

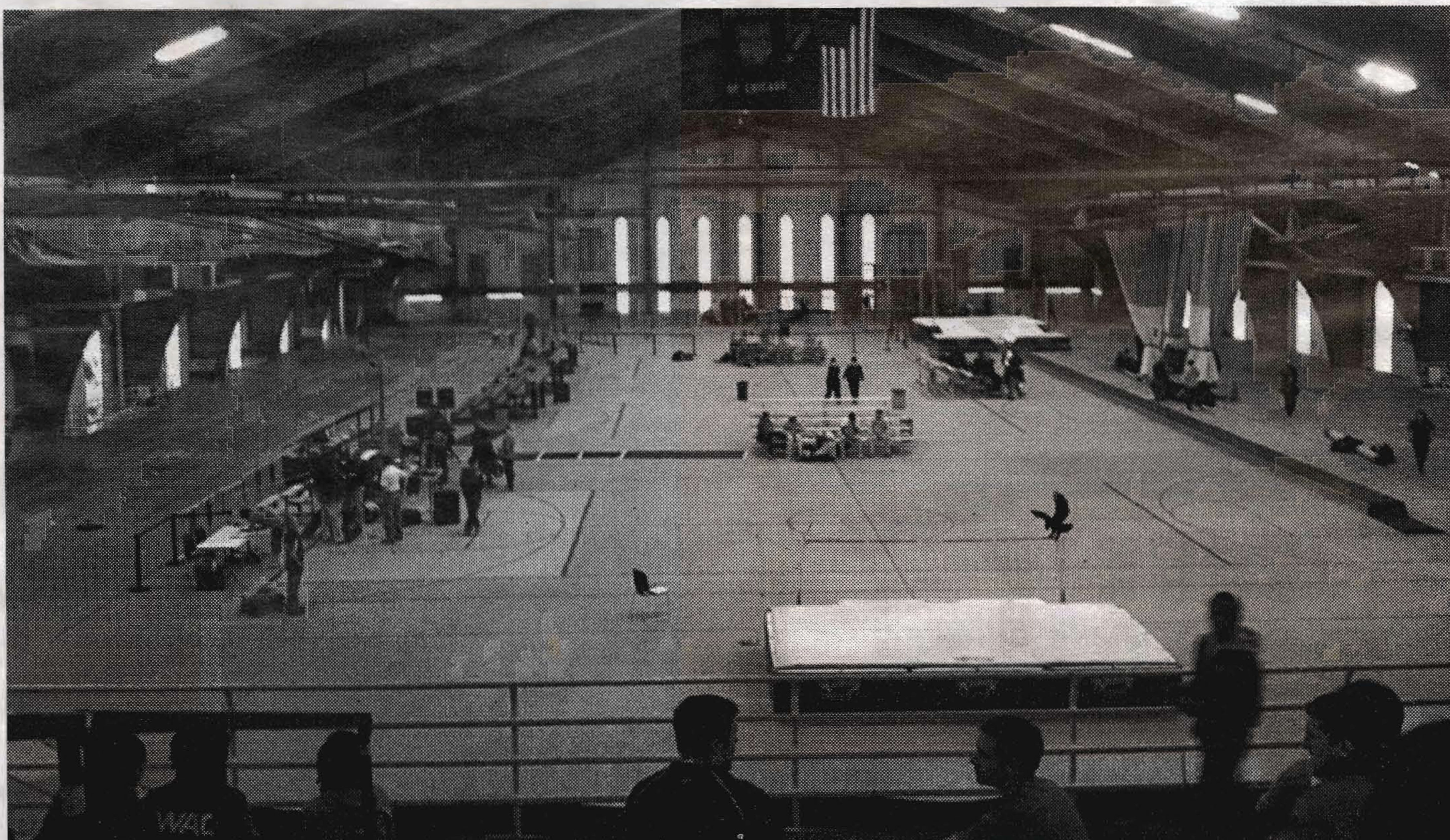
Track and field season opens with 'Windy City Rumble'

Phillip Cano
STAFF WRITER

Which weighs more, a 16 pound bag full of bricks or a 16 pound bag full of feathers? Calculating, calculating. After some initial calculations you might have realized that they both weigh the same. Coincidentally, 16 pounds is the exact amount of weight that Illinois Tech Shot Put Throwers get to launch across a room using only their conditioned muscles and a loud grunt. It's these precise body motions that allow the throwers to successfully catapult a heavy ball through the air, which landed them in the top positions in competitions, I might add.

That's right, indoor track and field season is underway for both Illinois Tech Men and Women Teams, who opened their first meet last weekend with a dominating performance over competing division schools at the "Windy City Rumble" hosted at the University of Chicago. The Scarlet Hawks had some tough opposition, but were able to beat many schools. On the men's side, they outscored nine out of 11 teams and the women outscored five out of 12 teams, such as Robert Morris University, Saint Xavier University, Triton College, Minnesota State, and the Northwestern Track Club.

Both teams are coming together as they continue their training, no matter if there is snow, ice, or rain. It's this mental discipline that allows our programs to be successful.



Head Coach, Calin Hantau stated, "I'm very pleased with the performances we turned in this weekend.

The hard work is paying off and what's

most exciting is the fact that there's room for improvement for the majority of our athletes. It was the first track meet experience for some

of them and I'm looking forward to seeing them develop it throughout the year."

Photo by Phillip Cano

Olympic competition intense in Sochi

Nathan McMahon
SPORTS EDITOR

The 22nd edition of the Winter Olympics is underway in Sochi, Russia where —part from the many flaws in the facilities—the Olympians have not been disappointed in their performances. For America, all eyes were on Shaun White as he went for a third straight gold in the snowboarding half-pipe competition. White struggled through the competition and ended up only in fourth

place while his good friend Iouri Podlachikov took the gold. Regardless of this result, it can still be agreed that White has revolutionized snowboarding and is regarded as one of the all-time greats.

Meanwhile, the speed skating long track has been property of the Netherlands as they have dominated this event. In the 5,000 meters race, the Netherlands swept the competition for all three medals on the men's side and also took gold in the men's 1,000 meter race. This was a race that Chicago native and two-time defending Olympic gold medalist

Shani Davis had been picked to win, but was ultimately disappointed and only placed eighth in the final.

However, in the women's events Americans Kaitlyn Farrington and Kelly Clark took gold and silver respectively to assert American dominance in this event. In figure skating, the first ever team event where it was no surprise, the Russian team took gold behind the legendary pair of Tatiana Volozozhar and Maxim Trankov.

The American team raised some eyebrows with their performance as they took

bronze.

The hockey competition for both the men and women has begun with both American sides winning their first two games as they shoot for gold. In order to get there, they will have to be victorious over arch rivals Canada who took down the men's team in 2010 at Vancouver to win gold.

At press time Norway has four gold, three silver, and six bronze medals whilst the Netherlands have four gold, three silver, and five bronze medals and the United States have four gold, two silver and six bronze medals.



Tuesday, February 18
Men's Basketball
vs. Maranatha Baptist Bible College
@ Keating Sports Center
7 p.m.

Wednesday, February 19
Women's Basketball
@ Wheaton College
7 p.m.

Saturday, February 22
Men's Basketball
vs. Victory University
Keating Sports Center
3 p.m.

Men's & Women's Track & Field
Margaret Bradley Invite
@ University of Chicag
11.30 a.m.

Women's Basketball
@ Clark University
1 p.m.

become our new

DISTRIBUTION

MANAGER

email editor@technewsit.com