

Illinois Tech cycling starts strong

By Ryan Hynes
A&E Editor

Members of IIT's own cycling team competed in their second race of the season last weekend at The University of Missouri in Columbia, Missouri.

The team left Chicago under cover of darkness, and drove 7 hours through the night to make it to the race on time. After only a few hours of sleep, team members Ian Carr, Jeff Bednarz, Ben Siver, Rob Cohen, and Ryan Hynes rolled out and onto the 35 mile road race. The course was very technical, with

tight turns, challenging climbs, and intimidating descents designed to challenge even the most experienced riders.

The course also featured a towering ascent, with over 1700 feet of climbing. Team Captain Ian Carr placed 15th in Category C, and Rob Cohen took 12th in Category D. Ben Siver and Ryan Hynes placed 33rd and 26th respectively. There were several serious crashes during the race, one of which took down rider Jeff Bednarz. Fortunately, Jeff was more angry than hurt since the crash ruined his bike, nicknamed "Big Blue".

Despite his injuries, Jeff Bednarz borrowed teammate Ben Siver's bike and rode to an impressive 4th place finish in the individual time trial. Hynes sat out the time trials with a knee injury, leaving the team with only three members instead of the usual four, but after recovering from the grueling individual time trial, Carr, Cohen, and Bednarz rode to 3rd in the team time trial race, earning valuable points for Illinois Tech Cycling.

The race weekend was still a success despite the injuries, and the Illinois Tech Cycling Team has established itself as a competi-

tive force in the Midwest Collegiate Cycling Conference's Division 2. The team's next race is this weekend at Lindenwood University in St. Charles, Missouri. After that race, the team will head to Georgia for an intense week of training.

This year looks to be a promising one for Illinois Tech Cycling. The team has used the winter months to train and prepare for the season, and ensure that they are in top form for competitions. For more information on the team, and a complete list of riders, races, and results, visit <https://sites.google.com/site/iitcycling/home>.



Photos courtesy of Ryan Hynes

Team Seleccion wins indoor soccer tournament

By Jennifer Agosto
TECHNEWS WRITER

IIT's Intramurals and Recreation most recent two night event, the Indoor Soccer Tournament, brought in 40+ students on a total of 6 teams. The winning team consisted of captain Okwudior Akosa Andrew, Alintah Chuka, Chizara Nwaogwugwu, Reginald Adusei, Jong Massaquoi, Akinade Aderele, and Andre Rovetta. The team, named Seleccion, beat the Continental Stars for the win, 5 to 3.

The next events that will be hosted

will start up again in April, starting with Basketball on April 5. The Basketball tournament will be a 3 on 3 person match-up with a maximum of 6 people per team. The registration deadline is Wednesday, April 4 at 6 p.m. Registration can be done online at www.illinoistechathletics.com in the Intramurals and Recreation section. This event is open to all IIT, Shimer and Vandercook students. Here is a list of all of the events scheduled so far for the rest of the spring 2012 semester:

Please note that Keating will now be

open during spring break. The hours will temporarily be changed and the building will only be open for a limited time of the day. On both Saturday, March 17 and Saturday, March 24 the building hours will be 10 a.m. to 3 p.m. and on Sunday, March 18 it will be closed. The building hours during the week will be 10 a.m. to 6 p.m. Monday, March 19 through Friday, March 23, with the pool being open from 10 a.m. to 1 p.m. each day. On Sunday, March 25 the facility will resume its normal scheduled building hours.

April:

Basketball Tournament:
Thursday & Friday, April 5 & 6

Raquetball Tournament:
Thursday, April 19

Dodgeball Tournament:
Thursday, April 26



Photos by Jennifer Agosto

Athlete Spotlight: Phillip Cano



Name: Phillip Cano

Year: Sophomore

Major: Mechanical Engineering

Sport: Track and Field

Event: 400m, 600m, 800m, 1000m

Favorite thing about your sport: It's you versus you. That's it.

Pre-race ritual: Before a race, you must prepare mentally. You must visualize yourself being great before it starts. Then when you stand on the starting line and the gun

goes off, you are not afraid and are able to believe in yourself.

Tip for being great at your sport: The one thing that holds us back is fear. Fear that you will run out of energy or not run your best. However, great runners don't need to be successful every time, they only need to believe they can win the race.

How did it feel to represent IIT at the NAIA National Track and Field Meet: It was a learning experience because I now know what it takes to be competitive at that level. With smart training, I will return next year and make a statement for our school.