

# Men's XC wins 10th at Wheaton College invite

**Phillip Cano**  
TECHNEWS WRITER

How fast do you think Illinois Tech Cross Country Runners can go? Here are your options: an elephant (20mph), a giraffe (35mph), a squirrel (12mph), a black bear (25mph), or a cheetah (70mph).

To figure this out, you might have to

set up some equations of motion and estimate using what you learned in physics. Well, the truth is, humans can only sprint up to 23 miles per hour and only for a limited distance of 200 meters. But what's even more impressive is that our own Scarlet Hawk Athletes can run at the same pace as a squirrel for a distance of up to 5 miles long! Have you ever tried chasing a squirrel? Or tried running 5 miles? That's fast!

Last week, the men's Cross Country Team raced into action once again at the Wheaton College Invitational, where 14 total teams toed the starting line to compete on a beautiful grass and soft dirt course.

Senior Phillip Cano was IIT's first to cover the 8 km race in 27:09, followed closely by sophomore Landon Vowels at 27:13. Senior Peter Lau, and both Montague brothers, Andrew

and Ethan, ran most of the race together, and finished in the same order, scoring 60th, 63rd, and 70th for Illinois Tech. It was a good performance and placed the team at 10th place overall. "The boys ran better than last week and I am really confident that we will gain momentum in the next race or two. It was nice to see them working together," said head coach Calin Hantau.



Photos by Phillip Cano

# Bears lose to Lions, Hawks win in season opener

**Gus Alvarez**  
TECHNEWS WRITER

The Bears are no longer undefeated after a disappointing loss on last Sunday to the Lions. They take on the New Orleans Saints who are firing on all cylinders and remain undefeated, on Sunday October 6.

They are now battling injuries to key players on the defensive side and will look to

prove themselves against a high Caliber team. They take on the Giants on the tenth, which should be an easy win as long as the Giants keep on playing how they have been this season.

The Blackhawks beat the Capitals in the season opener and showed diverse offensive power with six different players getting on the score sheet. This was an exciting win that cumulated with Johnny Oduya, Brandon Saad, and Marian Hossa all scoring in the third period to kick off their title defense with a come-from-

behind 6-4 win. The crowd was a raging 22,158 fans cheering on last season's champs as they presented the championship banner, having it raised to the rafters as the crowd went wild. They look to build on their positive start on Saturday the 5th against the Lightning.

The Bulls travel to Indiana that same Saturday for the preseason opener, which will feature Derrick Rose's return to the NBA floor. The "Windy City Assassin" spent his birthday (the fourth) just relaxing at home with his son,

and has said that he plans on holding nothing back on the court and playing hard like any other game.

Thibodeau expects them to play well and will be focusing more on Rose's rhythm and feel for the game.

It is also important to note that Northwestern plays the Ohio State Buckeyes this Saturday, biggest game they have had in about 15 years. It would be great to see a big Wildcat upset on Game Day.

# Homecoming 2013



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