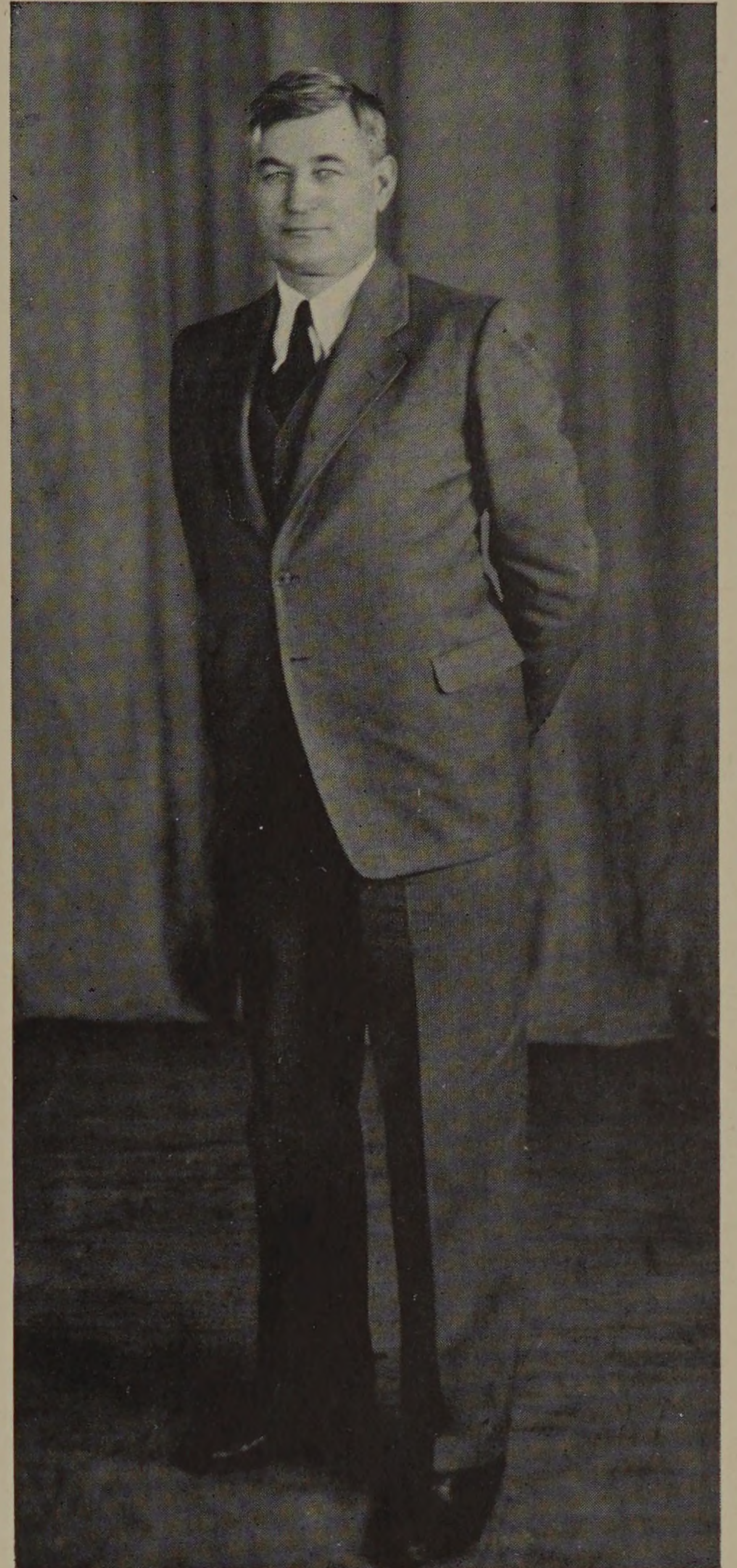


**JOHN J. SCHOMMER**  
**DIRECTOR**  
**OF**  
**ATHLETICS**



**HIS MESSAGE TO THE TECHAWKS**

"A winner never quits, and a quitter never wins." So whatever you wish to do, do it, and keep everlastingly at it. Don't let a defeat conquer you. Athletically speaking, a defeat is only a hurdle. If it takes you "for a fall," get up, fight on, and finish. Inculcate courage, perseverance, and fight. With these as your characteristics you will never stay defeated.

Make friends, not only of your own age, but older and younger ones. Cultivate those that will polish off your rough edges and that will aid you in inspiration and ambition. Learn to be courteous and well-mannered, and develop a sense of sportsmanship so you will "wear well" with persons you meet.

Strive to do things that count in whatever commission is entrusted to you. Don't think you can win by gab. The race is won by those that run and not by the cheer leaders. Don't be a crab, but be cheerful, and develop the ability to cooperate. The fellow who makes a sacrifice hit in the ball game serves as well as the home run hitter. Be ready to serve at all times.

Be careful of your morals, and don't overdo those things that will undermine your health. Guard your health as your most sacred treasure. Develop it, and keep it by exercise and through athletic play. You need it for energy, inspiration, and ambition.

—John J. Schommer.