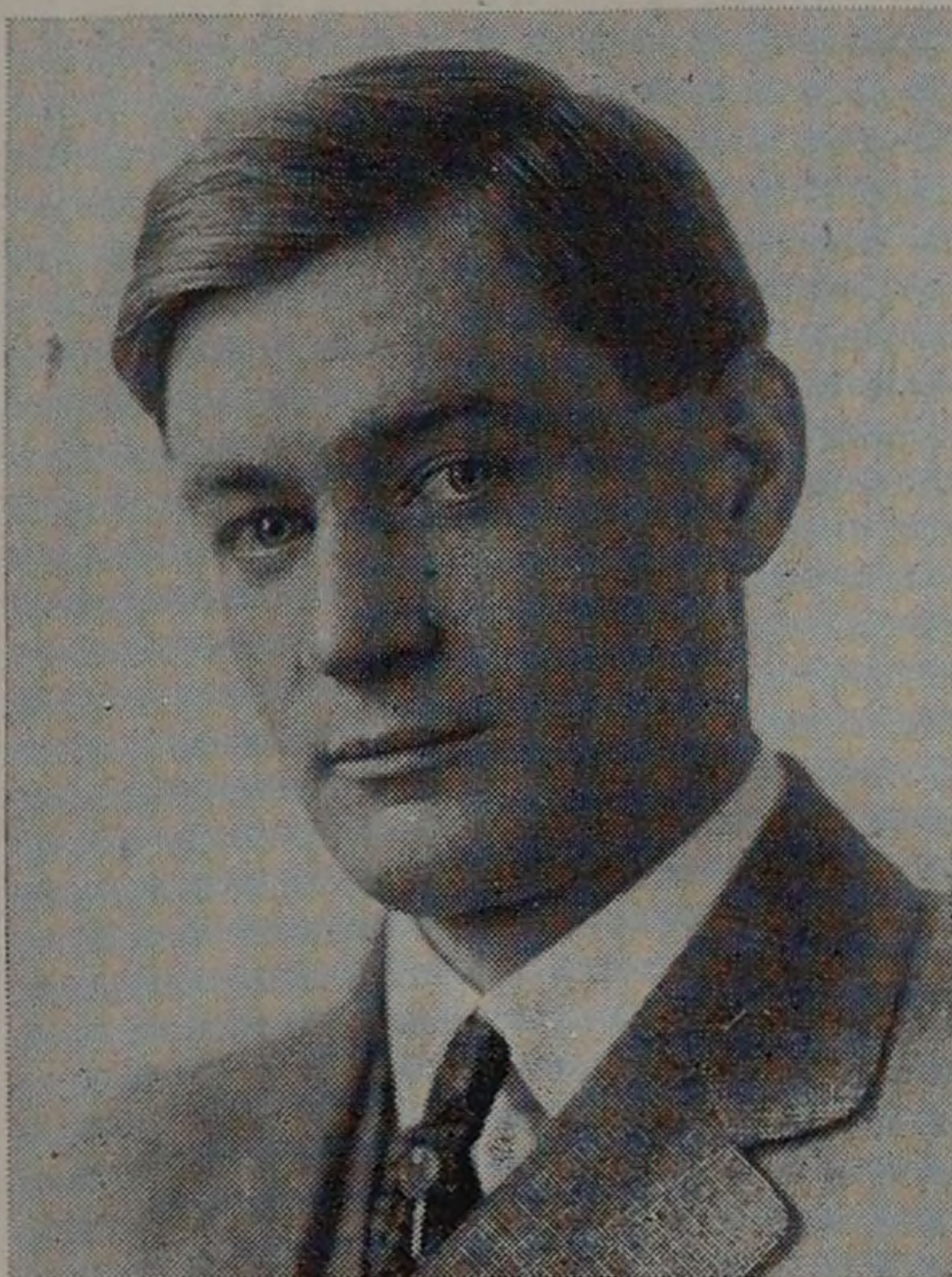


## Athletic Review

BY JOHN J. SCHOMMER



The season of 1913 in athletics at "Armour Tech." was a success from two points of view. One, from the number of men who were wise enough to exercise their bodies as well as their minds, and the other, the development of physical skill to a point of supremacy in competition against other youths.

Sleep has ever been the best rest cure for the higher faculties and nervous disorders. To induce a sound sleep, nothing yet, short of harmful drugs, has been discovered that will take the place of regulated outdoor play. It is nature's best tonic.

Play exercises the lower functions of the brain and rests the higher. It tires the body and makes one sleep. In its enjoyment, the exercise strengthens the body, and therefore all the other organs are benefited. Hence the athletic department of the Tech. is interested in inducing every student to spend part of his day

in healthful recreation. In lieu of the fact that so many men have been interested enough to come up to the gymnasium and out on the field for exercise, the department feels highly gratified. Some sixty men were out for track; thirty for baseball; and about twenty for basketball.

In competitive sports the Tech. had a successful year. The basketball season ended with Armour in third place instead of last place as in the previous year. Several games were lost by a close score. The "five" were green insofar as having played with each other and this alone would badly handicap any combination. The best thing that can be said of the team is, they were not "quitters." To be a fighter in the face of defeat with a "stick-to-it spirit" is a sterling quality to be proud of.

In Track, the "Tech's" regenerated venture was a better success than that of the previous year. While the boys got the same position, fourth, as did the team of 1912, yet the points scored were vastly different. This season the team secured 19 points in the Conference meet against  $4\frac{1}{3}$  of their predecessors. Johnson, Katzinger, and Barr each won a first. Barr broke the record when he cleared 5' 8" in the high jump and Katzinger broke the broad-jump record with a leap of 21' 7". Two dual meets were lost to Lake Forest and two were won from North-Western College.

In Baseball, Armour won its greatest athletic distinction. It won the "Little Five" Championship and went through the entire season with but one defeat. North-Western University was defeated, as was the University of Chicago. The U. of C. won the Western Conference Championship and the "Tech." handed them two defeats. One of the games went twelve innings and was won by a home-run hit by Joe Lindquist in the twelfth. Don Hamilton, Kahn, Joe Lindquist, and Spencer, the Captain, closed their athletic career for Armour.

I take this opportunity to thank those who tried hard, in sacrificing their time and energy to make their letters, but were unsuccessful. I am sure they enjoyed the time spent and undoubtedly received much benefit. "They also serve who stand and wait."