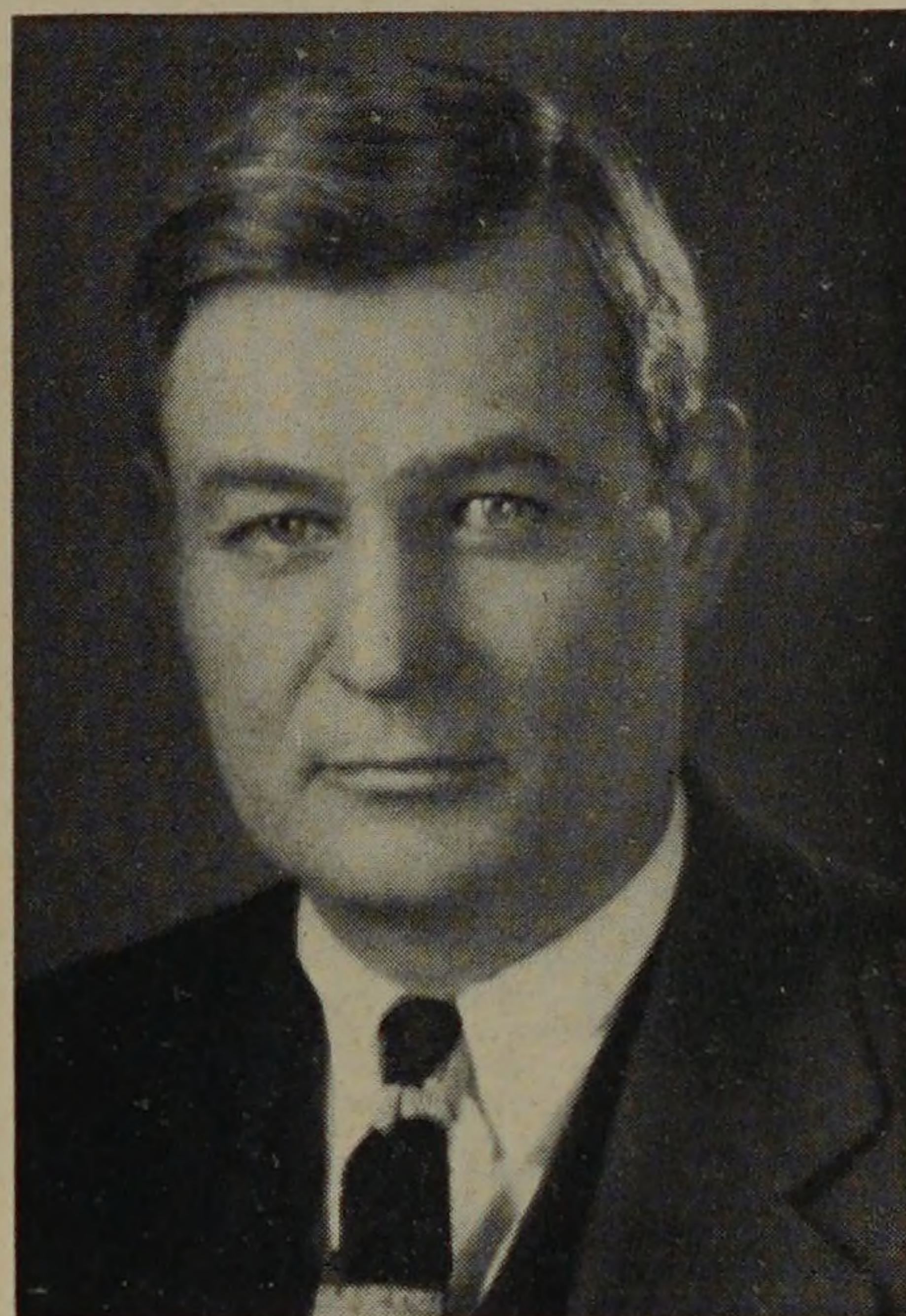


A MESSAGE FROM THE DIRECTOR OF ATHLETICS

The engineering student is usually a difficult individual to interest in sacrificing time for physical development. Whether this development is to be in gymnasium work, in intramural sports, or in competitive athletics, the cry of the technical student is, "I haven't the time." Literally this is true. The demand on his time is enormous. His mornings are devoted to lectures, the afternoons to laboratories, and the evenings to study. Saturdays and Sundays are spent in a little social life, reviews of the past weeks work, and writing the so often tasteless and arduous reports on laboratory experiments. This regime is difficult but when necessity forces the "tech" student to work part time to help defray expenses, the case is nearly hopeless.



JOHN J. SCHOMMER

However, in spite of the strict schedule, you are urged to devote part of your day to regular exercise. Here at Armour, Joe Smith coaches men to box and wrestle; Prof. Charles Leigh coaches the golf team; Prof. C. A. Tibbals coaches our tennis team; Mr. Krafft coaches our baseball team; Mr. Milton Romney coaches basketball; Mr. Alonzo Stagg, Jr. coaches track, and the University of Chicago, through the courtesy of Mr. A. A. Stagg, Sr., allows us the use of the indoor track at the Midway and the privileges of the swimming tank, where Mr. McGillivray coaches the swimmers. In addition to this, Mr. Krafft supervises the gym instruction and Dr. McNamara looks after the medical and physical examinations.

For a small college this is a splendid body of men to direct your athletic training. They are all men of experience under whom you will not fail to take on characteristics that will be valuable to you in character building and give you personality.

Don't try to win letters in all the sports. Choose one and if time permits, take on another. The training and contests will develop the spirit of loyalty, cooperation, the desire for success, coolness under fire, resourcefulness in tense moments, courage in defeat, and will give you strength physically, not to become a prize fighter, but to build up a reserve force to draw on when needed in this industrial age of today. You will be subjected to a physical examination when you start to work. If found unfit you may lose a chance for a good job. Don't neglect to learn how to play. Don't neglect your physical development. Build up that reserve strength. You will need all the mentality, all the personality, all the physical strength you can develop, when you start competing with others, to hold your job and to secure advancement.

John J. Schommer