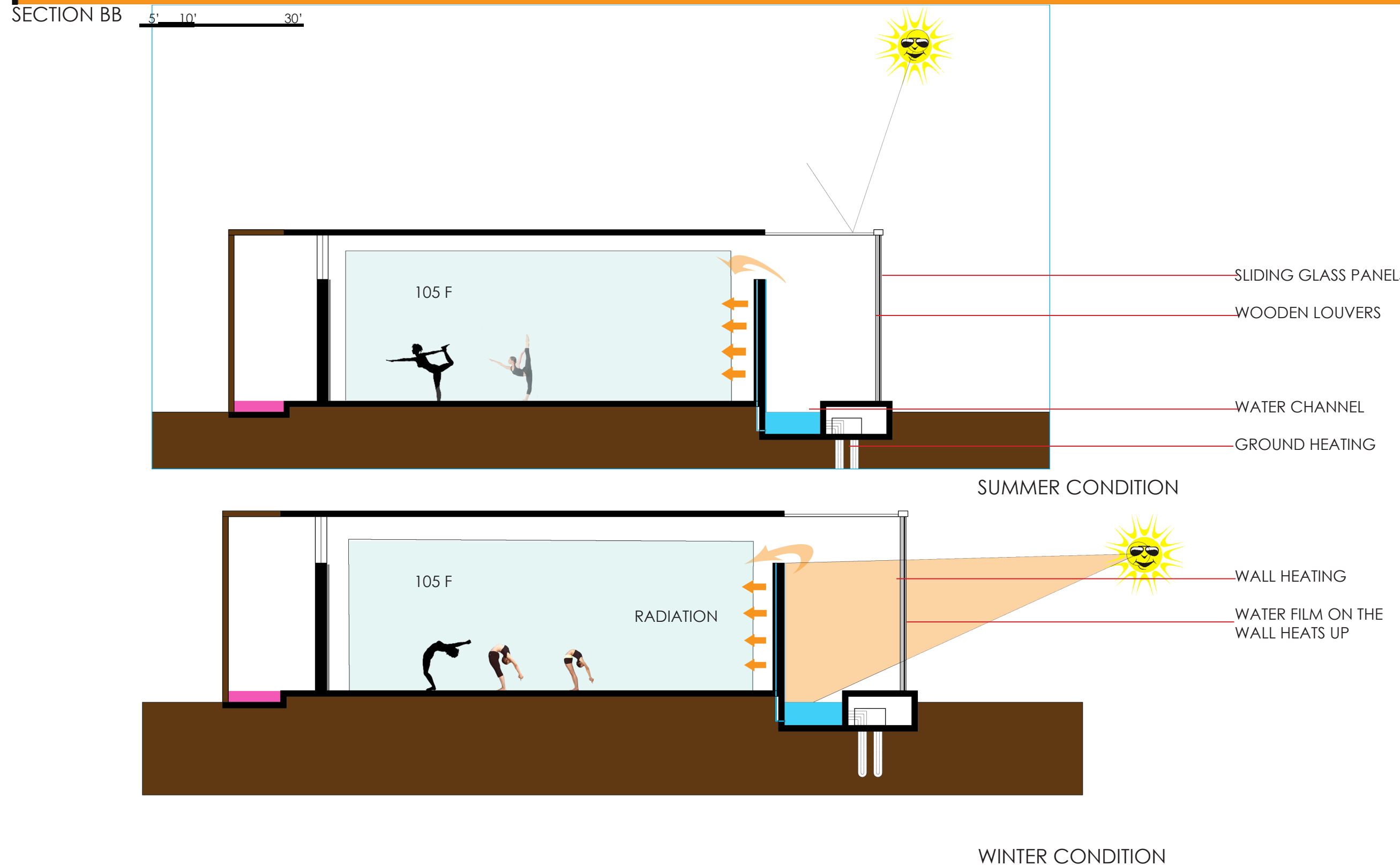
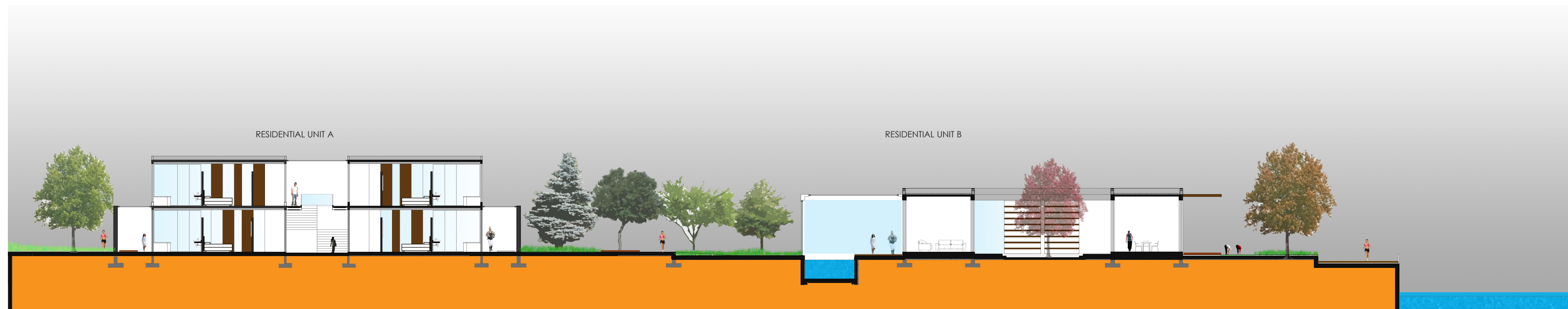
REVITALIZATION OF THE CITY & THE NEIGHBORHOOD . . .

Creating a space outside of the city yet within close proximity of it so that it generates an impact not just on the surrounding neighborhood but reaches out to the city as well.

INTEGRATION OF ARCHITECTURE & NATURE . . .

The concept is to capture ethereal qualities in nature and their ability to tranquilize a person's state of mind. The temporality of natural phenomena appeals to our senses and therefore draws one to engage with his/her surroundings through ever changing spatial experiences, at the same time allowing one to venture into a liberating journey of imagination, thoughts and discoveries. Use of COLOR, LIGHT AND TEXTURE of materials to achieve the desired integrity.





ENVIRONMENTAL STRATEGIES:

1. HEATING:
Desired temperature for Bikram yoga: 105F
Solar heating is used in order to heat the water channel outside the yoga space. The interior space would be then heated through convection and radiation with the heated water channel.

In addition to solar heating, ground heating would be used to achieve desired temperatures, especially in winter.

Use of sliding glass walls with louvered sliding doors make it possible to open up the space completely for cooling in case of excessive heating in summer.

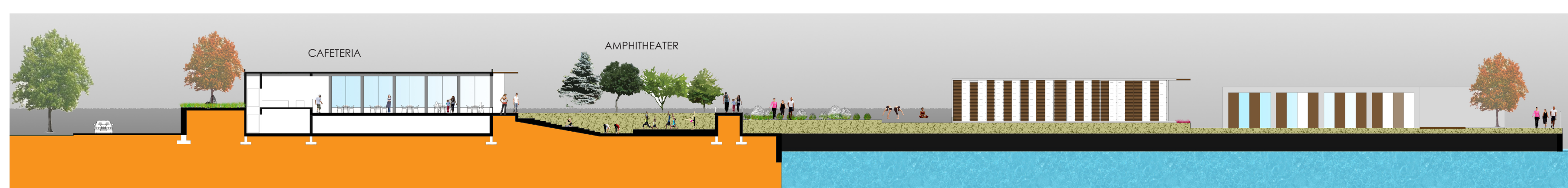
2. USE OF LOCAL MATERIALS:
Local stone and gravel for outdoor landscaping
Recycled wood for the interior cladding and deck of the spa
Use of recycled steel

3. COST and ENERGY EFFICIENCY
Local materials and local labor
Single storey structures
Well ventilated and lit spaces ensure low electrical consumption

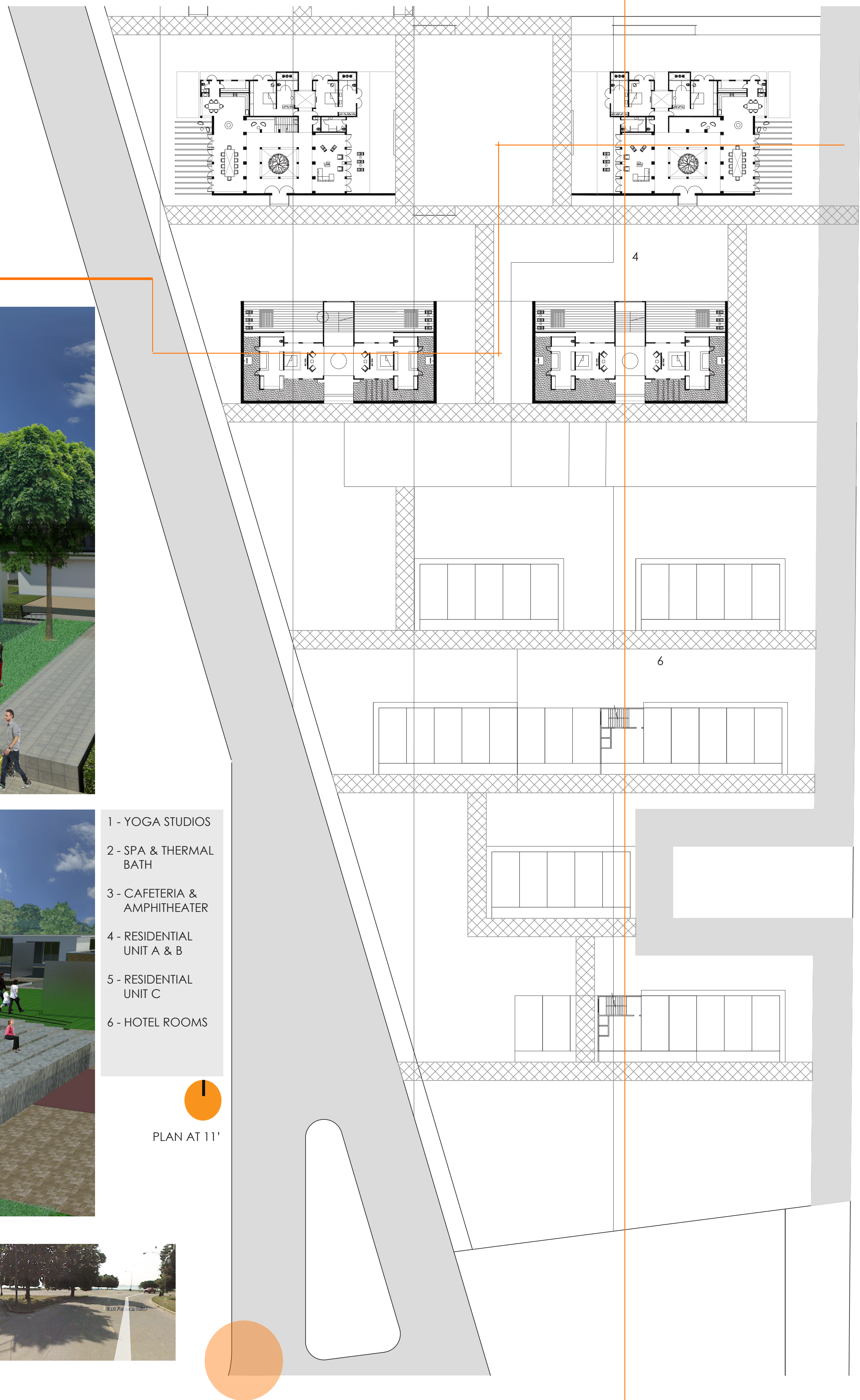


CAFETERIA & AMPHITHEATER

CAFETERIA & CALUMET PARK IN THE BACKGROUND

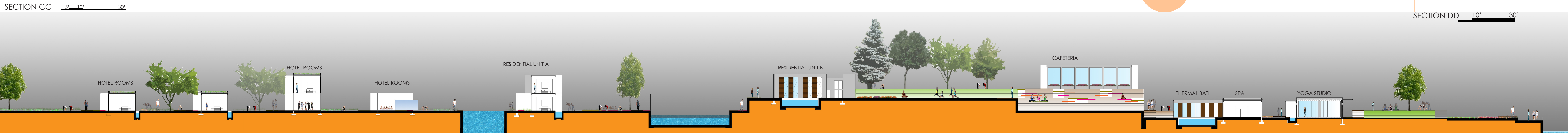


SURROUNDINGS AT THE ENTRY POINT TO THE SITE



- 1 - YOGA STUDIOS
- 2 - SPA & THERMAL BATH
- 3 - CAFETERIA & AMPHITHEATER
- 4 - RESIDENTIAL UNIT A & B
- 5 - RESIDENTIAL UNIT C
- 6 - HOTEL ROOMS

PLAN AT 11'



EVOLUTION . . . A REJUVENATION AND WELLNESS CENTER, CHICAGO