



spring into wellness

FIRST ANNUAL

IIT Health & Wellness Fair

SATURDAY, APRIL 30, 2011

10 A.M. TO 2 P.M.

MCCORMICK TRIBUNE CONFERENCE CENTER

FREE PARTICIPATION

Health screenings, activities and discussions available:

- Blood Pressure
- Body Mass Index
- Breast Cancer Awareness
- Cancer Awareness
- Dental Care
- Exercise Routines
- Healthy Living
- Keating Athletics: Pilates and Yoga
- Massage Therapy
- Nutrition
- Organ Donation
- Physical Therapy
- Public Safety
- Self Defense
- Smoking Cessation

Contact Student Health Services at
student.health@iit.edu for more information.



ILLINOIS INSTITUTE OF TECHNOLOGY