

More school records for Indoor Track and Field

By Erin Vincent

TECHNEWS WRITER

The Scarlet Hawks competed in the University of Chicago Duals this Saturday and continued to shatter school records. The women's team beat 7 of 10 teams, while the men's team beat 5 of 10.

The women's Field team was once again led by freshman Whitney Thiesen, tying for 1st among college athletes in the High Jump (1.53m) and setting a personal and school record in the Triple Jump with a distance of 9.93 meters.

Juniors Natalie Mitrovic and Jacqui Roche jumped well in the Long Jump with distances of 4.04 and 3.70 meters, respectively.

Mitrovic also led the Lady Hawks in the shot put (9.72m) followed by senior Emily Tilton with a PR (8.98m) and junior Alex Songer (6.04m).

Songer ran the 200m dash as well, setting a personal record with a time of 32.22 seconds. Junior Veronica Hannink had an ex-

cellent day, running a personal record 55m dash in 8.37s and placing 3rd in the 55m Hurdles (9.88s).

The 800m run saw many of the Hawks turning in good times, with freshman Abby Jahn running a school record 2:24.25 that was good enough for 2nd place, sophomore Jordan Kelch placing 4th with a time of 2:30.37, and seniors Erin Vincent (2:41.90) and Emily Kraemer (2:42.91) placing well in their heat. Junior Claudia Garcia ran a tough Mile race, finishing in 5:57.09.

The 3000m race found freshman Courtney Rouse setting a new school record with a 4th place time of 10:49.91, and senior Maddy Jensen and freshman Anne Crotteau running solid races with times of 11:23.62 and 11:35.79 (a personal record), respectively.

The women's relays also did very well for the team. The Distance Medley Relay ran a 4th place, school record time of 13:50.74 with Kelch in the 1200m, Kraemer in the 400m, Garcia in the 800m, and Vincent in the 1600m.

The 4x400m 'A' team set a new school

record while placing 4th in a time of 4:34.24 (Kelch, Kraemer, Hannink, Jahn) and the 'B' team (Jensen, Crotteau, Garcia, Vincent) also ran a decent time of 4:43.75, surprising a number of people.

For the men, sophomore Phil Cano set an impressive school and personal record in the 800m run, winning among collegiate runners in a time of 1:59.48. Teammates Wes Villalobos (senior) and junior Kenny Murphy weren't far behind, with times of 2:02.98 and 2:03.28 respectively. Freshman Craig Van Wieringen (2:14.45) and junior Brian Lyles (2:15.55) also ran the 800m.

In the Mile, senior Phil Theisen made a major breakthrough, setting a personal and school record with a time of 4:32.47, trailed by sophomore Andrew Montague with a 4:41.94, recently coming off of an injury.

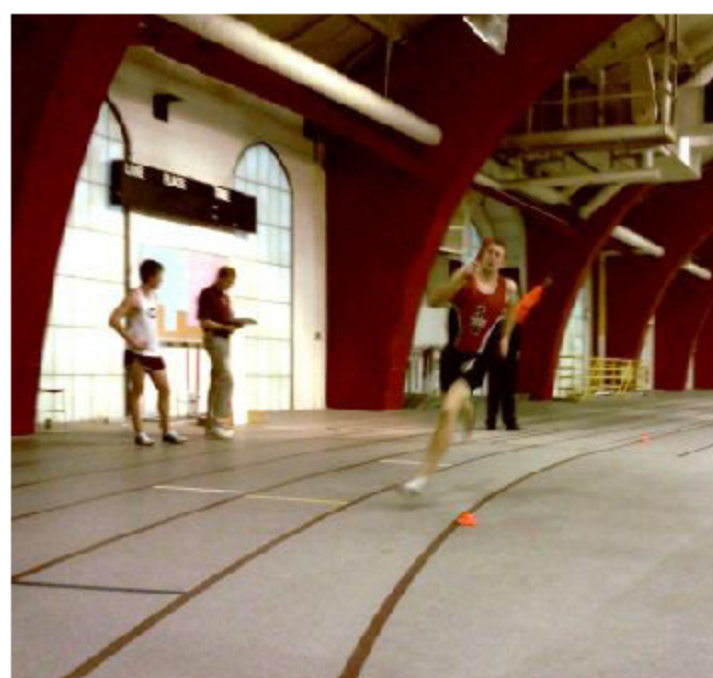
Freshman Colin McQuone also had a good race, completing the 400m dash in a time of 55.53 seconds. Junior Kevin Logan set a school record in the 200m dash, finishing strong with a time of 25.7 seconds. Junior Izzy

Radzik competed in the Long Jump, recording a distance of 4.51 meters. In the 3000m race, junior Brock Williams ran a time of 10:00.64, followed by a breakthrough performance from Peter Lau (10:44.50), and personal records for sophomore John Pasowicz (10:58.29) and junior Felipe Prada (10:59.36).

Junior Zach Gates ran a solid 5000m race, finishing 3rd in a time of 16:01.19. The men's Distance Medley Relay competed well, placing 5th in a time of 11:37.93 with junior Ethan Montague in the 1200m, Van Wieringen in the 400m, McQuone in the 800m, and Lyles in the 1600m.

The 4x400m relays were exciting to watch; the 'B' team (A. Montague, Thiesen, Van Wieringen, Lyles) posted a solid time of 3:46.73, but their school record was quickly replaced by the 'A' team's stellar performance of 3:39.39, accomplished by Cano, Villalobos, E. Montague, and McQuone.

The Hawks' next meet will be Saturday, February 4th at the University of Wisconsin-Parkside's Track and Field Classic at 10 am.



Photos by Erin Vincent

Illinois Tech Athletic survey: final day is today!

By Mike Vander Heyden

INTRAMURALS DIRECTOR

IIT is planning to transition our varsity athletics program

to compete in NCAA Division III.

As part of this plan, we are in the process of deciding what additional varsity sports should be added to our athletics program. We want to consider student

interest in this decision process. Please complete the varsity sports survey that was sent to your student email on January 10th.

We would like to know what sports you would like to see IIT include

in our NCAA athletics program. If you no longer have the email, please email Mike Vander Heyden at mvanderh@iit.edu to receive a new link to the survey. The survey will close today, Tuesday, January 31!

Swimming and diving grace NAIA Top 25

By Melanie Koto

SPORTS EDITOR

Last week NAIA posted the most recent top 25 listing for swimming and diving and many of the Scarlet Hawk swimmers and divers were spotted. Junior Yoni Pruzansky was listed for the 200 free (1:44.28) with an 8th place ranking. Junior Eric Grunden currently holds three top 25 spots, in the 100 breast (17th, 1:01.18), the 200 breast (10th, 2:13.26) and the 200 yard IM (18th, 2:00.75).

Senior Carlos Tejero made the listing three times as well with his highest ranking in the 200 yard backstroke (1:53.61) in 3rd place. Tejero's other listings were in the 100 back (6th, 52.48) and the 100 fly (24th, 54.35). Also making top 25 spots in the backstroke events were junior Matthew Rosenfeld (23rd in the 100 back, 55.45) and sophomore Michael Bodzay (14th in the 200 back, 1:58.75).

Bodzay also made top 25 in the 200 yard IM (1:59.50) for the 11th ranking, as well as 7th in the 400 IM (4:15.47). Junior diver Ian McNair is currently ranked 1st for both 1 meter and 3 meter (11 dives), while freshman Dane Christianson is ranked 3rd for 1 meter (11 dives).

The postings are smaller for the women's team, with only two placements on the

top 25, both in the 400 yard IM. Junior Aimee Dewante currently holds 15th (4:51.91) while senior Morgan Curran holds 16th (4:52.12).

However, upon further observation, the Hawks' most recent invitational (University of Chicago held January 13th and 14th) were not recorded for use in the top 25 listing.

Had the results been utilized, many of the Hawks previously listed would hold higher rankings, while a handful of others would have made the cut. In addition to the 400 IM, Dewante would have held 23rd for the 200 IM (2:18.61) and 25th in the 200 fly (2:23.75). Senior Julia Duarte would have been tied for 21st in the 100 breaststroke (1:11.96).

Senior Max Ramminger would have made the rankings in three spots, holding 6th in the 50 free (21.35), 10th in the 100 breast (1:00.23), and would have made for a three way tie for 9th in the 100 free (47.37). Bodzay also would have made an additional list in the 100 butterfly holding 22nd with a 54.07.

As the Hawks enter their championship season these rankings favor them to be highly competitive at the National Championship Meet. All of the Hawks' relays (both men and women) also place in the top rankings. The Hawks' final meet of the regular season will be held at home on Friday, February 10th at 4pm.

Athlete Spotlight: Aimee Dewante



Name: Aimee Dewante

Year: Junior

Major: Architecture

Sport: Swimming

Events:

400 IM, 200 IM, 200 fly, 200 breast, anything except backstroke or sprints.

Favorite thing about your sport:

I love the water.

What you like best about the fans at your meets:

I particularly like it when they show up.

Favorite thing to do on Campus:

Eat dinner with close friends

Best tip for anyone who wants to be great at your sport:

Learn to develop an innate rail sleeping pattern....of getting up early