CAMPUS

CMC's Leslie Anderson leaves IIT after 8 years. Pg. 5

OPINION

SexTech is back, and just in time to talk about Sex Week. Pg. 3

SPORTS

Sports Division switch imminent. What does this mean for IIT athletes?

Pg. 14

TUESDAY

March 29, 2011 Volume 170 | Issue 10

technewsiit.com

Student newspaper of Illinois Institute of Technology since 1928

Opinion 3-4
Campus 5-10
A&E 11-12
The Slipstick 13
Sports 14-15

V() WELCOME CENTER, MTCC

3.29.2011 | SGA Exective Board Elections

PRESIDENT



CAROLYN KOS

Carolyn Kos hopes to make the IIT experience enjoyable for all students by maintaining communication with students and faculty, so everyone has a voice. Kos wishes to focus on drafting a plan of what IIT needs to improve on within the next 5-10 years and hopes to have each committee work on a long-term goal that will bring about a lasting, positive impact. When it comes to leadership, Kos is hands-off, serving mostly as a guide and coming in only when necessary. She hopes to lead others by example and give senators and executive board members a chance to develop as people and leaders. Kos is currently in her third year in biomedical engineering and has been an SGA Senator, followed by holding office as VP of Student Life for the past year. Kos is currently serving as Vice President of Alumnae and Heritage and Philanthropy Chair of Alpha Sigma Alpha sorority. She has played an integral part on the Food Advisory Committee and has helped propose for Late Night Dining at IIT.

ELNAZ MOSHFEGHIAN



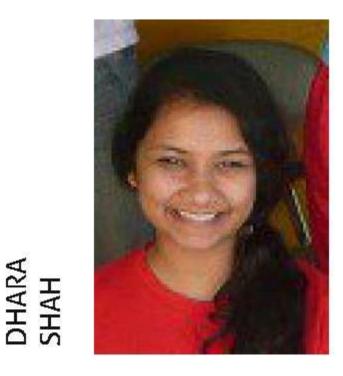
Elnaz Moshfeghian's main priority is to strengthen SGA from the inside out. She believes the toughest challenge SGA faces is being able to truly reflect the interests of the entire student body. However, by fostering a supportive, fun, and engaging environment, Moshfeghian hopes to empower and spread enthusiasm amongst senators working toward positive change. Moshfeghian's leadership experience includes serving as a Resident Advisor, team leader for Alternative Spring Break 2010, and Chair of the 7-Eleven Advisory Committee. Her main efforts are focused on continuing the progress on the Foreign Language Program, IPRO 2.0, Galvin 24/5, and unveiling UCal, a project she founded. Moshfeghian implements a more hands-on approach by pairing committee members with senators and making sure executive board members are adequately prepared to serve as an advisor and a guide to more resources.

SASANK BOMMIREDDIPALLI



Not present at the debates, Sasank Bommireddipalli is a mechanical engineering graduate student whose goals cover the purview of many different positions, including Finance Board Chair and VP of Communications. Bommireddipalli hopes to gather the opinions of the IIT community, implement the suggestions of the various colleges, and maintain transparency of the funds allocated to various student activities. A weak understanding of what the president's duties are is apparent, as no mention of previous SGA projects and specific plans for progress were made. More importantly, a vision for SGA's future was not communicated in a constructive manner. Lastly, completing his undergraduate studies elsewhere seriously limits his knowledge of the concerns and needs of undergraduates at IIT. While his determination and eagerness to work with fellow students toward change is clear, an ability to handle the many responsibilities of SGA president was not evident in the candidate profile.

EXECUTIVE VP



Dhara Shah wasn't able to make it to the debates, but took the time to record a video to make her case. Though she is running unopposed, we appreciated the chance to hear more about her ideas. Thanks to her time leading Engineers Without Borders, she has a strong background of executive experience, and she's also been heavily involved with Haiti Outreach and Kappa Phi Delta. Her primary goals for the Executive VP position would revolve around SGA senators - running meetings effectively, helping senators develop, and running workshops. She also wants to use the position to follow up on Students Speak survey results with departments on behalf of students.

VP ACADEMIC AFFAIRS



JOVI OVHORI

Jovi Ovhori's main priority is bettering the relationship between students, their advisors, and the CMC. He is currently the Academic Excellence chair of NSBE, is on the board of the African Student Organization, and involved with RHA. He's passionate about getting students more interested in excelling academically, as well. His top priorities would be to continue the committee's work on the foreign language program, make all lectures available online both in video and downloadable pdf form, and working with the ARC to make old exams available to students as a learning tool.

Ovhori was at an NSBE conference at the time of the debates, so unfortunately he wasn't able to expand on any of his ideas with concrete plans. AUSRINE RAKAUSKAITE



Ausrine Rakauskaite, a second-year CAE major, has been involved in organizations as diverse as NSLS, IIT's Badminton Club, and the Commuter Students Association. Her overriding concern for the Academic Affairs Committee is obtaining feedback from students and academic departments to identify the academic issues most important to students. She also wants to test a fixed syllabus at IIT - requiring professors to have lesson plans and exam dates finalized before the start of any given semester.

At the debates, connecting students with the academic and career resources available to them on campus was a priority for Ausrine. We were a little concerned, however, about the lack of any mention of the Students Speak results for academic departments, and the CMC Advisory Board.

FINANCE BOARD CHAIR



CHUKWUDI

Chukwudi Ilozue wasn't able to make it to the debates due to the National Society of Black Engineers conference. He's currently Treasurer of that organization and as part of his position has raised \$25,000 in funds (a record for IIT's NSBE). He's also the VP of Finance for the African Student Organization and on the RHA Housing Committee. He's running for Finance Board Chair due to his interest in finance management. His chief concern for Finance Board is equality in the distribution of finances for all organizations. We wish we had been given the opportunity to get more details on his plans for the position to provide a better evaluation of his candidature.

BERNIE MENDEZ



Bernardino Mendez is an experienced candidate, having already served on Finance Board for two years. He's very familiar with the proposal process, and one of his main priorities is to get rid of the red tape involved. He wants to make sure that no one is denied funding because of a technicality, but would like to see more detailed follow-up budgets. He sees this position as being a facilitator between SGA, student orgs and OSL. Mendez said that he always looks for accountability when considering a proposal, reviewing the bylaws and guidelines frequently. He didn't specify other possible funding criteria. Overall, he would bring significant experience and a focus on the process and inner workings of Finance Board to the position, but his vision for fund allocation remains unclear.

TechNews

STUDENT NEWSPAPER OF ILLINOIS INSTITUTE OF **TECHNOLOGY SINCE 1928**

McCormick Tribune Campus Center Room 221 3201 South State Street Chicago, Illinois 60616

editor@technewsiit.com Website: http://www.technewsiit.com

TECHNEWS STAFF

Editor-in-Chief Assistant Editor IT Manager **Business Manager**

Karl Rybaltowski Sand Ip Piyush Sinha Piyush Sinha

Campus Editor **Campus Editor Opinion Editor A&E Editor Sports Editor**

Art Editor

Ryan Kamphuis Utsav Gandhi Vlada Gaisina Becca Waterloo Graeme Port

Layout Editor Layout Editor Adin Goings Vikram Ramanathan Hannah Larson

Financial Advisor Faculty Advisor

Vickie Tolbert **Gregory Pulliam**

GENERAL INFORMATION

TechNews is written, managed, and edited by the students of, and funded in part by, Illinois Institute of Technology. The material herein does not necessarily reflect the opinions of Illinois Institute of Technology or the editors, staff, and advisor of TechNews. There will be no censorship of TechNews publication by the faculty or staff of IIT. Sole authority and responsibility for publication and adherence to the values set forth in this policy rests with the TechNews staff. This paper seeks to bring together the various segments of the Illinois Tech community and strives through balance and content to achieve a position of respect and excellence. TechNews strives for professionalism with due respect to the intellectual values of the university and its community. All material submitted becomes the property of TechNews, and is subject to any editorial decisions deemed necessary.

SUBMISSIONS

TechNews is published on the Tuesday of each week of the academic year. Deadline for all submissions and announcements is 11:59PM on the Friday prior to publication. Articles, photos, and illustrations must be submitted electronically to the TechNews websiste at technewsiit.com.

EDITORIAL POLICY

The editors reserve the right to determine if submitted material meets TechNews' policy and standards.

LETTERS TO THE EDITOR

Letters to the editor may be submitted by anyone, but are subject to review by the editor-in-chief. All letters-to-the-editor become the property of TechNews upon submission. TechNews does not accept or publish anonymous letters.

ADVERTISING

Legitimate paid advertisements, from within or outside the IIT community, which serve to produce income for the paper, are accommodated. TechNews holds the right to deny any advertisement unsuitable for publication. Media Kits are available upon request. Ad space is limited and is taken on a first-come, first-serve basis. Contact the Business Officer at business@ technewsiit.com for more information.

LOCAL ADVERTISERS

To place an ad, contact us via email at business@technewsiit.com.

NATIONAL ADVERTISERS

To place an ad, contact Mediamate at orders@mediamate.com

CLASSIFIEDS

To place a classified ad, contact us via email at business@technewsiit.com.

VP COMMUNICATIONS





Nathan Wicker's main priorities are to continue IIT scheduling evaluation and improve the SGA website so that progress of projects can be constantly updated and be tracked by the student body. Wicker is in his third year, majoring in Mechanical Engineering, and has served as a senator on the Communications Committee since Fall 2010.

At the debates, Wicker further emphasized his experience with improving the SGA website (including his plans on utilizing it more than it is already) and his work on scheduling. Tech News would have liked to hear more from him on other possible ideas for Communications, especially given the expanded role the committee has taken on in the past year.



Kelly Lohr has been involved in the Kappa Phi Delta sorority as Secretary, has been an RHA Housing Chair, held multiple executive positions in Material Advantage, and is founder and President of Coffee Club. Lohr wants to take on the implementation of UCal, create a permanent forum for students' concerns about the university, and publicly post up-to-date minutes on all SGA meetings to the organization's website to promote transparency.

During the debates, Lohr proposed that when multiple committees work together on projects, they should be under the wing of Communications to ensure that these crossover initiatives can be handled efficiently. Beyond this, though, she offered less concrete plans for the implementation of the changes she would like to see.



RANI SHAH

A first-year student, Rani Shah has nonetheless been heavily involved on campus. She participated in Alternative Spring Break this year, is a member of Tech De Fateh (IIT's bhangra dance group), and has been on the SGA Communications Committee. Her goals include making faculty and staff members easier to contact and ensuring transparency in all that SGA does.

During the debates she pointed out that when it comes to projecting an image, SGA could learn from other student organizations. She also emphasized the importance of branding, pointing out that students aren't aware of all the initiatives SGA has been involved in. One plan she has is to separate the interests of different group of students to better represent the opinions of all.

VP STUDENT LIFE



Daniel Kelly's got a lot of campus experience under his belt - a semester as SGA senator, involvement in Phi Kappa Sigma, and being part of the Student Gift Campaign are good examples. Better yet is his current position as President of Greek Council. His main goal? Tackling the "self-perpetuating negative stereotype that IIT has."

An interesting point brought up by Kelly at the debates was that the function the MTCC fulfills at IIT differs from that of student union centers at other universities, followed by the need to bring that function more in line with student needs. His responses mostly emphasized character - a good campaigning technique - except that this left little room for ideas, vision and plans for the role of Student Life VP.

COKUL



Gokul Butail has served on the Student Life Committee and is a board member of ISO and ASME. He has also worked with Rotary International in helping teach computer basics to underprivileged children. But his ideas for campus are where he really makes his mark. He would like to see more public safety officers deployed at odd hours in near-campus areas where IIT students live. He would also like to see healthier and more affordable campus dining options.

One of Butail's ideas that impressed Tech-News at the debates was to rent out empty rooms in the dorms, hotel-style, to commuter students (for example, to alleviate the added stress of commuting during finals week). Another was holding a common meeting of student leaders to promote cooperation and allow the organizations to program more events together, "saving the school a lot of money."

MEGAN CHRISTENSON



On top of her work as a senator in the Student Life Committee, Megan Christenson has been involved with the Food Advisory Board, Kappa Phi Delta, EWB, IVCF, BMES and the Honors Medical Society. She is focused on improving IIT's shuttle bus service (for those who commute from Lake Meadows or Prairie Shore, for example), continuing improvements to on-campus dining, and ensuring the relocation of the commuter student lounge to a better space.

At the debates, Christenson focused on her plans to make SGA able to help with all student complaints and getting students more involved with dining options on campus. She also explained the need to ensure as diverse a group of student organizations as possible, pointing out the recent approval of a Magic: The Gathering group by SGA as a positive step.

UB's transition and updates

By Angela Ng

UNION BOARD PRESIDENT

On March 21st, the Council of Elders made up of outgoing executive board members, student leaders, and professional staff - selected the members who will run Union Board for the 2011-2012 academic year. The executive board will be made up of Miriam Schmid (President), Alicia Perez (VP of Internal Affairs), Aditi Kumar (VP of Finance), Akshar Patel (VP of Marketing), Vince Poczekaj (VP of BOG), Edward Chiem & Archana Singh (VPs of Impact), William Fox (VP of Scarlet Fever), and Mansi Patel (VP of External Affairs). The only new position is VP of External Affairs, who is in charge of outreach to IIT student organizations.

This past year, the executive board has tried to reach out to other student organizations in hopes to co-sponsor or lend a hand when it comes to publicity or funding. It has also tried to heavily promote its website (ub.iit.edu) which is open and free to all organizations to publicize their events. Since the re-design of the website at the beginning of Spring 2011 semester, there have been over 3,500 visits! The change of ticket sale process (from on the MTCC bridge to online) has helped with the increase of visitors. The use of this website will drastically change as IIT switches to Gmail

next year and SGA's University Calendar will be in the spotlight for knowing what is happening on campus in all areas of student life and academics. Publicity has been a huge focus as UB bought a full page ad in every TechNews issue since August 2010 to promote any (UB or non) events on our website. UB wants to help students get out of their rooms and have fun; it does so by programming social events and also getting the word out about other events or financially helping out. UB is a place to go when an IIT student has crazy ideas and wants to see something done about it or to get some support. Many UBers have learned a lot through programming (public speaking, time management, handling large budgets, contacting vendors) and some have gotten the opportunity to become a student leader in charge of a committee.

Many thanks go out to all the members of executive board of 2010-2011: Mukarram Amine, Mia House, Clay Houser, Kaycee Kenney, Aditi Kumar, Christie Noonan, Kaleo Pedrina, Alicia Perez, Miriam Schmid. I, as outgoing President of Union Board, have led a great group of students including the dedicated programmers & designers who complete UB. The list of programmers is rather long, but they have planned events such as musicians, hypnotists, and IIT IDOL in the BOG; Homecoming Carnival and Dance; Blue Man Group;

ski trip in Wisconsin with ISO; Chinese New Year event in MSV; Spring Formal; board game nights in Center Court; Harry Potter 7; Bulls/ Sox/Cubs games; MTCC Late Niite; Mardi Gras Party with CCM; school spirit support at varsity athletic games (Scarlet Fever)...to name just a few of the nearly 30 Impact, 18 BOG, 14 Scarlet Fever, and 6 co-sponsored events that have occurred this past year.

I have had a wonderful time and memorable experience being part of UB for the third year in a row. There have been ups and downs, but I thank those who have stuck by and made UB amazing with their support and hard work. I am so proud of all the UBers who have helped out and I cannot wait to see the changes the new executive board will make next year. If you want to be involved with UB next year, you can! Apply to be a programmer or publicity designer at tinyurl.com/ubprogrammerapp11-12 (application opens today and closes on February 5). If you have any questions about this, email us at ub@iit.edu.

So come out to UB's meeting in MTCC Auditorium TODAY at 1 pm to see the executive board and get some free food too plus FREE April 19th Cubs game tickets! The transfer of power will take place on April 5 at the UB's general body meeting (time and location mentioned above) and lunch and free Cubs tickets will be provided!!!!

ASB betters world, encourages service learning

By Becca Waterloo **A&E EDITOR**

IIT is well known for its acronyms: MTCC, CIC, CMC, E1, OSL, IPRO, etc. The acronym that's been dear to my heart for the last three years is ASB: Alternative Spring Break. If you haven't figured it out yet, Alternative Spring Break gives members of the IIT community the opportunity to travel across country and dedicate their spring break to a service trip. The intention is to volunteer through Habitat for Humanity, building houses and hope for those that are less privileged.

You've supported ASB through numerous fundraisers, whether it was a plate of spaghetti, a drink (or a couple) at Rocky's College Night, eating Krispy Kreme donuts, getting your presents wrapped at Borders during the holi-

days, or getting your car washed. You helped students and staff members get to Alabama, Georgia, and recently to the Bay Area in California. On behalf of ASB and myself, I want to thank you.

To understand your impact, consider that you've given me the opportunity to travel on three different spring breaks to dedicate my time and passion to those that really need the attention and commitment from humanity. In my opinion, IIT trains us as individuals to work hard and efficiently. We're workaholics and can get anything done in a short amount of time. That's where IIT's reputation has its roots. I've seen proof of how hard-working we are when students from different majors and disciplines apply their skills to improve the world through ASB. On past trips, our groups

alone have set the production mode two weeks ahead of schedule on some Habitat projects, and made serious impact just after one day of work through small tasks and heavy lifting. In the long run, these housing developments have completely transformed plots of "unusable" land into safe neighborhoods for children to play in. Everyone deserves the feeling of safety. I've also seen past ASB members have earnest conversations with residents of homes they volunteer in. To see two worlds colliding with each other is such a heartwarming feeling. At the time that I am finishing my final year at IIT especially, coordinating the trip and having it under my belt gives me a great feeling, knowing how many lives I've affected this past year and in the last three as a volunteer.

I want to encourage you to take part in

service work. Whether it's through ASB, other events the Service Learning department holds or opportunities you take outside of campus. You may not see the results immediately when you're pulling all-nighters or writing papers, and wondering what exactly you ought to be doing with your time, but immediate results and feelings of accomplishment come from these types of service projects.

We've decided to expand ASB, and we're in the middle of conversations to combine and create an ASB Chicago and ASB Continental. This will give more people the opportunity to use their spring break to better the world, whether they're across the country or down the block. Stay tuned next year to learn what ASB and Service Learning have in store for you to make a difference.

Vis-à-vis: Dissecting the GOP's plan for Planned Parenthood



By Vlada Gaisina **OPINION EDITOR**

The buzz surrounding the Pence amendment passed by the House of Representatives last month has died down, as the voting date on the spending bill has been pushed back. Controversy arose from the fact that the amendment prevents Planned Parenthood and 102 affiliated organizations from receiving any federal funding. Proponents of the amendment argued that it was unfair to use taxpayer dollars for abortions, while opposition has criticized the bill for targeting a specific group and waging a "war on women." Among the politically charged commentary that the media has adopted, it's hard to sort out the facts from the opinions. But, especially with a sensitive issue like this one, getting the full picture is increasingly important.

A reasonable question to ask is why Republican leaders are so intent on anti-abortion legislation, when in their election campaigns they promised to focus on job creation and curbing the deficit. It was stated that stripping Planned Parenthood of funding is a cost-cutting measure, which is why it was proposed as an amendment to the spending bill. However, its relative magnitude is microscopic, compared to the federal budget. According to Pence, PP receives \$363 million per year from the US Government – a sum that might seem substantial, but actually comprises less than 0.01% of the \$3.8 trillion budget.

"Well, you have to start somewhere, you can't just vanish the entire deficit," the counterargument goes. Yes, sacrifices are necessary.

But I'm willing to bet that Pence's amendment would have caused less of a fuss, had it been accompanied by cuts to government salaries, caps on bonuses, lower tax cuts, a decrease in the defense budget, etc., etc.. People tend to be a lot more amenable to an unfavorable change, if they feel like they are getting something in return.

Moreover, political columnists have stressed that the only feasible way to remedy the deficit is to both cut spending and increase tax revenue, requiring some compromise from both parties. Since Pence offered no such olive branch, his and his supporters' efforts remain to be interpreted as anti-choice agenda, rather than an honest effort to eliminate the deficit.

The last part of the argument that has been actively discussed is the notion of it being immoral to make people pay for something they find "morally reprehensible." There are a couple of issues with that argument. First, the use of federal funds towards abortions can be effectively barred by exercising the exiting Hyde Amendment on government allocations. Second, abortion services constitute only 3% of Planned Parenthood's budget, while the rest is spent on cervical and breast cancer screenings, STD tests and treatment, subsidized birth control and comprehensive sex education programs, among other things.

So, cutting federal funding would mean taking these essential health services away from 48%, or approximately 1.4 million people who use Planned Parenthood. Considering that in 2009, 3/4 of the women served by PP lived at or below 150% of the federal poverty line, this legislation negatively targets not only a specific organization, but also a specific income-level group. Yet, somehow, no moral issues are raised on that account.

There are a few other questionable aspects to the Pence amendment. For example, it is extremely short-sighted, in that a cut to an organization providing sex ed programs is likely to result in more unintended pregnancies in the future, and ultimately cost the system more in public aid programs. Nancy Gibbs, a TIME columnist writes, "The Guttmacher Institute estimates that for every dollar invested in Title X – specifically for contraceptive care – taxpayers save a little under \$4 in Medicaid costs for mother and baby just in the first year. Title X prevents about a million unintended preg-

at Planned Parenthood, it kills Title X, cuts money for prenatal care, slices \$750 million for nutrition for mothers and infants, and takes a billion dollars away from community health clinics. Harris-Perry's column from March 3, 2011 reads, "...cuts to family planning services and the legalization of terror against abortion providers would create an environment of compulsory childbearing. Women who can't control their fertility will be unable to compete for degrees or jobs with their male counterparts.

Likewise, without affordable childcare

w o m e n would be less likely to work outside the home." Although Harris-Perry's take sounds a bit like a conspiracy theory, I think she is right to point out that GOP legislators (who are known as the party of the white rich male) are ex-



nancies annually, of which about half would likely end in abortion."

Additionally, a theory has been proposed by Melissa Harris-Perry, Princeton professor and a columnist for The Nation, treating the amendment as part of a larger Republican effort to undermine women and push them out of the public sphere. It is worth noting that the GOP spending bill does not only take shots

tremely likely to overlook the effect of their actions on the plight of women, if not downright purposely ignore it.

While I know this argument is unlikely to change the mind of a staunch pro-lifer, I urge everyone to take a hard look at what the Republicans are doing - and recognize that it's not just about abortion or Planned Parenthood.



Sweet Pseudonym SEXTECH EDITOR

It's my pleasure to hand over the responsibility of answering all of your burning (ha) sex questions to a multitude of new people this week. And the reason for that? Sex Week 2011 is here!

Sex Week 2011 is a week (which started this past Monday, and will go until this coming Sunday) that aims to create a campus environment where open talk about sex is

It's a bunch of events involving a ton of

different speakers that aim to make it fun and easy for you to communicate with each other about sex. You may be saying that's crude, and calling it unnecessary, but I would have to wholeheartedly disagree.

My entire ethos about sex revolves around open communication. When you aren't communicating, you probably aren't having fun, and if you aren't having fun, why are you having sex? Sex should be one of the most pleasurable acts that you get to commit in any given day, week, year... and if isn't, that needs to change.

You should be able to tell your boyfriend that you want him to spank you while you're having sex! And he should be able to tell you how many partners he's had without feeling guilty. Sex Week is all about opening your mind and mouth and committing yourself to communicating about sex.

On an even more serious note, it's also very likely that if your partner(s) and you

aren't communicating, then you aren't being safe. Studies have shown that a campus environment that promotes open sexual communication is likely to suffer much fewer instances of sexual assault. And you know what? I would say that alone makes Sex Week a worthwhile event on IIT's campus.

There are going to be events every day, usually at both lunchtime and dinner. They'll range from "BDSM 101," presented by sexologist Sarah Sloane Wednesday night at 9 p.m. in Perlstein 108, to a workshop about communication in relationships, led by Dr. Jean Tzou from IIT's Counseling Center on Friday during the lunch hour in the MTCC Executive Conference Room.

There will also be queerer events, like tonight's 7 p.m. "Bi-curiosity" workshop with sexologist Laura Clair in the MTCC Executive Conference room and Saturday's "Being LGBT and Dealing with Sex" workshop at 6 p.m. in the MTCC Executive Conference

Other groups are also hosting events within the framework of Sex Week, most notably GLAM's "In Good Conscience" screening and speaker from 7-9 p.m. on Thursday in the MTCC Auditorium.

The whole week is going to culminate in keynote speaker Megan Andelloux's "Oh oh oh! Female Orgasm," at 3 p.m. on Sunday in the MTCC Auditorium. There will even be free giveaways and a raffle!

The main point is: GO. Inform yourself, meet cool people, and get awesome free stuff. And if you can't stop by to an event, at least check out Feminists United on the MTCC : Bridge during lunch this week. They'll have free condoms to give away, along with tons of information!

For more information, email iit.feministsunited@gmail.com or just check out "IIT Sex Week" on Facebook.

Egypt from an insider's perspective: Waiting...

By Sara ElShafie

TECHNEWS WRITER

This week, we continue to share excerpts from Sara's blog http://asandstorminbastille. blogspot.com/, describing her experience amid the recent Egyptian Revolution.

Friday, January 28, 2011

7:00pm

Still no word from Mubarak. We're all awaiting his speech.

We are all praying that these demonstrations will end in Mubarak's removal. At this point, the protesters won't stop until he's gone. God forbid he should try to hand power to his son. The city would literally be in flames.

Lenah remarks that no one anticipated that the demonstrations would reach this point. This is the biggest event in Egypt in 33 years.

Amu Ayman says that this is only the third time for the army to enter the streets in 60 years. It happened in '77 with the Bread Riots, and it happened in '86 when the government tried to make obligatory military service 5 years instead of 3 and the young men of the country took to the streets in protest.

I am shocked to hear that there are still police in the street *shooting people*. They have truly lost their minds. They've turned into rabid animals. I wonder if the army will have to call them off or even remove the police themselves.

Half a million protesters reported in Alexandria. Several police stations have been set on fire in Cairo.

8:00pm

The situation is getting worse. The city is out of control. Apparently the police have retreated from the streets, but the army has been in the streets for two hours and they haven't done a damned thing to control the situation. Someone just robbed a bank in Tahrir. A famous movie director came up to a camera and begged the soldiers to protect the Egyptian

Museum from being robbed too.

No way to know if the looters and violent people in the streets are protesters or government people creating chaos to threaten the protesters...

Just announced that people have broken into the Television headquarters. This is exactly what we feared. If they take over the TV tower, they could cut TV reception for *the entire country*. Then we will REALLY be in crisis. The TV networks are our last outlet. Without them, we have no way of knowing what's going on...

The curfew has officially been extended to *all of Egypt*, including Sinai. However, it is not helping to calm the violence.

...I can't even keep up with my thoughts. The news networks can barely keep up with the events either.

8:30pm

Gamal and Ala' Mubarak have left the country, and still no word from the Coward in Chief Hosni Mubarak. Mark my words, this is the end of the Mubarak regime. I am *so proud* to be here to witness the day of Egypt's independence!

8:45pm

The country is in flames. The country is completely out of control.

People are looting stores and carrying merchandise in the streets. Fire has been set to the National Democratic Party headquarters, the Cairo Trade Center, and a hotel which has not been identified.

Soldiers are guarding the Egyptian Museum and the TV tower. Thank God.

10:00pm

[Dad] assures me that, despite the striking appearance, this is *peaceful* demonstration. He is actually *amazed* and so impressed with the Egyptians and how beautifully they have handled it thus far. He has seen demonstrations turn violent very quickly, back in his activism days when he was my age. This is not a civil war. This is not sectarian violence. This is

Egyptians fighting the government. They will not raze the country to the ground. They are protecting the country. They are attacking the government only.

The news is all over US news networks, and CNN is covering the events by the minute, and they're based in Europe. When the US heard that the government cut the internet they were *shocked*. No government has EVER

cut the internet to an entire country. This was the first major message that the government has crossed the line and is panicking and is finished!

We're waiting to hear from the White House...

To be continued...



CAMPUS

The energy side of sustainability

By The Office of Campus Energy and Sustainability

Campus maps prior to the year 2000 depict a different IIT than we see today - underdeveloped and outdated. The campus today has a new look, a new atmosphere, and a new challenge to match. IIT has engaged students, faculty and staff in campaigns to recycle, reduce energy use and increase use of alternative transportation. In order for this to happen, IIT must create a new culture of sustainability within the community and administration and implement sustainable energy solutions that allow IIT to meet the energy reduction goals of the Campus Sustainability Plan. IIT will follow a clear progression to improve energy use on campus, beginning with building efficiency, while adding alternative and on-site sources of energy as they make sense.

IIT must first improve facility energy use to make the campus more sustainable. All building systems that use and deliver energy need improvement, as does the manner in which all IIT community members interact with energy. IIT's Facilities department has begun to retrofit lighting fixtures and introduce building automation systems to improve efficiency. To do their part, campus occupants need to reduce energy use and follow campus policies by turning off equipment and lights when not needed, eliminate unnecessary pieces of equipment (like old printers, computers and lab equipment), and engage building operators as to opportunities that will give them more control

over their energy use.

The idea of sustainable energy was intro-

duced to IIT about 60 years ago. Today new ideas move from research and academics to operations as a matter of common practice. Projects like the Smart Microgrid (a joint project of IIT operations, the Galvin Center for Electricity Innovation and WISER), renewable vehicle charging stations, and battery storage highlight the implementation of IIT technologies and solutions in a Living Laboratory. These initiatives help to solve real campus issues, like the new metering project that will monitor energy use in each building, giving operators and occupants real-time information to help drive innovation and performance. The future could bring large solar, photovoltaic, and geothermal systems to cam-

The historic nature of the campus presents a unique challenge for IIT as it seeks to improve energy utilization. Staff, faculty and students need to get creative in finding new solutions and using technology to meet these challenges. In just a few years, IIT has made a "quantum jump" in changing its mindset toward becoming more efficient and sustainable. With this momentum, and new technologies, another jump will come. Dr. Hamid Arastoopour, Director of WISER, believes that becoming sustainable does not just present a problem that requires a solution, but a new cultural shift: "We're a university; smart and creative. We need to look outside of the box. We need to make the quantum jump.

Sustainability is not one thing. It's everything."

Find out more about IIT energy initiatives and learn more about the IIT Campus Sus-

tainability Plan at

http://www.iit.edu/campus_sustainability.



Information Session

The Career Management Center is excited to be hosting an Information Session for Hegemony Consulting Group on March 29, 2011.

Hegemony is an advanced network of IT professionals that serves its clients in the areas of full lifecycle application development and systems integration by providing the technically talented resources our clients need when they need them

Hegemony was founded in 1995 as a software development and technical integration specialist. Hegemony, which by definition means "preponderance of influence", is in the business of continuously seeking out the resources, tools and talents needed to positively influence the information-technology industry.

Hegemony Consulting Group is currently hiring for Computer Science, Software Engineering, Network Engineering, Information Architecture, Computer Engineering, and Electrical/Computer Engineering!!

MUST BE A US CITIZEN OR PERMANENT RESIDENT

1st session: 4:00pm - 5:00pm in Stuart Building Rm 104 Aud 2nd Session: 5:30pm - 6:30pm in Stuart Building Rm 104 Aud

Stop by on March 29, 2011 to learn more about what they can offer IIT students and alumni!

Call 312.567.6800 to RSVP for the webcast link

Food will be provided.



CMC's Leslie Anderson bids adieu to IIT after 8 years

By Utsav Gandhi
CAMPUS EDITOR



For many IIT students, getting a job ranks very high on the wish list. Co-ops, internships, even small openings on campus that have nothing to do with a particular major are highly sought after by students of all ages and nationalities. If you have taken the effort of visiting the Career Management Center to either fine-tune your resume, or to seek help with a particular job application, you probably recognize the lady smiling in the picture, even if you can't recollect her name. Leslie Andersen has for the past eight years served as an advisor at the CMC, specializing in as many as nine different majors, and provided innumerable students invaluable help in pursuing jobs and careers - rendering her as someone not many students who have been fortunate enough to receive her guidance are likely to forget for a long, long time. During her time at IIT, Leslie has conducted workshops on job search strategies and skills and has developed special career management programs in collaboration with other departments. It was with bittersweet pleasure that the CMC bid adieu to Leslie as she left IIT to accept the position of Assistant Director at the Harris School of Public Policy Studies at the University of Chicago where she will continue to serve students in career services. Everyone who knows her would probably join me in thanking her for all the kind advice that she gave in an always-spirited, enthusiastic demeanor and wish her all the best in her future endeavors. I had an opportunity to ask her a few questions on her penultimate day in office.

My first question is kind of obvious – what are your feelings at this point intime?

Well, I know for sure I'm definitely going to miss a lot of students who I've built relationships with over my time here at IIT. My experience has been incredibly rewarding – and I've also loved working with colleagues all over campus in different departments.

8 years is a long enough time to form some great memories. Do you have any special recollections to share?

Bollywood Night! Really, that was unforgettable!

On a more serious note, it was actually this one experience that comes to mind. It was the first day of classes one particular year, and as I was walking around campus, I noticed this student who was obviously new to IIT – nervous, hesitant - trying to find his way around the buildings. I remember walking up to him and helping him out. Today, he's at a co-op in a big institution and it's incredibly rewarding just to see this transformative experience – which is really what I love about my job.

How much has IIT really changed over the years you've been here?

Well, physically it has, quite a bit! What I appreciate the most is the effort towards sustainability, and the many new programs that have been introduced, opening up new opportunities for students.

Any final message for students?

As I always say, never think twice about following your dreams! Go confidently on the path you want to choose. Even if you can't seem to figure out a particular goal or dream, it's okay to lose confidence – as long as you made a sincere attempt to pursue what you really want to do. It's important also to develop a network of people who might help you in times of need – and sometimes it's only through a failed attempt that you get to expand this network. You should be open to new experiences – because learning about yourself and your dreams is a constantly evolving process.

Financial aid packages available

By The Office of Financial Aid

Financial aid packages are now available online for students who have completed a 2011-12 FAFSA. Students can view their package and outstanding requirements on the MyIIT portal on the Finances tab. Scholarships for 2011-12 will be listed on student accounts in the Offered status instead of the Accepted status. Students are required to acknowledge the scholarship amount and accept it on the MyIIT portal themselves, just like federal

loans and federal work study. For students selected for federal verification, a financial aid package will not be available to view until required documents have been submitted, reviewed and satisfied by the Office of Financial Aid.

Selected students will be notified via email by the Financial Aid Office beginning this week and continuing as we receive FAFSAs for 2011-12. All questions can be directed to the Financial Aid Office at finaid@iit.edu or 312-567-7219. We are open Monday - Friday from 8:30am-5pm.

International Corner



Help shape diversity at the Unity Banquet

By Teresa Moreno

ASSISTANT DIRECTOR OF WOMEN SERVICES

The Student Center for Diversity and Inclusion is kicking off a new program, the Unity Leaders at the 2011 Unity Banquet. Unlike ever before, the Center, along with the University, is supporting students as they take reins on how to uplift diversity on IIT's campus. The Unity Leaders Program, which gets its official kick-off during this year's Unity Banquet, allows students to take action and voice how they envision diversity on their campus. With institutional support and resources, students propose and create a program to heighten and showcase diversity through one of the following categories: Culture, Leadership, Research and Respect. These student-led projects, while

unique, lead to a collective contribution made by students to add to the rich vibrancy of IIT.

Students can work as student organizations or unaffiliated teams to propose and bring a unique program to campus. The unveiling of the program, which will include more details about how to propose and what the program is about, will be shared at the Unity Banquet.

The Student Center for Diversity and Inclusion hopes that you can join them as they introduce this new program. The 2011 Unity Banquet will be held on April 14 in the Hermann Hall Ballroom with the reception at 5:00 p.m., dinner and the program at 6:00 p.m. and the after-party beginning at 7:30 p.m. There is no cost to students to attend - one only needs to RSVP by Monday, April 11 to scdi@iit.edu.





Please Note: All attendees must be in business casual attire.

Interfaith discussion tomorrow night

By Alex Miller

STAFF WRITER

At 6:30 p.m. on Wednesday, March 30, students from most faiths represented around campus will gather for an interfaith discussion with representatives from each of the five major faiths represented on campus. With speakers representing Christianity, Islam, Judaism, Atheism, and Buddhism, the hope is that students will leave the presentation with a more well-rounded perspective on each of the belief systems.

Set up as an academic lecture, each speaker will start the night with a five-minute presentation on the basics of their religion. Each religious representative will then discuss the basic tenets and sects of the religion. There will also be discussion about the relationship between religion and science. The night will end with the opportunity for the audience to ask questions.

"While it's being called an 'Interfaith' panel, I think its more of an 'Interreligion' panel. While 'faith' is a very subjective experience, this panel is attempting to present an objective, educational opportunity for the IIT community to learn more about the different religions practiced by students on this campus," remarks Erin Jones, the representative for Hillel. She stresses, as do the other organizations, that the event is not meant to be a debate between the religious associations, but instead a productive event with the intention of educating each other about the differences

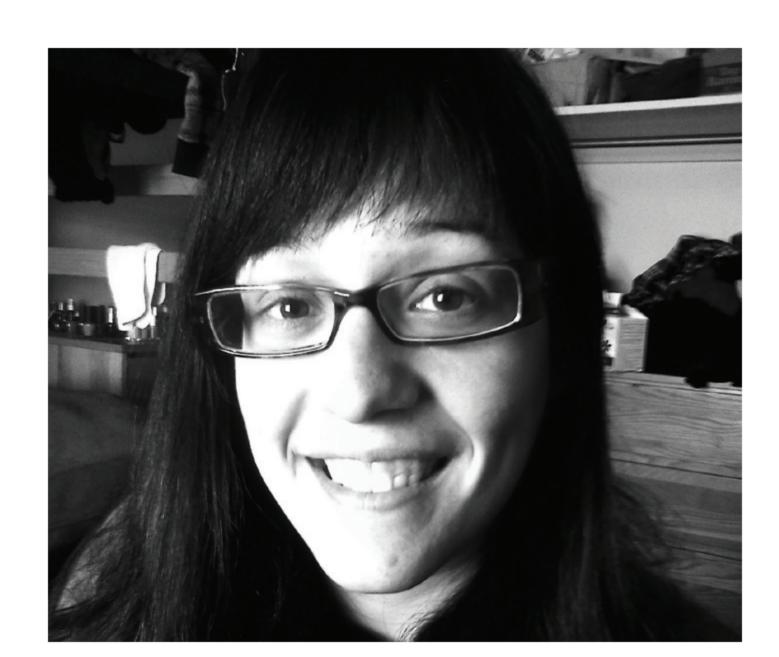
between each religion.

As seen throughout history, education about opposing viewpoints helps alleviate tensions between groups. As chair of the Department of Religion at Kenyon University, Joseph Adler attributes the study of other religions to the desire to learn of other cultures in the globalized era. He remarks, "On one level, given our evident interdependence, we simply need to be able to communicate with our neighbors in the world. But, as many trade and investment negotiators in China have discovered, communication is not a simple matter of translation; it requires an often subtle understanding and appreciation for different cultural rules and values, different conceptions of individual and collective responsibility and identity, and so forth. The deeper these points extend into the assumptions that form the framework of the culture, the more they are connected with the culture's religious beliefs and values. At the same time, we should acknowledge that cultural diversity, whether at home or in the world, is not something to be merely tolerated; it is something to be encouraged and celebrated."

Looking at this event, we can see that it strives to do exactly this. All different beliefs are coming together for one night to celebrate their differences with one another, with the hope that better understanding and communication may emerge. This event, sponsored by the Office of Spiritual Life, Hillel, Muslim Students Association, Atheists and Allies, and Intervarsity Christian Fellowship is open to all students. Food will be served.

IPRO 363: This week's Language Link

By Nattasha ViñasTECHNEWS WRITER



(Photo courtesy Nattasha Viñas)

Carmen is from Madrid, Spain, and we'd like you to meet her.

What's your name? Carmen Bravo
Where are you originally from? Madrid,

Spain

What is your major and what year are you at IIT? M.S. in Biomedical Engineering, 1st

Year

What's your native language? Spanish

Do you speak any languages other than

your native language and English? No Can you tell us how to say a few common phrases in your native language?

Do you want to dance with me? ¿Quieres bailar conmigo?

bailar conmigo?

That boy is really cute! Ese chico es guapísi-

mo (Está bueno – slang).

Can I have your phone number? ¿Me das tu número de teléfono?

Are there any specific customs or traditions relating to your culture that you'd like to share? On New Year's Eve, we finish the year by eating twelve grapes at midnight, one grape for each stroke of the clock. If you finish eating the grapes on time, you will have twelve months of good luck.

What brought you to join us here in Chicago, and why did you choose IIT? I wanted to come to the United States to study, and IIT was one of the schools that had an exchange program at my university. I can develop my interest in the biomedical field here.

Do you like it here? Yeah.

What's your favorite way to stay in touch with your culture when you're here in Chicago? I hang out with other Spanish students and listen to Spanish music when I'm homesick.

What Chicago experience has been most fun or interesting to you so far? I loved kayaking on the Chicago River while watching the fireworks, going to school sponsored events like watching the musicals Wicked and the Lion King, and living with two beautiful American girls.;-)

Interview conducted by Nattasha Viñas of IPRO 363. Looking to find someone to learn a new language with? Keep your eyes open for Language Link next semester, pioneered by IPRO 363. Email ipro363@googlegroups. com for more information, but here's a general round-up:

Language Link is a new IPRO that's building a website for IIT that can work to match up students according to their language learning needs, as they hope to be part of IIT's up-and-coming foreign language program. The website will work sort of like a dating site - using a matching algorithm to match up people according to various factors, such as language proficiency, classes, extracurricular interests, and languages of interest.

Extreme Entrepreneurship Tour inspires students

By Harshita IyerTECHNEWS WRITER

"A key to becoming a successful entrepreneur is knowing how to find and take advantage of opportunities." It is with this aim that the Knapp Entrepreneurship Center is organizing the Extreme Entrepreneurship Tour at IIT on the 6th of April from 3 - 7 p.m.

Through this workshop students will have the opportunity to learn a time-tested formula for recognizing and solving problems, creating profitable business opportunities that solve those problems, and evaluating their validity in the marketplace, while getting to interact with people who have already made it big in the field. Whether or not they currently have an idea, this workshop will show students how to distinguish between just an 'idea' and a potentially profitmaking business opportunity.

The moderator at the event, Bert Gervais (a.k.a. "The Mentor Guy"), is a nationally bestselling author of the book "Who's in Your Top Hive? - Your Guide to Finding Your Success Mentors," speaker, and award-winning entrepreneur. He has appeared in USA Today, Fox News, Inc.com, and Young Money Magazine, spoken in over 30 cities across the United States, and presented alongside the U.S. Department of Labor, as well as the National Chamber of Commerce and count-

less associations. His first company garnered many awards including the Entrepreneurs Organization's "East Coast Student Entrepreneur of the Year" Award for 2006 & 2007. The book "Millennial Leaders" by Bea Fields profiles Bert as one of the top Gen Y leaders in the country. What's remarkable is that he has accomplished all of this before his 25th birthday.

Aimed at inspiring students to come up with bigger ideas, this will also help polish the ones they already have. There will be speaker sessions, interspersed with action sessions and networking sessions, where the students will get to interact and network with other people attending the event. This event is sure to create new ideas among all those who attend, as it will allow students to expand their knowledge of the business world, and also their knowledge of what works and what doesn't.

This program is not something that anybody who wants to be an entrepreneur would want to miss out on. This is great for audiences who are interested in starting a business, but don't know where to start and may need more of a direction. So if you're an entrepreneur just waiting to break free and become the next big thing, this is probably the place for you. You can register for this event at Extremetour.org.

The Metra is here

By Harshita IyerTECHNEWS WRITER

After an almost 15 year long wait, the Metra has come to IIT! As one of the more anticipated additions to the IIT campus, the new 35th Street/ 'Lou' Jones Metra stop is expected to have a strong impact on people commuting to the IIT campus, as well as De LaSalle, the Police Headquarters, the Fire Department Headquarters, the US Cellular Field, and Park Boulevard, the big housing development underway on 35th Street. This is a big step forward for IIT, as well as the surrounding area. The construction of the Metra stop is part of a strategy to transform this part of Chicago into a great place to live, study, and work. A dramatic increase in commercial and retail organizations in the area is expected to occur following the completion of the project.

But where did all this start? The first recorded idea for a Metra stop at 33rd and La Salle was in 1989, and it was to connect to the CTA Red Line. After Vice Provost of External Affairs David Baker came to hear about this in 1998 from Peter Beltemacchi (from the Department of Architecture at IIT), he started working with Congressman Rush to make it a reality. In 2002, Congress included the construction of the Metra stop in its 6-year Transportation Reauthorization Plan, but it wasn't until 2004 that it was passed, and \$4.1 million were allotted to the construction of the Metra station. The design work started around 2004-2005, but took three years to complete, and it was found that the cost would be \$12 million. The project once again seemed lost, until 2009. According to Baker, the ARRA (American Reinvestment and Recovery Act) of 2009 was the reason that this project was finally completed. "When President Obama got Congress to agree to ARRA the project was already 'shovel-ready,' and so it received a special \$7 million commitment from the government, thus fueling the project once again," says Baker. Once this was done, Baker, Congressman Rush and Metra started work on getting the permit from the City, which took until 2010. Finally construction began in the Spring of 2010 and



the station was expected to be completed by December of 2010, but was later postponed to Spring 2011, due to a workers' strike, and winter delays.

The name of the Metra stop is 35th Street/'Lou' Jones, a name given by Congressman Rush in the memory and honor of Louvanna Jones, a State Representative serving a district east of IIT, who was renowned for her support to the less fortunate people in the community. In Baker's words, "The ['Lou' Jones Metra] station is an important gift to the community from Congressman Rush." And indeed, the construction of the station is expected to benefit everyone around the area. This stop is also part of the Transit Oriented Development plan, which is a planning term for finding ways to promote economic development around transit stops (for example, the completion of the station will bring more

people to US Cellular Field). As far as IIT is concerned, the Metra stop is expected to bring in a lot more commuters, part-time students, and faculty. As the Executive Director of the Technology Park (located right across from the Metra station), Baker sees this as a huge advantage, as it will encourage people to come to IIT, for school as well as work.

Although the construction of the Metra stop was initially seen as something that would support mainly the White Sox, the project eventually, in terms of pushing for its completion, shifted more toward IIT. And as a symbol of its support and involvement, IIT gave a "permanent easement" of its land for the stop to be built over it, which means that the land was handed over for free, as long as there was a Metra station to be developed on it.

opment around transit stops (for example, the completion of the station will bring more station with IIT is the fact that the benches in

front of the station are made from the bricks from a 'Mies Wall' on campus, which implies that it is the very same brick that Mies van der Rohe himself selected for IIT. Even the unusual and dramatic style of construction of the station (using a ramp instead of an elevator) makes one wonder if it is reminiscent of IIT's own "unusual" architecture.

As for the future, Baker hopes that Federal Street, which has always been a somewhat unused part of campus, will become a lot more active. In anticipation of this, there are plans to open the Tech Building "Incubator" right across from the station, to bring life back to that part of campus. The completion of station is eagerly anticipated across campus, and once it is opened on April 3 and dedicated on May 6, it will surely become an integral part of campus life.

TEDxIIT - dreams, ideas, revolutions

TechNews

By Utsav Gandhi CAMPUS EDITOR

Ideas are everywhere. And it's important that these ideas are provided an opportunity to present themselves at a respectable forum, because ideas have the power to transform lives. This past Saturday, a select group of talented IIT staff and alumni shared some phenomenal ideas at TEDxIIT, an independently organized TED event, at the Downtown Campus' Richard Ogilvie Auditorium. With the overarching theme of "breakthroughs," the daylong event was split into three segments – "Breakthroughs in creative education," "About to break through" and "Break through the old ways." These were interspersed with lunch and coffee breaks so that the audience had an opportunity to ask questions and discuss their opinions with the speakers. The event featured nine live talks and four recorded TED talks, with two really creative advertisements (Dulux Paint's "Let's color" and Nokia N8 Cellscope Technology's "Dot - The world's smallest stop-motion animation character").

The event started with a very spirited and enthusiastic live talk by consultant, educator and producer, Tom Tresser, titled "The creativity imperative – why creativity is job #1 for America." He spoke about how America is a work in progress, and creativity is a promise to its natives, immigrants, and the rest of the world. There are 43 million people living in the US right now who were born abroad, and for whom America spells opportunity. An IBM survey found out that 64% of CEOs want their managers to master creativity. The next talk, by Arthur DeVito, Distinguished Professor of Mathematics at the Harold Washington College in Chicago, asked five big questions on how to "fix American education" – what about those students who do not succeed, how American curriculum should be determined, how American education should be funded, how the curriculum should be delivered and how the students

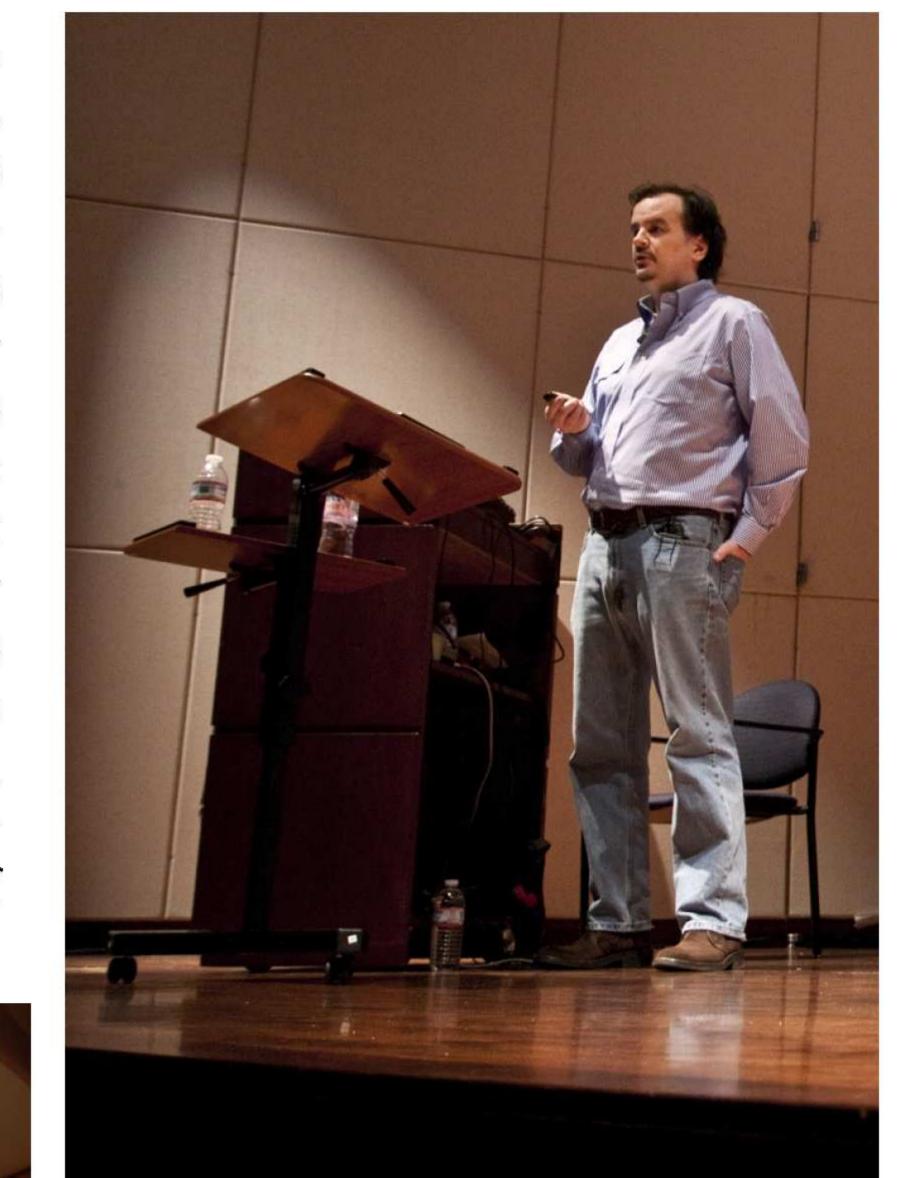
should be assessed. The next one, a recorded talk by Dave Eggers, "Once upon a school initiative," detailing his efforts to create a tutoring center in the Bay Area, CA, was a remarkably simple story delivered in the most interesting, absorbing and gripping manner; and the highlight was the difference it made in the community around the center. It reaffirmed the often overlooked belief in the power of a small idea to transform a community in a big way, simply through conviction and confidence. A highly recommended video to check out on TED.com! Finally, the last talk in this segment was by a recent double graduate in ECE, Jeff Chiles, who, as part of Camras Student

Executive Board, led the initial development of the Intuitive Models in Engineering Education program, currently deployed in Chicago Public Schools. His talk proved that engineering is a great way to make a difference in the lives of others, as well as the fact that engineering is not too professional a field to be taught so "early." An engineering graduate has the mindset, the methodology, the intuition, the curiosity and the will power to apply scientific principles to real-world problems. The challenge is to provide this practical workspace, because handing a kid a manual about laser tag and telling him that it's as good as the real thing is unhelpful.

ting-edge ideas and started off with a talk by Mark Jones, head of service design at IDEO Chicago, stressing the fact that great design also requires tremendous optimism. He highlighted the trend of moving from data mining to pattern recognition (Amazon's "Recommended products for you!") to personalization (telling your airline which seat and meal you'd prefer) to open

platforms, from the '80s to 2010, which clearly shows an increase in customer engagement. The next one, a recorded talk by Dean Kamen, creator of the product that eventually became known as the Segway PT, an electric self-balancing human transporter, was an incredible example of advances in medical technology helping people overcome life's misfortunes. The next one was by Marshall Brown, an assistant professor at the Architecture Department at IIT, talking about the "New Country" – a study about Washington Park as a model for future American cities, where vacant land is also viewed as opportunity. Ending with a talk on the convergence of biotechnology and nuclear science was the duo of Adam Flynn and Jeff

The next segment, "About to break through," discussed cut-



= independently organized TED event





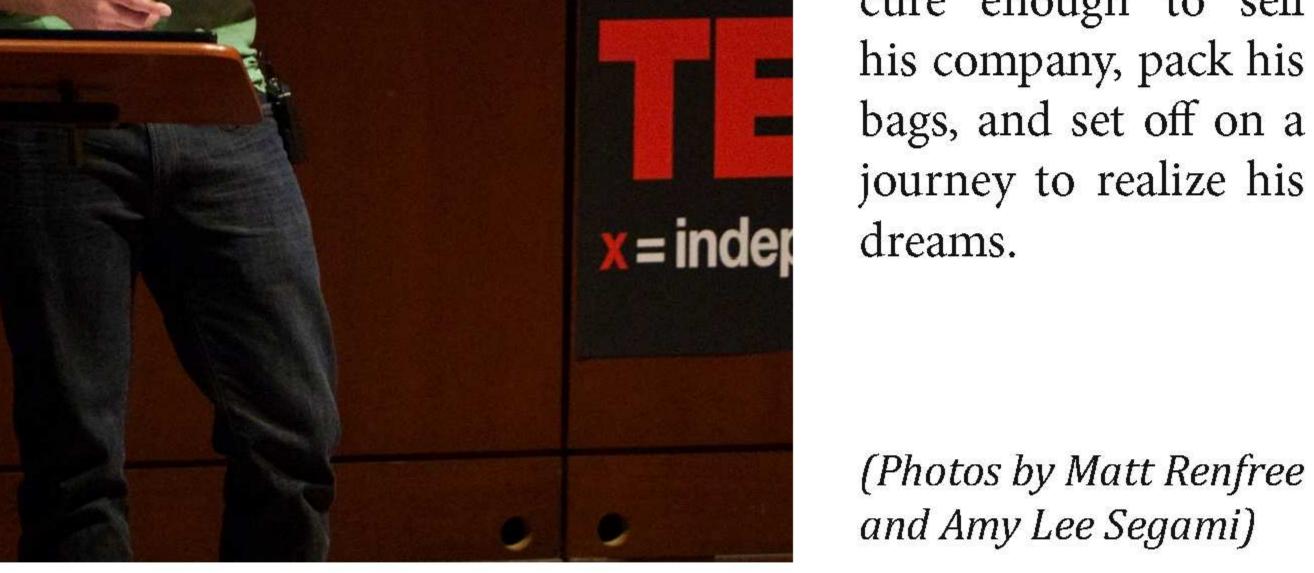
Kantarek, founders of ForeLight, a collaboration that strongly believes in collective ability to innovate and devise new paths.

The final segment, "Break through the old ways" was all about revolutionary thought and the courage to translate it into a desire to create a better world. It started off with a recorded talk by behavioral economist Dan Ariely, who studies the "bugs in our moral code" and examines the hidden reasons we think it's OK to cheat or steal. Studies help make his point that we're predictably irrational and can be influenced in ways we can't grasp. Visit TED.com for this fascinating insight into the human mind. The next speaker was Dr. Laura Hosman (featured last semester as a "person you should know" in TechNews), who presented a case for greater technology for development ("a difficult, complicated and messy process with no shortcuts and no quick fixes"). Having worked recently in Haiti with the One Laptop per Child project she made a strong appeal to everyone to not abandon such projects due to roadblocks of any nature. This was followed by a shorter TED talk titled "How to

start a movement" which analyzes a three-minute video of a random dance party on a hillside that kept gaining momentum – and it was fascinating to see the lessons this simple examination of the human mind provides.

The segment ended with Mike Hettwer, a freelance photographer of paleontological and archeological expeditions who works on independent (and hence privately-funded) assignments for the National Geographic and many other magazines, journals and periodicals. His travels have taken him to 70 countries and over 300 cities (though he still says Chicago is THE place) - Angkor Wat, Cambodia; Easter Island; Bangla-

> desh; Petra, Jordan; Mt. Everest; the Gobi and Sahara Deserts; Darwin, Australia, and many, many more. The lessons he learned include being inspired and dreaming big, working hard and taking risks, embracing the possibility of surprise for a great story, getting some research done before an assignment, and finally, giving something back to our planet. A little side note – he graduated more than twenty years ago from IIT as an Electrical Engineer and worked on building several web consulting companies for a long time before he was financially secure enough to sell his company, pack his bags, and set off on a journey to realize his dreams.





Fukushima and Nuclear Power: Beyond the Headlines

campus@technewsiit.com

By Utsav Gandhi

CAMPUS EDITOR

As engineers continue to work to stabilize the unfortunate situation at the Fukushima I Nuclear Power Plant in Japan, which suffered a string of failures, explosions, and radiation leaks following the earthquake and tsunami on March 11, people around the world are asking questions, raising concerns and discussing the safety of nuclear power. The IIT Armour College of Engineering and College of Science and Letters organized a forum this past Thursday, "Fukushima and Nuclear Power: Beyond the Headlines," in Wishnick Hall Room 113. At the forum, Vice President of the National Center for Food Safety and Technology (NCFST) Robert Brackett, Armour Dean Natacha DePaola, and CSL Dean Russell Betts were present, and Professor of Physics Christopher White delivered a presentation and

PaloAltoSoftware

discussion that provided much-needed information and background on the situation at Japan's nuclear plants, and nuclear power in general. Topics discussed included fission, radioactivity, radiation, health effects of radiation, and some basic nuclear engineering.

After the disaster, legitimate questions have been pouring in as to what the consequences are for many different industries. Unfortunately the media has reported information ranging in nature from misleading to downright incorrect. Professor White, who was in China, and living right on the coast next to the South China Sea while the earthquake happened and the tsunami warning was issued, started off his presentation with some basic information about what radiation is – basically, any energy that is transmitted as rays or waves. Using iClickers to gauge the audience's conceptions about what kind of awareness exists about harmful and harmless radiation, Professor White said exposure to radiation mostly does NOT make objects ra-

dioactive themselves, with some exceptions (after all, we use radiation to keep food safe and storable!). Explaining the concept of half-life, he said that though the I-131 isotope released from nuclear fission processes in Japan (which has an 8 day half-life, and is feared to cause thyroid cancer) has been released, a very large sample is required to actually pose any kind of threat if it enters the food chain. Most of the audience acceded via a poll that though they respect both beta and gamma radiation (which are most commonly released as fission by-products), they don't fear them – though some also said that they worry about unnecessary radiation that could affect them if they were to come in contact – which is a perfectly plausible concern to have. Professor White stressed that internal organs are much more sensitive than external muscles – but also that eliminating exposure is neither possible nor desirable. The concern in Japan currently is because due to the processes ongoing at the time of the earthquake, the fission processes haven't completely stopped – in fact, there are statistics to prove that even after a week, 4MW, or 4 million joules joules of energy per second, are being produced – which is getting the public worried.

Showing an extraordinary BBC online presentation titled 'Fukushima: Dealing with disaster,' Professor White then explained that due to the tsunami, the reactors got hot and there was no flow of water. The hydrogen gas produced went into the exterior building where it exploded due to increased pressure. As a desperate measure, on the 17th of March, helicopters were used to drop water. Despite these extreme measures, the US Department of Energy has said that we, as currently unexposed individuals, need to spend two complete weeks at the disaster site to reach the US DoE exposure limit. The plant is currently shut down, as one would expect, but there are concerns that an additional release of isotopes is possible. 4% of the US's food imports come from Japan, and this number will probably drastically reduce in the forthcoming months (although Hawaii and California have a larger demand). Multinational food companies are implementing their own food safety inspection techniques. The presentation concluded with a reiteration of the fact that the radiation released at the disaster site is not in levels high enough to cause any concern, and efforts are underway to ensure that legitimate concerns are pacified soon enough before a panic attack.

An aerial view shows the quake-damaged Fukushima nuclear power plant in the Japanese town of Futaba, Fukushima prefecture on March 12, 2011. (Photo credit: STR/AFP/Getty Images)

JourneyPage

fresh tilled soil

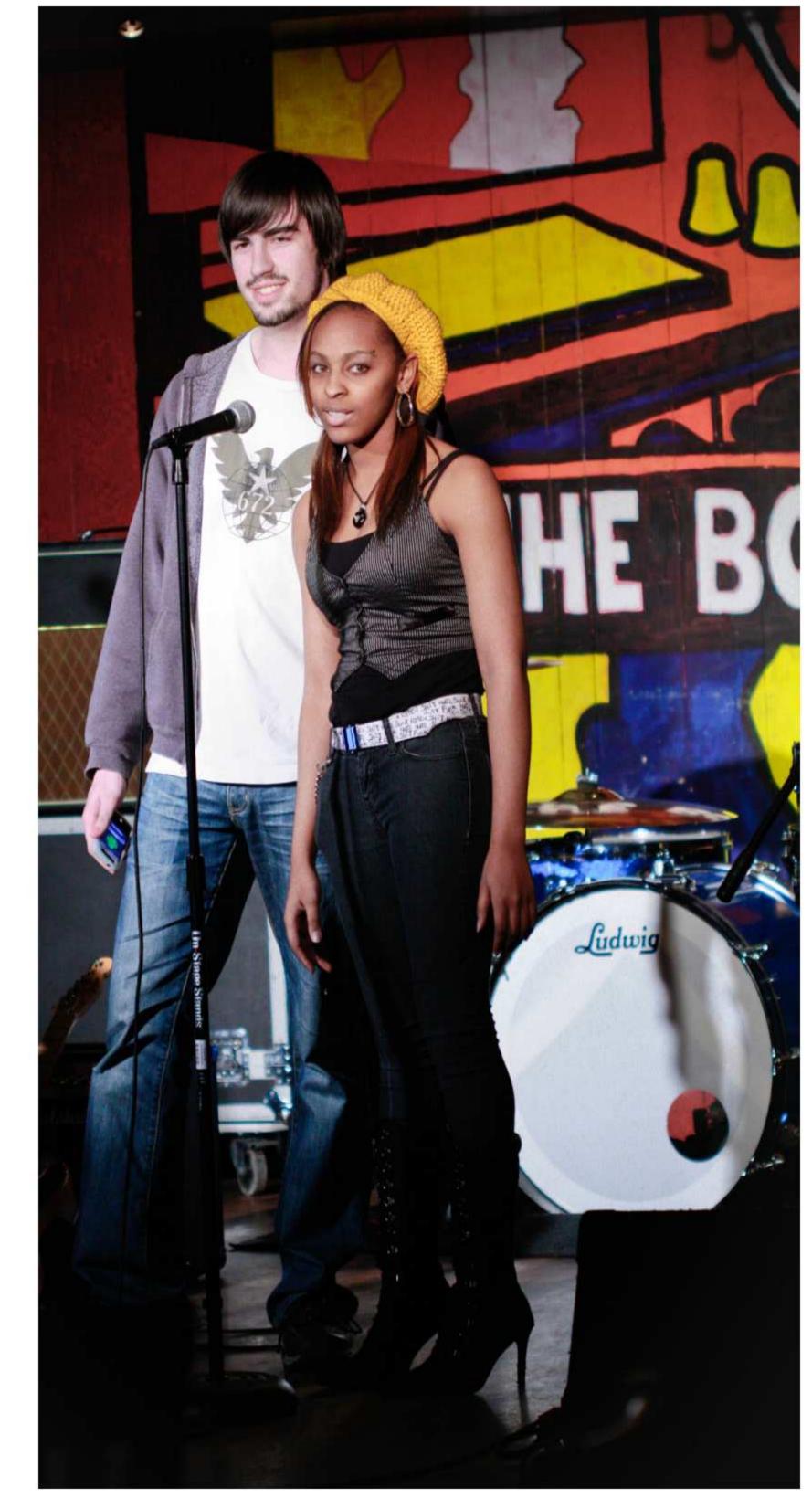


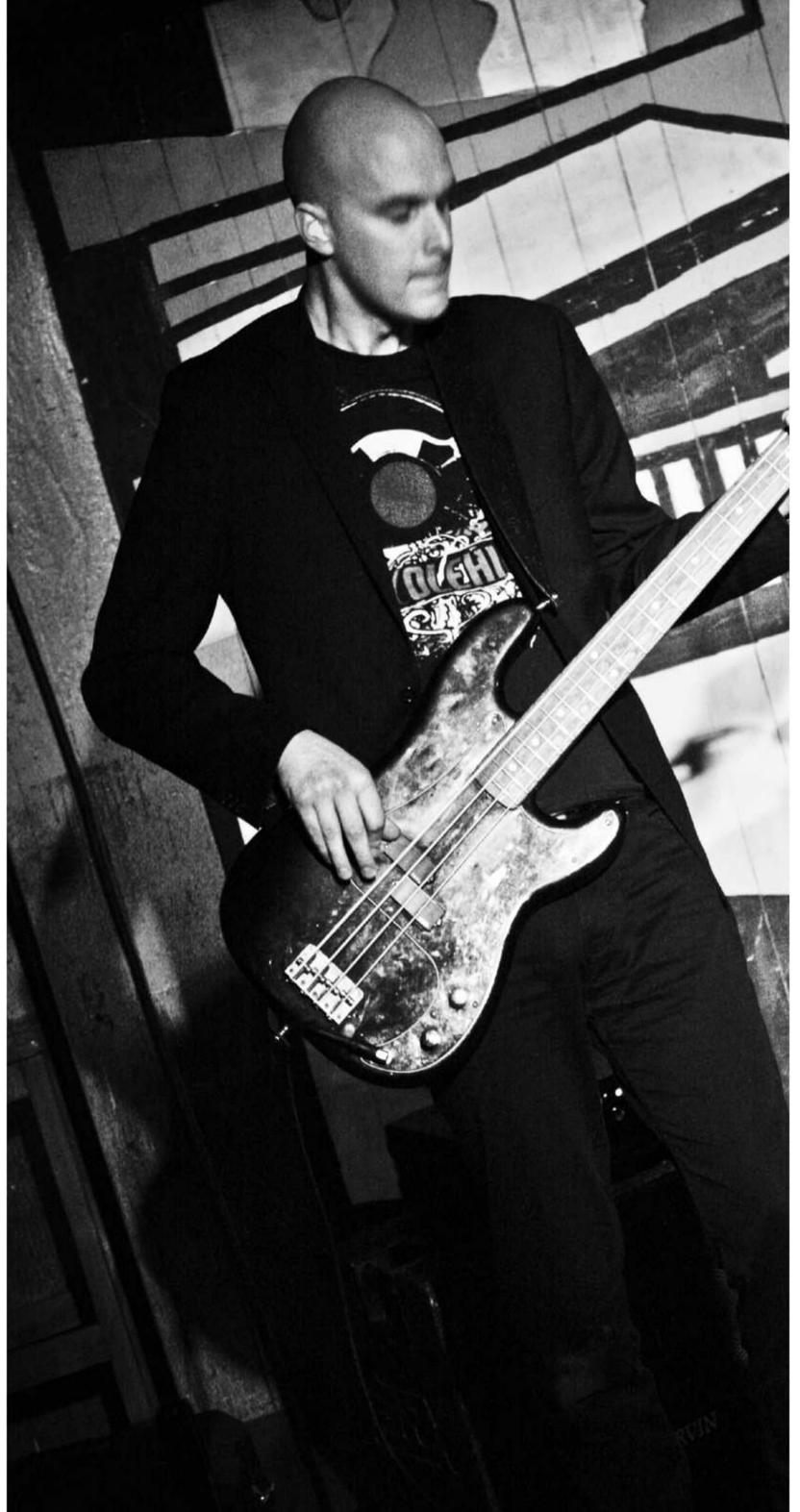


ILLINOIS INSTITUTE OF TECHNOLOGY

Entrepreneurship Academy











The Bog rocks out at WIIT Band Night







Photos by Andrew Sellers



San Francisco's attractions create iconic, modern city

By Becca Waterloo

A&E EDITOR

The elements of San Francisco provide an experience that will make you ache to visit. Whether it's the chimes of the trolleys, the hilly terrain, the Victorian architecture, or the rolling fog, there are others that will make you never want to leave. Everyone speaks of their love for San Francisco, and there are reasons why it's time for you to understand the hype.

Whether you're coming from OAK or SFO, you'll notice the small peninsula San Francisco lays on and its connection to other parts of California by its iconic bridges like the Bay Bridge and Golden Gate Bridge. Both of these bridges stand strong and tall, providing excellent areas for site seeing. Try heading to Pier 14 during the Farmers' Market for a snack and a view of the epic Bay Bridge, or head to the Presidio Park for a meal at the Warming Hut Cafe and a view of the vibrant Golden Gate Bridge.

The Embarcadero is San Francisco's version of Lake Shore Drive - a road that lays on the northern perimeter of the peninsula from the Bay Bridge to Golden Gate. Piers run along with activities to do such as tours of Alcatraz,

the Farmers' Market, and Fisherman's Warf. The smell of the bay and hustle of the area make it an entertaining place for sightseeing and people-watching.

The neighborhoods and hills that create San Francisco have their own charisma that makes it safe to compare San Francisco to a little Europe. There's Haight-Ashbury, the source of the hippie movement still retains its charm and remains a treasure in the city. Our Wicker Park strives to be the kind neighborhood that the Haight originated. The streets reflect off of each other with their vibrant neon colors, young residents living on the streets, large amounts of thrift stores and restaurants on Haight street to choose from, and graffiti murals following you as you walk.

The 7x7-mile city has a distinct character to it, with its liberal community and endless amount of culture every time you turn the corner. The density of neighborhoods keeps you wondering what you'll come across next, but it's welcoming enough for you to recognize the area once you've spent some time there. These are only a few of the features that make people, young and old alike, long for San Francisco.

'Sucker Punch' suckers audience out of money

By Kunoor Ojha

TECHNEWS WRITER

Okay listen up folks, I have this really great story. We're going to cast a hot C-list babe as our tormented protagonist, and surround her with other, equally hot C-list babes. They have to escape from a mental asylum, but did you see Inception? That was sick, so we have to try that layering thing. So... okay, okay, I got it. The mental asylum is one layer, but there's another layer, full of fetish apparel, and guns, and hell, we need zombies and robots and samurai gi-

ants while we're at it. But you know, we also need to be serious. So let's also make it about prostitution and make some kind of message at the end that one of the hotties will read out loud. Sound good? No thanks.

One day, it will become common knowledge that girls plus guns plus big budget does not equal good movie. Today is not that day. Zack Synder's heavily publicized, trying-desperately-to-bestylish new film

falls into that all-too-common trap, and will likely struggle to garner the fanboy population it would need to maintain any sort of repute.

Emily Browning, mostly commonly known for her role as Violet Baudelaire in A Series of Unfortunate Events, plays Baby Doll, a 20-year-old girl who accidentally shoots her sister in an attempt to kill her stepfather after the death of her mother. The evil stepfather commits her to a mental asylum where it is made clear that, in five days, she will be subjected to a lobotomy. There she meets Rocket (Jena Malone), Sweet Pea (Abbie Cornish), Blondie (Vanessa Hudgens), and Amber (Jamie Chung). The girls are required by the establishment to dance and prostitute themselves for clients including the Mayor and the 'High Roller.'

Baby Doll is apparently a naturally talented dancer, throwing her male audiences into a

near-hypnotic trance within a few bored sways of her hips. She uses this skill to distract the men of the so-called-asylum while her cohorts steal items essential for their planned escape. As she dances she regresses into her own fantasy world, where the girls are guided by 'The Wiseman' in various weapon-laden missions to retrieve things that could lead to their escape.

Unfortunately nothing will allow them to escape from the heinous soundtrack that provides the cheesy backdrop for their campy butt-kicking sequences. Prepare for your ears to bleed after subjecting yourself to gratuitous,



Image courtesy of crushable.com

awkward, and disgraceful covers of songs by the Eurythmics, Led Zeppelin, and even Silversun Pickups.

It has some cool special effects. But if that's all anyone wanted, the trailer would have sufficed. The nauseating and accidentally campy dialogue, horrendous soundtrack, miserable attempt at upholding a plot, and cheap attempt at a 'deep' ending rendered this entire experience little more than an assault to the senses. Unless you want to offend your ears and insult your intelligence, you'd be better off staying at home watching reruns of Everybody Loves Raymond. Did I mention I hate Everybody Loves Raymond?

0.5 stars out of 4

what's playing on Kunoor Ojha's playlist?





{Join IIT students, university employees, and alumni to give back to Chicago at the 3rd annual, biggest day of service ever}

(SIGN UP) http://bit.ly/TBE2011 {email} service@iit.edu

Blue Man Group oddities entertain, shock students

BECCA WATERLOO ae@technewsiit.com

By Ustav Ghandi
CAMPUS EDITOR

I knew that Blue Man Group was going to be an experience unlike any I had before as soon as I had the ticket in my hand. My friends had told me to expect the show to be interactive and enlightening at the same time – and with these expectations I walked into the Brair Street Theatre and Cabaret on Thursday night. And it certainly didn't disappoint me.

Using some innovative efforts to interact with the audience and a unique combination of music, dance, technology, art and comedy, the one-hour, forty-five minute performance never had a dull moment.

Starting off with a unique pre-show instructional message regarding cell-phone usage (and the works) which was anything but serious in tone, the trio appeared on stage to resounding applause – accompanied by a band which played with relentless energy throughout the show.

One of their most interesting acts during the night was three giant iPhones which they called 'GiPads' – or gigantic iPads – and this act was specifically aimed at discussing the trend rampant in American teenagers as they multitask school work with texting and media – which is clearly detrimental to their academic progress.

Trying to hold the audience's attention on the three screens simultaneously - one with Literature homework, one with media software running and the third detailing the facts about the worrying study habits of American high school students – it was clearly evi-

dent that it's a case of trying to be engaged in too many things at once, and not doing a good job in any.

Toward the end of the show, they also enlightened the audience regarding how difficult it is in this day of text messaging and Facebook chat to have a 'real,' face-to-face conversation – and how this effects our relationships. An alarming fact they highlighted was that parents these days have an average of five minutes of meaningful conversation with their children every day – this tells you that there are some things that need to be fixed!

Apart from this, there was an immensely entertaining 'rock concert' at the end with one unforgettably catchy song enlisting at least two hundred different synonyms for the human posterior, a 'Human Paintbrush' art creation before our very eyes (yes, it was exactly as the name suggests), and some innovative use of pipes to create music.

This may sound gross, but there was one particular act where they invited an audience member on stage, a girl who was visibly frightened and clearly repelled by the looks of the Blue Men, to have dinner with them, and in the process, regurgitating food through holes in their chest, vacuuming figures off paintings behind them while eating and brandishing out a huge fire extinguisher as the girl went forward to light a candle on the table.

All in all, it was an interesting time spent there, and the Blue Man Group continued its reputation of providing offbeat but immensely enjoyable entertainment. It is certainly recommended to get a break from the humdrum of daily school life.

NEED LUNCH? CALL JIMMY, IT'S A CINCH! DEANDRA N. - WASHINGTON, IL SIMMYJOHNS.COM TO FIND THE LOCATION NEAREST YOU VISIT JIMMYJOHNS.COM

AMERICA'S FAVORITE SANDWICH DELIVERY GUYS!*

@2011 JIMMY JOHN'S FRANCHISE, LLC ALL RIGHTS RESERVED

Photo of the Week:

PHOTOGRAPHER: Henry Arul Savarimuthu Thomas

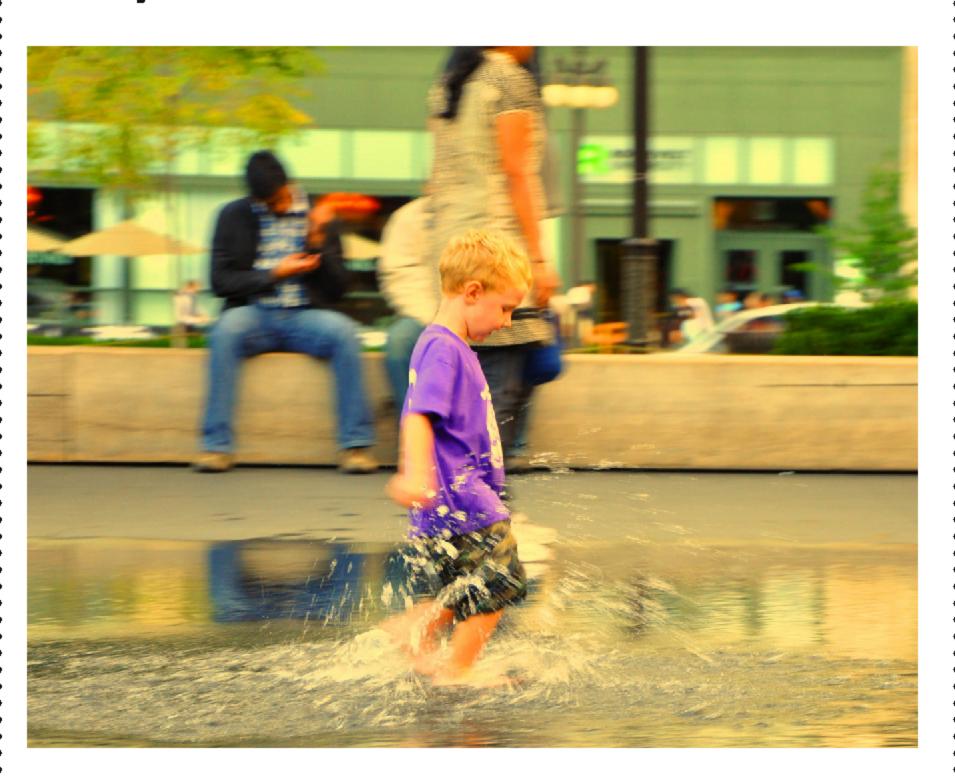


Photo of the week is back! Submit your entries to assteditor@technewsiit.com and give a brief description, phrase, or quote describing the inspiration behind the photo. Photographers of published photos wins a TechNews button!

PODCAST OF THE WEEK: Wait wait...don't miss a Chicago classic

By Sand Ip
ASSISTANT EDITOR

Averaging a five star review with a little under 700 ratings, NPR's Wait Wait...Don't Tell Me is currently sitting at number two on the iTunes top ten podcasts of all time. The show features Peter Sagal as the host and Carl Kasell as announcer and official score keeper. The score is kept for three guest panelists who answer questions regarding the past week's news in hopes of winning the title "News quiz champion" by the end of the night. The show has been airing since 1998.

As nerdy as it all sounds, the highlighting of the irony and absurdity in current events accentuated by humor and blunt criticism makes the show quite amusing and as NPR calls it "oddly informative."

The show is features listeners calling in to answer three questions about the news and should the listener answer two of three questions correctly, he wins Karl Cassel's voice of his home answering machine. The show also invites a guest star each week to play "Not My Job," a portion of the show where Sagal asks the star questions regarding a subject that is indirectly related to the star. For example when actor Jesse Eisenberg, star of The Social Network, was on the show, he was questioned about people of the anti-social network,

hermits. Another round of listener participation is done with callers filling in the last word of newsy limericks, and finally panelists round of the evening by playing "lightwing fill in the blank" where the supply one word answers to news hints.

Two Thursdays ago, the editor-in-chief and I had the pleasure of attending a live taping of the radio show at the Chase Auditorium in downtown Chicago. Though it be a fifty minute long show, the taping actually lasts for about two hours. Dialogue between Sagal and the panelist flow casually like conversation and panelists often interrupt with unscripted commentary. The show is made just under an hour after editing parts out. That week, the show invited Judy Collins to play "Not my Game,"

Some frequent panelists, usually consisting of comedians, humorists, and journalists, include Roy Blount Jr., Tom Bodett, Amy Dickinson, Paula Poundstone, Roxanne Robertsm and Mo Rocca.

Some critics claim that in order to enjoy the humor, one would have to be a liberal and even then, the sarcastic, pompous tone of the host can be too much to bear. I say simply listen to the well researched show and recognize that besides stating facts, the only injection of any opinion stems from a little common sense.

Wait Wait Don't Tell Me airs nationally on Saturdays at 11 a.m. and the podcast is available for download on the same day as well.



Catching Some Zs

By Myles Mellor and Sally York

1	2	3	4			5	6	7		8	9	10	11	12
13	Г	Г	Т		14	Г	Г	Г		15	Г	Г		П
16	Г	Т	Т		17	Г	Т	Г		18	Г	Г		П
19	Г	Т	Т	20		Г	Т	Г	21	Г	Г	Г		П
			22	T	T	Г			23	T	Г			
24	25	26	Т	Г	Т		27	28			29	30	31	32
33	T	Т	т	Т		34	Г	Т	Т	35		36		П
37	Г	Т	Т	Т	38	Г	Т	Г		Г	39			П
40	T	T		41	T	T	T	Н		42	Г	Г		П
43	T	T	44		45	T	Т		46	Г	Т	Н	Г	Н
			47	48	Г			49		T	Г			
50	51	52	Т	H	T	53	54	Г	\vdash	T	Г	55	56	57
58	Т	T	Τ	Т		59	Т	T	Т		60	Г		Н
61	Т	Т	T	Т		62	Т	Т	Т		63	Г		П
64	Г	Т	T	Г		65	Г	Г			66	Г		П

1 ___ Esteps 5. Mail place (abbg) 8. Bately enough 13. Auld lang syne 14. Billy or night 15. Dungson & Dragons creature 16. "Our Time in . (10,000 Maniace album) 17. Mescury, for one 18. Abounthe flavoring 19. Fastairship 22. Egyptan fertility goddess 23. An end to sen? 24. Follower of Dionysus 27. "___ Loves You" (1964 hith nm 29. Far from ruddy 33. Accused's need 34. Civil rights org 36. "MS: Found in a Bottle"

Across

37. Devoted astrologe,s 40. Charlotte-to-Raleigh dir Pudding 41 ___ Puzzune 42. Cotton fabric 43. "Buona___"(Balian greeting) 45. Dorie or Alice 46. Polish tolls 47. Havaiian dieh 49. 007 90. Energetic ecientiete 59. Ace 60. "O Sanctissima," e.g. 61 Con undrum 62. Phone connection 63. Circular course 64 Approgramtiones 65. Ground cover 66. Beach, basically

Down 1 Courtcall 2. Birdbrain 3. Sundae top peg, peghapo 4. Chinese curpency 5. Gugglingso unds 6. Idiot 7. "O" in old padio lingo 8. Comes (to) 9. Auteur's art 10. Angle between the stem and the leaf 11 Notyet final, at hw 12. Stripling 14 Jackal, eg 20. "Four Essays on Lib-erty" author Berlin 21 Allotment 24 Confusing places 25."___ in the Dauk" 26 Downy duck 27. Of€color

30. Pamper too much 31. With intensity 32. Pio votes 34 Дівсомеду дар. 35. Applying tax 38. Spain's Gulfof 39. Millstones 44 Computer term 46 Aquavitae eg 48 Bond inspections 49.___ Melon 50. Nukes 51 Knowing, as a secret 52, 100 centavos 53. Hooters 54 Its quarter says "Birth-place of Aviation Pioneers" 55.___bean 56.Beach bipd 57. Coaste g

28. Unclear



breviation of Sugriwa dollushinini kagiru, meaning "the digits must be single "or "the digns are immed to one occurrence."

Source: Wikipedia

			7		2	9		4
4		1		6	8	7		
								8
6		7			1	4	2	
	2	3	6			1		5
1								
		8	2	7		153		1
7		2	4		6			

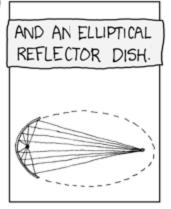
Loud Sex

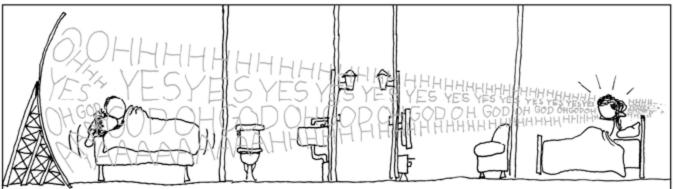






BUT TONIGHT I FINALLY





IIT looking into making transition from NAIA to NCAA DIII

By Graeme Port

SPORTS EDITOR

Last week, President Anderson confirmed that the school is currently looking into the prospect of moving the university's varsity sports program from the NAIA to the NCAA DIII level. "We're thinking about it," explained Anderson, "but there are a lot of things that have to fall into place, and the timing is totally uncertain. If we decide to do it, it could take many years before we are ready to make the transition. It's certainly not something that's going to happen in the near future."

But what exactly does this mean?

The two main athletic associations for four-year academic institutions in the United States are the National Collegiate Athletic Association (NCAA) and the National Association of Intercollegiate Athletics (NAIA). The NCAA is the larger association of the two and represents the bigger universities and colleges, whilst the NAIA is the smaller association that represents the smaller universities and colleges in the nation. The divisions within the NCAA are broken down purely by the size of the academic institution, not the standard of the athletic teams; there is no demotion or promotion within the divisions, as each is a separate entity.

The NCAA DI is the most prestigious level for varsity athletics, due to the fact that the schools have more resources - which, for the most part, sees them attract the top athletes in the nation. With the big four American sports - baseball, basketball, football, and ice hockey - the level of competition is at a significantly higher standard than at the DII, DIII, or NAIA level. However, outside these sports the level of competition between the divisions is far more even. To take soccer as an example, many teams within the NAIA, and DII, regularly compete against DI teams and defeat them.

The only other major difference of note between the four separate levels of athletic competition is the fact that the NCAA DIII - the division that IIT is currently looking into join-

ing - is the only level that does not allow its institutions to hand out athletic scholarships. This is significant for two reasons. The first is that talented athletes who are good enough to attain athletic scholarships usually don't consider DIII as a valid option, as they can attain athletic scholarship money at the DI, DII, or the NAIA level. The second is that athletic departments within DIII have far fewer international athletes, as they find it extremely difficult to attract internationals due to the fact that they, again, can't grant athletic scholarships. Evidence of this can clearly be seen by viewing the number of international athletes within departments at the division III level. Of the 22 division III schools in Illinois, the average number of international athletes is just 4; IIT currently has 25. President Anderson acknowledged this potential loss of international athletes but stressed that other interests come into play. "It could have a downside effect, I guess," he explained, "but we do need to look at the benefits for our entire student body."

So are there any other major problems with making the move? The simple answer to this question is yes. The most glaring negative is that once a school announces its intention to make the transition into the NCAA they can't compete in any post-season competition for a four year period. This means that freshman athletes that joined the school in the first year of the four-year transition would not be able to compete in any post-season play during their entire collegiate career. This, obviously, would make it extremely difficult for the departments' coaches to attract athletes to the school, which would severely lower the standards of the universities' varsity sports teams. Another negative would be that the school would have to find a conference within the NCAA DIII that would accept us. If the school was not granted immediate acceptance into an NCAA DIII conference, then we would have to either operate as an independent, which is expensive, or remain in the NAIA, where our teams would have to compete without schol-



arship athletes against universities that would have a multitude.

Given this significant list of cons, what then are the major benefits for students?

A major positive that President Anderson feels would come from making the transition is that the school would be competing against like-minded institutions. "We're currently playing schools in the NAIA that are not similar to us," he explained. "There are between 250-300 NAIA colleges and universities, and of those, only 17 have an accredited engineering college. We, of course, are a technical school with an engineering college. So we're currently competing against colleges and universities that are not similar to us. I think the transition would give our athletes a chance to connect with other athletes of a similar academic background." Another positive that the President feels would benefit the school is that the university would be competing against schools with similar high academic admission standards. "Our requirements for admission to the university are more stringent than a lot of the other NAIA schools," he explained. "This often puts us at a disadvantage, as we're looking at a smaller group of applicants than the schools that we are competing against." A third benefit that the president envisages is the opportunity to get students, along with the sports department, more interested in varsity sports by competing against similar academic institutions. "The chance to build rivalries with schools that are more academically similar to us will hopefully see our students get into it a little bit more," he stressed. Other positives for students that would come from making the transition into DIII are that the university would have to both increase its number of varsity sports teams, and improve the standard of the schools athletic facilities; both of which would see the need for considerable financial investment.

So do the pros (competing against similar institutions, competing against schools with similar admission levels, building rivalries with similar schools, increasing the number of varsity teams, and improving athletic facilities) outweigh the cons (lowering the standard of the schools athletic teams, lowering the number of international athletes, going without post season competition for four years, and possibly being stuck in limbo as the school waits for NCAA DIII acceptance)? President Anderson feels that they do. "There are pros and cons but I think you can get over it," he explained. "I feel it would be a more enriching experience for our student athletes, and for the students who are not varsity athletes at IIT."

Only time will tell, however, whether the school decides to make the transition; and, if they do, whether it proves to be successful or not.

Tai Chi: the ultimate stress reducer

By Ashlie Ingold

STAFF WRITER

Tai Chi is a stress reducing martial art form focused on balancing Ying and Yang. The instructor, Paul Channic, has been featured in 65 Alive, a newspaper focused on senior citizens, in an article describing how Tai Chi is not about causing pain to benefit the body and mind - rather, it's about listening to the body and making its movements flow together. Earlier this week, I asked Paul a few questions about his teachings:

How long have you been instructing Tai Chi?

L'yo been teaching full time for almost 7 years

I've been teaching full time for almost 7 years now. Before that I was working a job in the 'corporate world' and teaching Tai Chi part time as the schedule allowed. December of 2004 is when I made the transition into being a full time Tai Chi instructor.

How long have you been instructing at IIT? If memory serves correctly I started in September of 2009.

What do you like about instructing Tai Chi here?

It is a pleasure to meet and interact with students of various cultural backgrounds. The ones who have come to Tai Chi class have been very open-minded and sincerely interested in finding out what the Art of Tai Chi is, how it is practiced and the benefits it offers.

What are the benefits of Tai Chi and how does it reduce stress? Well, I'm not really all that good on 'how' questions, but it seems to me that because Tai Chi is a natural and effortless discipline that helps people to enter a true state of relaxation, that when the body really does relax it just tends to function better. Relaxation helps the whole system function more efficiently; mentally, physically and spiritually. Benefits can include, but are by no means limited to, increased flexibility, better concentration, lowered blood pressure, more restful sleep and just an overall increase of confidence and well-being.

How did you get into Tai Chi?

The short answer would have to be 'by accident'. The long answer would be too lengthy for your article. Suffice it to say that the Universe gets us all where we need to be if we just keep ourselves open, willing and flexible.

Do you teach outside of IIT and where?

This is my schedule from my website. Also, please feel free to use any information, quotes, etc. that you may find there. http://chantaichi.wordpress.com/tai-chi-class-schedule/

Tai Chi is offered Mondays at 9 p.m. and Wednesdays at 1 p.m. at Keating Athletic Center.



Photo courtesy of Melanie Koto

Indoor and outdoor track and field

By Ashlie Ingold

STAFF WRITER

The IIT Indoor Track Team has just finished up their season; TechNews had the chance to hear some thoughts from a few of the members on the team this season. Results from each meet are posted on the Illinois Tech Athletics website (www.illinoistechathletics.com).

What are your thoughts on the team's indoor season and predictions on the outdoor season?

Emily Kraemer: I think that this year's indoor season has been a big success so far. I know some of the girls have hit some PRs already and I think that we will be strong competition come outdoor season.

Jaqui Roche: Well, I've never run for a team before, so it's all pretty new to me. So far, I've just been enjoying the ride. I will say that I'll never forget my first race. Let's just say it involved a bit of blood and some wicked road rash.

Natalie Mitrovic: As far as a whole team, it is difficult for me to accurately talk about the entire team's indoor season, specifically how the runners competed. As a thrower myself, I am more aware of how other throwers are doing. This indoor season, there have been many additions to throwers: Roche, Arrash, Becca Waterloo. It is always nice to see the throwing family grow, so to speak. All three are new to throwing and I have high hopes for them in the outdoor season. Not many throwers competed this past indoor season, but there were still gains. Arrash gained experience in the ring. Kraemer set a personal record with 8.00m in shot put and I set my own personal record of 10.88m.

I am very excited for the outdoor season to begin. More throwers will compete, such as Annie Hutches. Even if students haven't comseason.

What do you feel is the most difficult part of each season?

Kraemer: I think the transition from cross country workouts to track workouts is probably the most difficult part. I know personally I have even more practices that I have to make because not only am I running but I'll be throwing and jumping as well. It's all about time management.

Roche: I've had some scheduling issues due to early morning classes, work, and my evening practices for field. Luckily, coach loves me and understands my issue, so I practice a lot on my own. It can be hard to find time with everything going on and I've made some time management and motivation mistakes, but I'm learning from them.

Mitrovic: I feel the most difficult part of the indoor season is just getting back into the routine of things, setting time aside for practice and balancing all my other obligations. Preseason and indoor season is physically more demanding on me because the main focus is to just get back in shape and gain strength.

As far as outdoor season, the most difficult thing for me is the addition of throwing events. During the indoor season, I only throw shot put, but in the outdoor season I additionally throw discus and javelin. Overall, I feel like I have less time to perfect all three throwing techniques. Outdoor season is definitely more of a mental game with me, especially at the end of the season when there are only a few meets left. I put that much more pressure on myself.

What do you enjoy about track and why do you compete?

Kraemer: For me, running is like a release from my day-to-day grind. I enjoy it so much because it reminds me that I am the one putting in the miles and the work that it takes to be a competitor. Running is something that no

are also great. The dedication and work ethic that they have helps get me out of bed in the morning; I don't want to let them down because I know they won't let me down.

Roche: Sweat. Blood. Endorphins. They all appeal to me. I like watching my times get better - feeling stronger, especially after a week of feeling like a sack of potatoes bumping along a country road. The name of the game is improvement. There's also nothing like a hot shower after a freezing cold Chicago lake run to stay motivated - to keep running.

Mitrovic: I was a thrower and sprinter in high school and was saddened when I realized that IIT did not have a track team. It was something really enjoyed in high school. Being on the track club is an awesome experience; I enjoy receiving an excellent education and still being able to compete at meets. I love the feeling of being strong and in shape, which track definitely forces you to become.

I always thought that track is not for the weak-hearted. Whatever event someone may do, it requires a lot of practice, discipline, patience, mental stability, and most of all, heart. While competing can be nerve-wrecking, making a personal record at a meet is one of the best feelings. It solidifies all the hard work that you have put in.

What are your personal goals this year? Goals for the team?

Kraemer: This year I would like to hit the times I was getting at the end of my high school career. I've been out for a while due to injury and ROTC conflicts, but I am ready to get back to where I was. Next year it is my goal to be really competitive in the heptathlon.

Roche: To stay motivated - to keep running. Life can hit so hard sometimes, and running will be the last thing on my mind. It's finding that reason to go out instead of listening to the excuses about why I shouldn't. As for the team, peted in the indoor season, everyone has been one can take away from me, and being on the I'd say they all have the drive to succeed and get working hard and it will show in the outdoor team lets me put my work to the test. The girls better... so, I'd really say just to keep each other

motivated and to push each other to get better. Hopefully, next semester I will get a lot more face time with them.

Mitrovic: For the outdoor season, I would like to throw 12 meters in shot put, which I think is very possible with my progression from last year's outdoor season (9.88m) to this year's indoor season (10.88m). I would also like to throw 35 meters for both discus and javelin. As far as the team goes, I hope my fellow throwers succeed this season with their own personal goals as well as the rest of the team (runners).

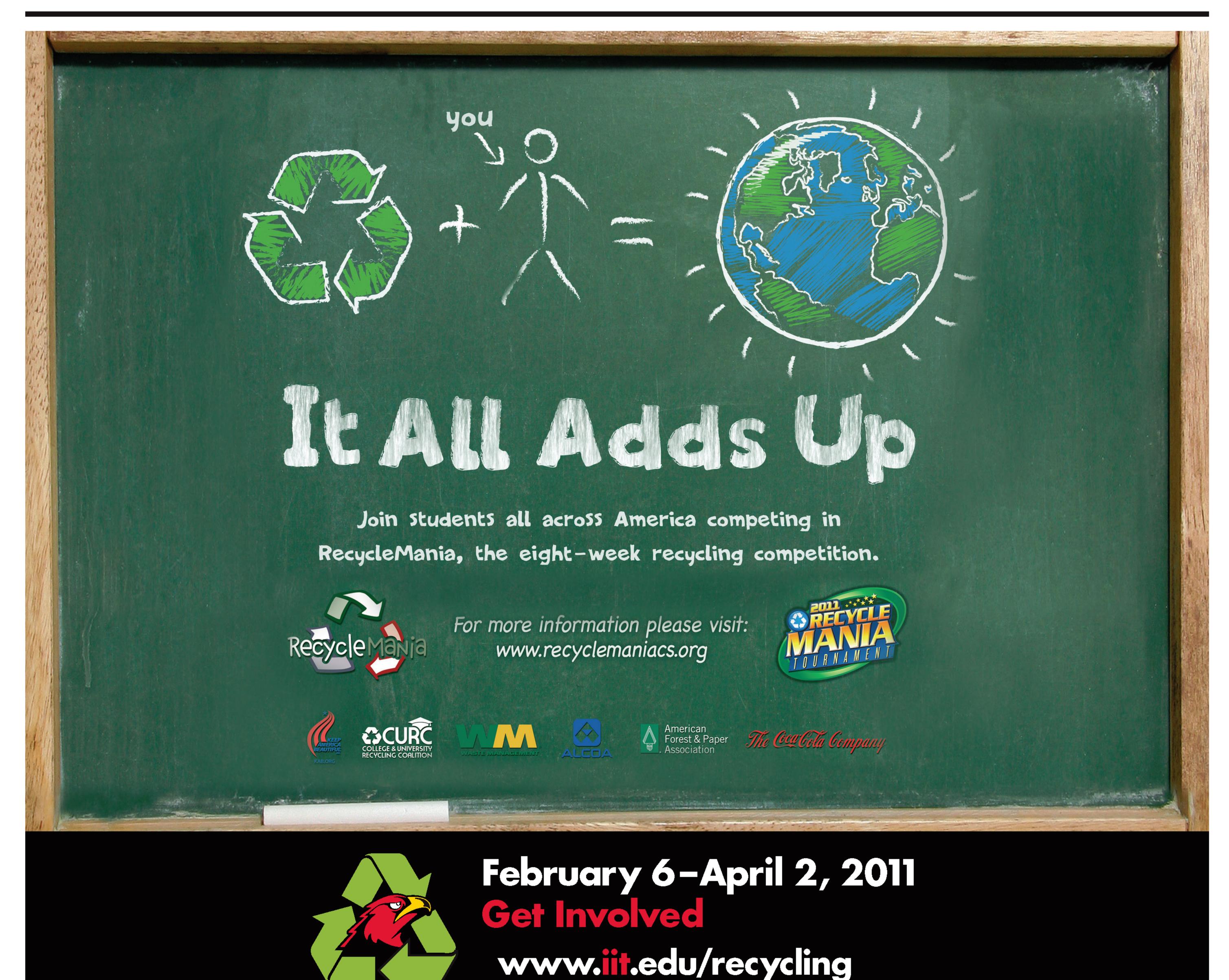
How to balance academics and athletics?

Kraemer: Academics and athletics are an issue. We are here for school first and Coach makes that clear. Studying – just do it, that's really all it takes. As long as you actually sit down and decide to do your work it's easy. Studying is a lot like running; the first step is getting out the door. Once you do that you are set.

Roche: Oh gosh, it's IIT. How do any of us do it? Luck, adrenaline, pretending sleep isn't necessary, help from friends, and my personal favorite - naps!

Mitrovic: It can be a challenge sometimes to balance academics and athletics. I work out 4 days a week, approximately an hour and a half a day. There are days where I am too tired or just don't want to go to practice, but I realize to live a healthy lifestyle, I would have to set time aside anyways to work out. The benefit of throwing is that it gives me goals, motivation, and a drive to keep coming because I want to succeed and do my best at the next meet. I see my practices as something I have to do and manage my day accordingly to get all my other obligations done. Ultimately though, I am a student first and academics are a priority. Coach Neal is also very understanding of students' situation and allows us to take a short leave if our studies are suffering.

The outdoor track season is set to begin April 2, with the first meet held at the University of





Celebrating Mies 125 bithday week

TUESDAYMAR29 - TUESDAYAPR05 - 01:00 pm

GET INVOLVED WITH YOUR SCHOOL!!! Apply for being a part of UB for the 2011-2012 period. Check available spots at tinyurl.com/ubprogrammerapp11-12

BOG: Special Performers, Music/Karaoke, Recreation, & many more! MARKETING: UB Marketer, WebMaster, Historian & many more! IMPACT: Homecoming, Fine Arts, Sports, Films & many more!



TUESDAYMAR29 - 05:00pm @ MTCC Ballroom Come win prizes for your mental health knowledge!!

WEDNESDAYMAR30 - 07:00 pm @ Center Court

Come to Center Court after classes and relax to some comedy! 10 FREE April 19th Cubs vs. Padres game tickets! 1st come, 1st serve!

THURSDAYMAR31 - 12:45pm @ Engineering 1 Auditorium

sit with students. They will be taking resumes and meeting with students to discuss opportunities with the company.

Psst! Did you know? Student orgs can put up event info by submitting their events on the UB website! So go for it!

Do you want to know more about upcoming events? Like when is the next paintball trip, check us out:

UB General Body Meetings

1:00 PM every Tuesday @ MTCC auditorium



P禁具 For more information scan this code, visit:

nttp://ub.iit.edu or contact us at ub@iit.edu

Follow us on:

