

## Sophomore Leadership Retreat guides ambitious students, fosters teamwork

By Katie Peters **TECHNEWS WRITER** 

Loud yells of team chants filled the air that smelled like sweat and bug spray. Challenges were chosen and records were set as the first full day of Sophomore Leadership Retreat began. Many upperclassmen had experienced this retreat before, but over the last two weekends, 177 more IIT students were able to check

off another box on the new, official IIT Bucket List. According to Leadership Academy Program Director George Langlois, the retreat was originally designed as an opportunity to, "coalesce the sophomore class, help them to define a sense of identity, and think about leadership."

The weekend included Team Olympics, three or four pre-chosen activities, and a leadership seminar. The Team Olympics featured nine teams competing in a series of team-building exercises such as the Blind Obstacle Course and Group Juggling. Pablo

Gutierrez was tested the most by a challenge that required balance, one of his underdeveloped skills. "It was a very humbling experience to have to wait for my team to lead me through it like a child," said Gutierrez, whose team successfully completed the challenge. Other teams' cooperation was tested later in the day with daredevil activities such as low ropes, high ropes, and rock climbing, or a water sport like kayaking or canoeing. The low ropes courses required teams to work together to complete a specific task like the Human Spider Web or a fifteen-foot climbing wall with no handholds, activities that ultimately required to thirty feet above the ground. "I really need-Kaylynn Barker.

noes, sailboats, and kayaks, and then utilize their newfound skills in a race. The retreat concluded with a life-mapping seminar led by Langlois and Program Manager Megan Wheeler. Humanities professor Jack Snapper also participated as a chaperone and photographer because he likes how he can, "interact with the students, not instruct them." The seminar allowed the sophomores to reflect on their personal and career goals, values, influential relationships, and future legacy, and then write a personal mission statement.

Langlois, Wheeler, and Snapper all found the retreat to be very successful, citing, "better numbers and very engaged students," "people willing to come out of their shells," and "superb weather and a great environment," respectively.

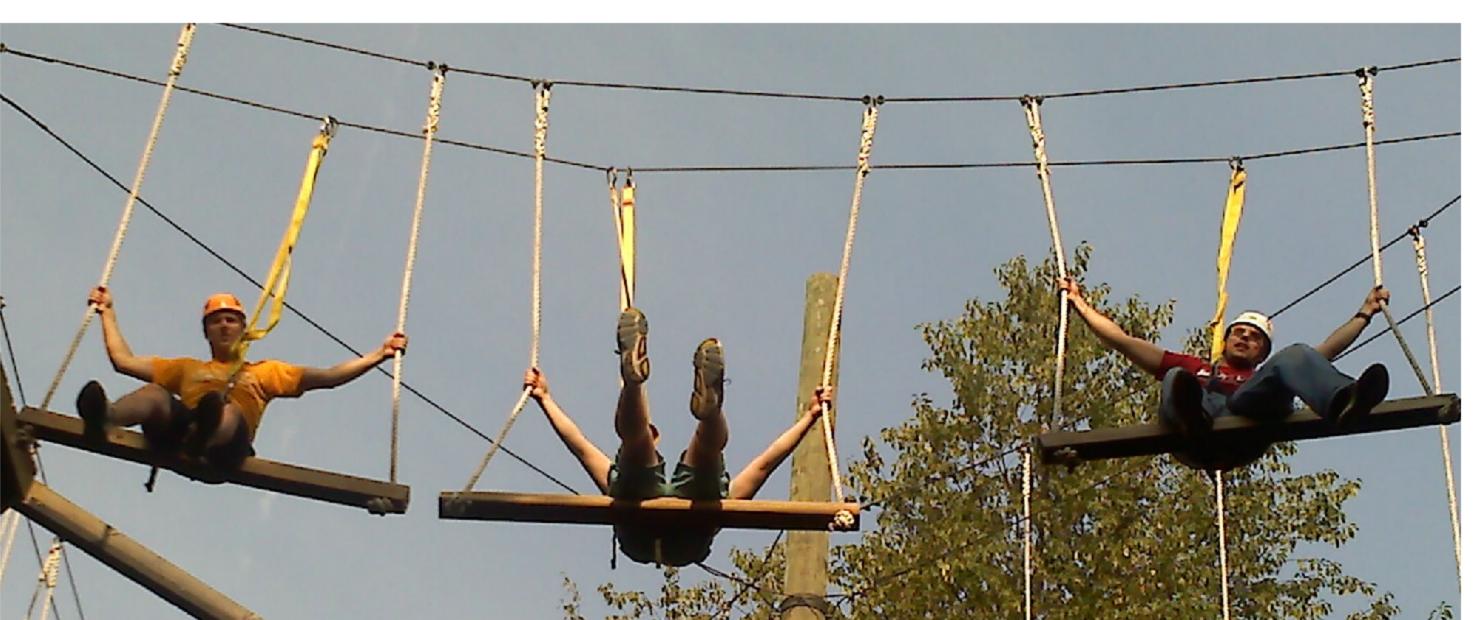
Even with less sleep and more bug bites, most sophomores would agree that the Sophomore Leadership Retreat would be one of the most valuable experiences they will have

## trust in every teammate. The high ropes course was completed with a partner, and was made up of extreme tightrope-like elements twenty ed Liz [Zielinski] up there coaching me, or else I would have decided to come down," admitted Half of the weekend's participants were able to learn to properly use caat IIT.









Photos by Katie Peters & Kaylynn Barker

## **ASB** in full swing, recruiting students

By Utsav Gandhi **CAMPUS EDITOR** 

Every year, a group of IIT students partners with Habitat for Humanity at one of their site locations around the country to build homes for the less fortunate. Providing a unique mix of service learning experience, hands-on construction work, the opportunity to meet students outside the classroom and create new friendships and unforgettable memories, as well as the opportunity to travel during spring break, Alternative Spring Break (ASB) is an oftrecommended IIT bucket list item. Past ASB trips have gone everywhere from Texas to Alabama, and California to Georgia.

Habitat for Humanity seeks to eliminate homelessness from the world and to make decent shelter a matter of conscience and action. To accomplish this goal, they invite people of all backgrounds to build houses together in partnership with families in need. Today its volunteers have collectively built over 350,000 houses around the world, providing more than 1.75 million people in 3,000 communities with safe, decent, affordable shelter.

Recruitment for ASB 2013 has already started! The first step towards joining the team is to attend any one of the following mandatory info sessions, where executive board members and previous trip members will be present to provide more information about financial, time, and fundraising commitments, along with preliminary details about team logistics. The link to the online application will also be given to you once you sign in at any of the info sessions. The dates, times and locations for the info sessions are as follows:

Sunday, 8/26: 8pm

Tuesday, 8/28: 12:45pm

Wednesday, 8/29: 8pm

Thursday, 8/30: 12:45pm

Wednesday, 9/5: 12:45pm

It is encouraged that you bring your own lunch, along with any and all questions you may have, to the lunchtime info sessions. All info sessions except the last one on September 5 will be held in MTCC Executive Conference Room, which is located next to the WIIT Radio Station. Please look for individuals wearing ASB shirts or ask the CCC Assistant at the front desk outside the Pritzker Club if you cannot find the room. The Info session on 9/5 will be held in Pritzker Club Room 605.

Any and all questions about the info sessions can be directed to asb.iit@ gmail.com. If you cannot make it to any of the scheduled times but are still interested in ASB, you can also use this email to let ASB know.