## Indoor Track and Field teams take 5th at final regular season meet

By Erin Vincent TECHNEWS WRITER

In their last regular season meet, the Scarlet Hawks Indoor Track and Field team competed at the University of Chicago's Margaret Bradley Invitational. Many of the athletes had tough days with multiple events, but both meris and women's teams were 5th of 11.

In the sprint races, freshman Hailey Kunkel ran a personal and school record time in the 55 Meter Dash of 8.22 seconds, as well as the 200 Meter Dashin 30.60 seconds. Senior Emily Kraemer also ran the 200 in a time of 30.65 seconds, followed by a personal record time in the 400 Meter Dash of 67.96 seconds. Sophomore Veronica Hannink led Kraemer in the 400m with a time of 66.91 seconds, after running the 55 Meter Hundles in 9.78 seconds and making it to the finals.

In the 800 Meter Run, senior Maddy Jensen ran a time of 2:36.70, a solid performance after her 6th place finish in the Mile Race with a personal record time of 5:30.34. Leading the IIT women's milers was freshman

Abby Jahn in 5th at 5:29.45, followed by Jensen, sophomore Jordan Kelch (5:51.09), and junior Claudia Garcia (5:55.89).

In the 1000 Meter Race, Kelch came close to the national qualifying time with a personal record of 3:07.77, fast enough to place

Senior Erin Vincent ran a 3:19.80 in her first 1000m race ever, followed by Garcia, also for the first time in the event, with a 3:23.79. In the 3K race, freshman Courtney Rouse finished 3rd in a time of 10:45.15, followed by freshman Anne Crotteau with a 12 second personal record of 11:23:71, and Vincent recording a time of 12:14.22. Junior Kira Vincent ran a 19 second personal record and broke the 20 minute mark in the 5K race with time of 19:55.38, earning her 3rd place.

In the field events, junior Natalie Mitrovic participated in the Long Jump, reaching a distance of 4.05 meters, as well as the Shot Put, marking a throw of 9.56 meters. Senior Emily Tilton also completed the Shot Put with a distance of 8.85 meters.

Freshman Whitney Theisen came

close to a personal record in the Triple Jump with a distance of 9.85 meters, and took 4th in the High Jump with a height of 1.52 meters.

On the men's side, junior Chris R aud ran his first college 55 Meter Dash in 7.39 seconds, as well as the 200 Meter Dash in 27.56. Freshman Tyler Haag led the IIT group in the 200M with a time of 25.03s, followed by junior Kevin Logan in 25.58s. Logan also ran the 400 Meter Dash in a time of 59.72 seconds.

In the 800 Meter race, sophomore Phil Cano ran a personal and school record of 1:58.65, followed by junior the Ethan Montague (2:02.39 PR), senior Wes Villalobos (2:05.09), and freshman Kraig Van Wieringen (2:10.15). In the 1000 Meter race, senior Phil Theisen ran a personal record and took 1st with 2:36.84, just 3 seconds off of the national qualifying time.

lunior Kenny Murphy and Villalobos were close behind in 2:43.16 and 2:46.57 respectively. In the Mile Race, sophomore Andrew Montague led the team in 4:35.45, followed by Murphy (4:41.41) and E. Montague (4:41.82), Theisen (4:46.24), freshman Colin

McQuone (5:08.86), and junior Peter Lau (5:27.55).

In the 3K race, junior Zach Gates ran well in a 4th place time of 9:11.60, with freshman Sam Wietlispach not far off in 9:32.23, and junior Brian Lyles in 10:02:79, his first time running the race. The 5K race saw sophomore John Pasowicz leading IIT's pack in 19:00.17, accompanied by junior Felipe Prada (19:10.36 PR) and freshman Jeff Somerfield (19:15.56).

The Distance Medley Relay was made up of Van Wieringen, Haag, McQuone, and Lau, taking 2nd and clocking in at 12:01.02. Junior Izzy Radzik competed in both the Long Jump and Shot Put, jumping 4.16 meters and marking a personal record distance of 8.30 meters in the Shot.

This was the final Indoor meet of the regular season for the Hawks. Indoor Track and Field Nationals are March 1st-3rd in Geneva Ohio.

The first Outdoor Track and Field meet will be March 31st at the University of Chicago

## Three day battle yields 2nd place tie for Men's Swimming and Diving

By Melanie Koto SPORTS EDITOR

Screaming fans filled the stands and teammates crowded the edge of the pool cheering on those who swam their hearts out during the Liberal Arts Conference Championship meet at Principia College, where the Scarlet Hawks Swimming and Diving team competed in one of the most important meets of the season. For a few this past weekend was the last competition of the season, while for many others it was the chance (and success) to qualify for the National Championship meet.

The men's team definitely brought their A game and tied for 2nd of 11 with one of the strongest teams at the meet (Luther College), while also qualifying many of their swimmers for the National meet. The 200 Freestyle Relay of senior Carlos Tejero, sophomore Yoni Pruzansky, junior Eric Grunden and senior Max Ramminger got the team started off on a high note taking 2nd in the event with a 1:25,47.In the 500 yard Freestyle, Pruzansky finished 10th with an outstanding swim and a National qualifying time of 4:49.51.

Sophomore Michael Bodzav finished 9thin the 200 yard Individual Medleywith a National qualifying time of 1:57.21, while Grunden and sophomore Felipe Bergh also qualified (11th and 12th place respectively). In the 50 yard Freestyle, Ram-

minger won the 1st place medal with a 20.72, while Tejero took 7th with a 21.70. Senior Jeff Reilly qualified for Nationals on the 1 Meter board (after coming up just points shy in his last two meets) with a score of 35620 for 11 dives, while junior Ian McNair took 2nd with a 476.20, and the 400 Medley Relay of Tejero, Grunden, Bodzay and Ramminger finished 3rd overall with a time of 3:31.98.

Day two fared even better for the team, with the 200 yard Medley Relay coming in 2nd (Tejero, Grunden, Bodzay and Ramminger) and Bodzay and Bergh both qualifying for Nationals in the 400 yard Individual Medley (4th with a 4:15.40 and 5th with a 4:19.27 respectively). Pruzansky finished 3rd in the 200 yard Freestyle with a National qualifying time of 1:43.36, and Grunden took 6th in the 100 yard Breaststroke with a 1:00.30, followed closely by freshman Billy Bafia in 8th with a 1:01.58. Ramminger took 9th in the event (59.02) while freshman Matt O'Rourke took 13th (1:03.63). In the 100 yard Backstroke, Tejero took 4th, while junior Matt Rosenfeld took 8th with a National cut (54.32) and senior Ryan Tapak took 15th with a lifetime best of 58.56. The 800 yard Freestyle Relay took 5th overall with a time

of 7:13.84 (senior Tomasz Chojnacki, Bergh, Bodzay and Pruzansky). On day three, Tapak destroyed his own personal best in the Mile, completing the event in 18:41.80 and taking 13th, while Tejero took 6th in the 200 yard Backstroke (1:55.20) and Rosenfeld took 9th with a National qualifying time of 2:00.30. In the 100 yard Freestyle Ramminger took 1st with a new meet record of 45.80, and Pruzansky took 7th with a time of 47.57. In the 200 yard Breaststroke, Grunden finished 3rd with a final time of 2:11.77 and Bergh took 4th with a National cut of 2:12.97. Bafia took 8th in the event with a 2:17.11 and freshman Dan Sommerfeld took 14th with a 2:23,10, Bodzav placed 4th overall in the 200 yard Butterfly with another National cut (1:57.76), McNair finished 2nd on the 3 Meter board for diving with a final score of 514.60, while Reilly finished 4th (339.25) and the 400 yard Freestyle Relay (Grunden, Pruzansky, Tejero and Ramminger) placed 2nd with a final time of 3:08.94.

The women's team overall qualified 4 individuals for Nationals in 8 events, as well as five well placed relays, taking 6th out of 13 teams. Highlight swims include the 200 Freestyle Relay (senior Andrea Zuniga, junior Aimee Dewante, and seniors Morgan Curran and Melanie Koto), which took 7th with a 1:45.26. In the 200 yard Individual Medley,

Dewante took 3rd and Curran placed 6th, each with National qualifying times, while the ladies 400 yard Medley Relay of Zuniga, senior Julia Duarte, Dewante and Koto took 4th over-all (4:09.89). On day two of the meet, the 200 yard Medley Relay placed 6th (Zuniga, Duarte, Curran and Koto), and Dewante took 2nd in the 400 yard Individual Medley (4:49.06). Koto placed 7th in the 200 yard Freestyle with a National cut (2:01.86), while Duarte placed 6th in the 100 yard Breaststroke, qualifying for Nationals with a 1:10.24. Curran took 11th in the event with a 1:12.62, and Zuniga placed 8th in the 100 yard Backstroke with a 1:03.95. The 800 yard Freestyle Relay (sophomore Abigail Maze, Dewante, Curran and Koto) took 3rd with a season best of 8:14.86. The final day of the meet saw Koto placing 13th in the 100 yard Freestyle (5 6.55) and Duarte taking 9th in the 200 yard Breaststroke with a National cut (2:34.67). Dewante placed 3rd in the 200 yard Butterfly also with a National qualifying time of 2:19.23, and the 400 yard Freestyle Relay of Maze, Curran, Zuniga and Dewante took 6th (3:47.23).
With just a week left in the sea-

the swimmers and divers who qualified will train their hardest to reach their peak performance level for the National meet, which will be held February 29th through March 3rd in Oklahoma City.



Photo by Melanie Koto

## Hawks Club Basketball

By Melanie Koto SPORTS EDITOR

Hawks Club Basketball has one game left to try and add an additional win to their losing record. On Sunday Feb. 12th the club faced Columbia College for the last time this season. The first half provided less than desirable results for the Hawks, ending with the team being down 31 points. Though the team was working together they could not make many shots or control the turnovers. At half

there wasn't much excitement at Keating gym.
As the second half began, all of that changed. The Hawks came out and played with more purpose than most expected to see. The team not only started making their shots but also got many defensive and offensive rebounds, avoided fouling and had a few steals more than normal. The Hawks new found teamwork and determination closed the lead Columbia had and brought the score within 6 points in the final minute. Stephen Huang, their leading scorer, was a big part of the Hawks comeback and the team

as a whole worked wonderfully together to give themselves one last chance at this win. Unfortunately the Hawks were un-

able to pull out the win. The time worked against them, and though they had stopped Columbia College from scoring the majority of the second half, they still couldn't prevent them from scoring entirely. The Hawks lost with a final score of 71-80 and though the loss was less than favorable it shows how much heart the players have in the game and how they never give up hope.

This weekend, Hawks visited Robert Morris University in Springfield for a tournament. The team lost the tournament but Trevor Townsend was the Tournament's leading scorer and Anthony Thurston the leading rebounder. If you haven't come out to see your IIT club basketball play, this is your last chance. The Hawks final game is this Thursday, Feb. 23rd at 7pm in Keating Sports Center. The games are open to all students and faculty of ITT. Shimer, and Vandercook. Admission is FREE. So come on out and support your Scarlet Hawks as they take on Elgin College for their final game of the season, and cheer them on to a final W'.

Athlete Spotlight: Morgan Curran



Name: Morgan Curran

Year: Senior

Major: Biology

Sport: Swimming

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Event(s):400/200 Individual Medley

Favorite thing about your sport: and the effect of The energy at the big competitions ergy

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Pre-race ritual: Dancing and jumparound to upbeat any

Favorite thing you've done on campus: I enjoy Welcome Week every year on the quad and the Renaissance Fair this year for Homecoming was a lot 🍙 of fun, and the We 3 Kings concert!

Tip(s) for success at your sport: Work hard • everyday and try to stay mentally positive because swimming is (at least) 90% mental. You need good friends on the team to 💌 keep you up when you start to feel down. 🕳

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