

Attaining authenticity in each moment

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TECHNEWS WRITER

As Earth awakens, it seems more people are stepping into themselves in bolder & brighter ways. Self-love & authentic expression are the keys to living the life of our dreams. Authenticity is a way of being “in the moment”.
“It is important for us to convey who we are and most importantly to convey who we are not — in our tone and our intention ... to everything we do. “ – Julie Bashkin, CEO/ Founder, KLUTCHclub

That statement above boldly and directly states what I feel being authentic is all about. Our intention in being authentic should not be to make everyone like every single thing that we do. Authenticity is about the power of self-inquiry, awareness and exploration. Being authentic means we have profuse sources of purpose in our life. Authenticity demands that we follow our highest truths, the things that resonate most deeply within each of us.
In what physical surrounding do you feel most “natural”? In what emotional state do you feel most “natural”? What emotions and/or

physical surroundings take you away from this natural state?
There are precious moments where it seems a window opens in our soul and we find clarity. We see challenges, obstacles and changes not as defeating but as an experience that will better us, strengthen us, and allow us to become who we are meant to be. Our own personal weaknesses can make us complacent or they can teach us where our unrealized potential lies.
Our mistakes are discernible, and that is okay! Instead of hiding them, the point

in time when our mistake becomes visible is an opportunity to showcase our authentic self and to teach. Humility supports authenticity.
Accept that it’s okay. In fact, it is good to not have to let everyone know that “I” am the most intellectual person in the room (even if “I” am), but rather, it’s our job to let others shine. It is so important to not be ego-driven: provide others the opportunity to showcase their skills.
What do you find most challenging about being your authentic self in each moment?

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SGA

SGA Updates: New Executive Board elected

Harshita Iyer
SGA SENATOR

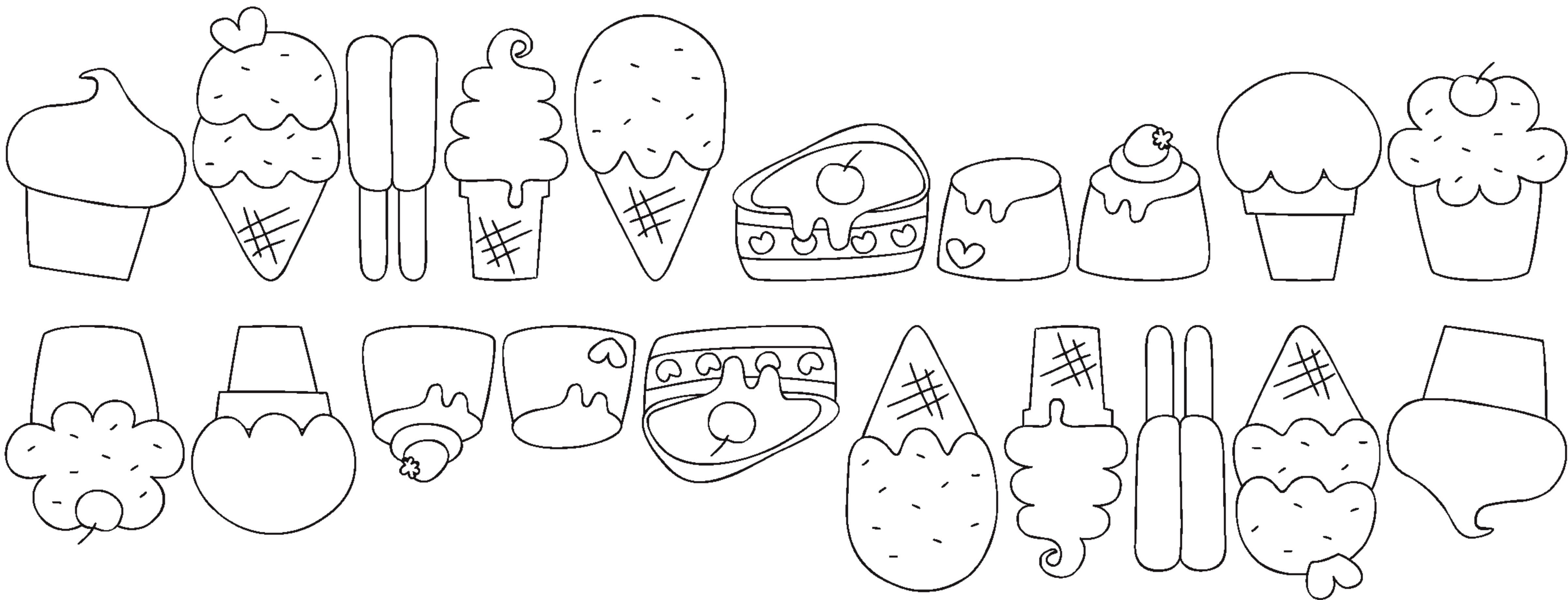
To start this column, Executive Board election results were announced at the last Senate meeting! Here is your new SGA Executive Board:
President - Rani Shah
Executive Vice President - Raghav Girijala
Vice President of Communications - Precious Eboh
Vice President of Academic Affairs - Akinade Aderele
Vice President of Student Life - Harshita Iyer
Finance Board Chair - Amy Carrera
This will be the Executive Board for the next academic year. During this election, SGA tried a new way of voting! Students could vote digitally from their computers, so no one

had to go to the voting station. This seemed to work very well, because voter numbers were quite high.
Besides the announcement of the election results, Senate also approved the Order of Omega.
This is a leadership honors society for the members of the Greek community on the IIT campus. Their membership is based on having a cumulative GPA of 3.50 or above, and the level of leadership displayed by the student.
If any of the topics mentioned above interest you, you are always welcome to be a part of SGA! Everyone is also invited to Committee Meetings that happen every off week from the Senate Meeting! So there will be meetings happening in the Colored Rooms in MTCC tonight (March 12th) at 9:15 p.m.
You are also welcome to the Senate meeting that will be next Tuesday at 9:15 p.m. in the MTCC Auditorium!



Photos courtesy of SGA. Row 1 (L-R) Rani Shah, Raghav Girijala, Akinade Aderelerle, Row 2: Precious Eboh, Harshita Iyer, Amy Carrera

Happy birthday
TechNews!



Join us, Tuesday, April 9 on the MTCC Bridge,
during the lunch hour for free cake!