

J. J. SCHOMMER
Director of Athletics

Develop your body as well as your mind. Become interested in spending part of each day out in the sunshine; go for long walks or learn to play a game like tennis, golf, or volley ball; or take up one of the major sports like track, baseball, and basketball. Watch your "belt line" by activities in physical culture. Your "belt line" is your "health line." My plea is ever: keep the doctor away, participate in some athletic activity.